

Meeting Minutes
Nutrition Advisory Committee
August 27, 2018

The Vernon County Nutrition Advisory Committee Meeting met on Monday August 27, 2018. The meeting was called to order at 3:00 pm by Unit Director Tricia Clements. Proper public notice was given. Minutes were reviewed and approved with a motion by Johnson and seconded by Allison.

Review and Discussion on LaFarge Meal Site and Readstown Meal Site

The LaFarge site was discussed first. They have an average daily attendance at the site of 14.6. They provide 18 home delivered meals. Brosi's is the caterer and they deliver the meals to the Senior Center across the street. They have been the caterer since November of 2017 when they purchased Sister's Restaurant. Allison reported that she attended the site. The food was good and she was told that the group likes the cook they have. She attended on music day and found it enjoyable.

Readstown was the next site discussed. Their average participation at the site is 9.1. They provide home delivered meals to 7 people, most are in Viola. Tazzee's is the caterer and the meals are provide at the apartments in Readstown. Johnson stated she just completed four weeks of education there and they had good attendance for the sessions.

2019 and 2020 Site Updates

The group was informed of the accepted bids for the sites for 2019 and 2020. Norseland will provide meals for LaFarge, Westby and Coon Valley. A new location will need to be found for Coon Valley. Vernon Manor will provide the meals for Viroqua. Tazzee's will provide meals for the Readstown site. The Bright Spot will provide meals for DeSoto. St. Joseph's Hospital will provide meals for Hillsboro. Ontario's site will close and home delivered meals will be provided out of St. Joseph's Hospital.

Allison asked if there was the option to continue Ontario as their numbers are increasing. She was told that the decision has been made by the Human Services Committee. She felt they should start a save their site campaign. Sullivan shared that this has been a discussion at the committee level for a long time and it is most likely too late.

Suggested Donation Rate for 2019

Clements shared that the current suggested donation rate for congregate is \$3.50 and \$3.75 for home delivered meals. The group was asked to give input on if this should be increased in 2019. They were informed that the decision would be made by the Human Services Committee but we would share their opinion. After some discussion, the group felt it was best to leave it as is right now.

Nutrition Program Updates

The group was informed that there has been some staff turnover recently. Coon Valley no longer has a site manager as Scott Casey has become a driver in Viroqua. Both of Viroqua's drivers have left and he replaced one of the drivers and the other was replaced by Amanda Linder. Westby has no permanent drivers at this time and all routes are being filled by subs. We are looking to find two drivers to run the routes full time. Ontario now has a permanent site manager, Karen Raines. Allison reported things have been going well with Raines.

The group was informed that after we had changed the milk choices in Viroqua, we received calls from a couple of individuals and Clements went to the site to meet with them at the patron's request. It was decided to review the milk choices at all sites for 2019 and put this into the contracts. Kim L'Hote shared she was at this meeting as she would like to have the option to get skim milk.

Discussion and input/feedback from Advisory Members

Sullivan shared that it would be beneficial to have the dates of the Advisory meetings in the Newsletter. A suggestion was given to no longer serve pork in Viroqua as it is difficult to chew. Johnson reported that they are working on changing the pork option to something like a pulled pork to make it easier to eat.

Next meeting date, time and location

Meetings will be held every year on the last Monday of the month in the months of February, May, August and November. The next meeting will be on November 26, 2018 at 3 PM at the Banta Building in Viroqua. We will review DeSoto and Viroqua Sites.

Motion made by Servais to adjourn. Second by Allison. Motion passed.

Submitted by,

Tricia Clements, Unit Director
Aging and Disability Resource Center of Vernon County

MEMBERS PRESENT

Anna Allison
Jim Servais
Lindsay Johnson
Megan Steinke

MEMBERS ABSENT

Donna Miller Larson
Jean Grade

OTHERS PRESENT

Tricia Clements
Kim L'Hote
Kathleen Sullivan