

Add **LIFE**SM to your Years

Vernon County Unit on Aging

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The Vernon County Unit on Aging Committee met on 10-14-2013 at the Erlandson Building in the 2nd Floor Meeting Room.

Kevin Larson called the meeting to order at 1:03 a.m. Additional members present included: Jim Servais, Gary Thompson, Francis Hynek, Mary Bringe, and Advisory members; Karen Mack, Peggy Pasker, Sherman Erlandson, and Carol Barlow along with Pat Peterson, Director and Laura Groom, Office Assistant. Affirmation of public notice was given.

Motion by: Francis Hynek seconded by Jim Servais, to approve the September 2013 Minutes as written. Motion carried.

Pat gave the Financial Report. She shared an overview of all of our accounts. We are on track with amount spent in all areas. Vouchers for September were discussed. Motion by: Gary Thompson, seconded by Jim Servais to approve the September vouchers. Motion passed.

Nutrition- Laura gave the Nutrition Report. She shared the amount of donations for the sites and Home delivered meals for August and September. In Westby: Laura requested the approval of the Committee to change the days of service from Mon-Thurs to Tues – Fri starting in November. Motion was made by Jim Servais and seconded by Mary Bringe to approve the change as requested and the motion passed. De Soto has a new driver and a back-up driver. La Farge- Pat has met with current cook & Mealsite Manager in regards to ending the cooking position at the end of 2013 and her interest in being the Mealsite Manager at less hours, WRS as the only benefit and less pay in 2014. She is interested. Pat will be in contact with the other staff and diners at the mealsite soon. Francis Hynek requested that Pat also make the La Farge Villlage Board aware of this change. Prairie View is open and serving meals again. Ontario- Laura was able to do some training with staff there. In Readstown the Mealsite Manager is looking for a volunteer to deliver four meals a day. There is Regional Mealsite Manager training scheduled this November in La Crosse that our staff will be participating in.

Mini Bus/ Volunteer Driver- Pat shared the reports for the last two months and shared three different recent incidents that involved customer satisfaction, bus damage and a rider who was injured when departing the bus. Discussion followed on serving a more frail elderly population, possible ideas to improve safety and staff training needs.

EBS- Shelley has returned to work part time. Her hours are Mon- Fri 12:30 pm to 4:30 pm. We also have Tommie Jo in Mon, Wed, and Thurs 11:30 am to 4:30 pm.

Health and Caregiving- Pat shared that the annual Caregivers Month event called "Lighten Up for the Holiday" is planned for November 7, 2013 at the Church of Christ. It will feature "That Nurse Guy" discussing being a professional patient and QiGong. We also have a Stepping On falls prevention class currently in Viola. On October 21st we will begin the Living Well with Chronic Conditions class to be held at VMH.

There were no public comments.

Opening of 2014 Nutrition Program Bids:

CoonValley Mealsite Bids –

Stockyard \$5.20 per meal-included is the meal site room

Westby Mealsite Bids-

Borgens \$5.00 per meal-included is the meal site room

La Farge Mealsite Bids

Sisters Place Restaurant \$7.00 per meal- Delivery to mealsite included

Borgens \$5.00 per meal – No delivery

Vernon Manor 2014 \$4.75 per meal- No delivery

2015 \$5.00 per Meal

2016 \$5.25 per meal –Included is the Oliver containers for home delivery. Also nutrition education.

Ontario Mealsite Bid

Milk Jug Café, LLC \$ 5.75 per meal- Included is the mealsite room

De Soto Mealsite Bid

Bright Spot \$5.00 per meal- included is the mealsite room

Hillsboro Mealsite Bid

St. Joseph Health Services, Inc. \$5.50 Per Meal Cost- Included is the room for the meal site and some staffing for it

Readstown Mealsite Bid

Tazzees Wonder Bar and Restaurant LLC \$4.75 for two years- Includes delivery to meal site

Viroqua Mealsite Bids

Vernon Manor 2014 \$4.75 per meal

2015 \$5.00 per Meal

2016 \$5.25 per meal –Included is the Oliver containers for home delivery. Also nutrition education.

Borgens \$5.00 per meal. No delivery.

3- Year Plan Review- Pat reviewed the plan for 2013-15 with the committee. The Committee approved current goals and progress to reaching them. Mary Bringe made the motion to approve the review. Francis Hynek made the second. All were in favor and motion passes.

Medicare Part D Open Enrollment and Affordable Care Act.

Medicare Part D open enrollment runs Oct 15- Nov 7 and all affected are encouraged to review their plans. Wisconsin's Senior Care Prescription Drug Program continues to be a creditable coverage option through 2015. The Affordable Care Act health insurance enrollment period will be Oct 1 through March 2014. Scenic Bluffs staff are trained in providing information and assistance and are available to meet with groups and individuals. They will hold office hours on Wednesdays alternating between the Banta Building and the Erlandson Building.

Cooperative Care Study- Pat informed the Committee of the exploration for developing a cooperative specifically to increase personal care workers and support the associated training needs and resources. This Cooperative Care Group has participated in a Feasibility Study that has been done by Jim Gage. The results of the study will be presented to the group at 10am on the 31st of October and at 6pm for the Public at VEDA.

Fair and Banquet- Thank you notes from two Seniors of Distinction were shared and Committee members provided positive feedback. Options to having the banquet on the Sunday before the Fair were considered. Pat reported that the "Clowning Around" theme was well-received and fair participation in the Senior Building was good except on Sunday when the weather was a factor on low attendance at the fair. She feels a need to recruit new volunteers or find partnering agencies to contribute time to staffing the Senior Building for the four day event.

Advocacy- Pat thanked all who played a role in influencing those making decision to support some of the 2014 budget needs through Ho Chunk funds and additional levy recommendations. Gary asked for feedback on poorly attended fundraiser done this month for people with disabilities. Also he shared that the Gleaning project will be winding down in the next two weeks. Gary is looking for a truck to rent for hauling the produce from town.

Our next meeting will be held on November 18, 2013 at 1:00 pm at the Erlandson building.

Motion by: Jim Servais, seconded by Francis Hynek to adjourn. Motion carried.

Pat Peterson, Director

Kevin Larson, Co-Chairman
