

Meeting Minutes  
Nutrition Advisory Committee  
February 26, 2018

The Vernon County Nutrition Advisory Committee Meeting met on Monday February 26, 2018. The meeting was called to order at 3:02 pm by Unit Director Tricia Clements. Proper public notice was given. Minutes were reviewed and approved with a motion by Servais and seconded by Allison.

**Audience to Visitors**

No one from the audience wished to speak.

**Summary of the Nutrition Program for 2017**

A handout was provided with 2017 meal numbers for the entire year. Another one was provided with January's numbers from 2018. The charts showed an increase in meals served in January of 2017 to January of 2018. 2016 meal numbers were provided. 21,637 congregate meals were provided and 27,035 Home Delivered Meals. Prior meal numbers were not provided for comparison as in 2015 there were 10 sites. There are currently 8. The group was informed that we served Viola for a three month period after Richland County closed their meal site. The Aging and Disability Resource Center of Vernon County worked with Viola community members to provide other options for them to receive a meal.

**Review and Discussion on Westby Meal Site and Coon Valley Meal Site**

Westby meal site has been moved to the United Methodist Church. In January we had an average of 10 participants at the site per day and delivered 34 meals per day. Comments included: Westby has a friendly bunch of people; happy with the food; limited amount of parking; and signage. There are four stops right in front of the building and two handicapped parking spots. Parking on the street is allowed. The ADRC –VC is working on updating the signs on the building to identify it as a meal site.

The Coon Valley site is at the Stockyard. On average there are 13 people that attend the site and 12 individuals that receive home delivered meals. Comments included: Servais reported eating at the site and talking with participants that reported that the food has been good; the serving size issue from the past is resolved; the menu that was published was incorrect but we have taken measures to make sure that does not happen again. Discussion about the home delivered meals driver. We are in the process of filling that vacancy. In December, the Coon Valley students came and sang at the site and it was a positive interaction with participants at the site.

**2019-2021 Aging Plan**

Clements handed out a summary of the focus areas of the plan. The 2019-2021 plan will be written this year and is due to GWAAR in November of 2018. The group was asked to provide options for locations to discuss the plan and gather input.

Each year we have to complete a self-assessment on the Aging Plan. This will be presented to the Human Services Committee in March.

**Discussion and input/feedback from Advisory Members**

Ice Cream Socials will be held at the sites in March. Members were encouraged to attend.

Committee membership was discussed. Myrna Ostrem and Donna Buckmaster both has indicated they can no longer serve. Kristen Wolfe has been replaced by Megan Steinke. Jean Grade is a new member and we have reached out to a couple of individuals to see if they will volunteer to be on the committee.

Committee members encouraged music at the sites and gave ideas of groups to contact.

**Next meeting date, time and location**

Meetings will be held the last Monday of the month in the months of February, May, August and November. The next meeting will be on May 21 at 3 PM at the Banta Building in Viroqua. We will review Ontario and Hillsboro.

Motion made by Servais to adjourn. Second by Grade.

Submitted by,

Tricia Clements, Unit Director  
Aging and Disability Resource Center of Vernon County

**MEMBERS PRESENT**

Anna Allison  
Jim Servais  
Megan Steinke  
Jean Grade  
Donna Miller-Larson

**MEMBERS ABSENT**

Lindsay Johnson

**OTHERS PRESENT**

Tricia Clements  
Megan Hanson  
Kathleen Sullivan  
Angie Cina