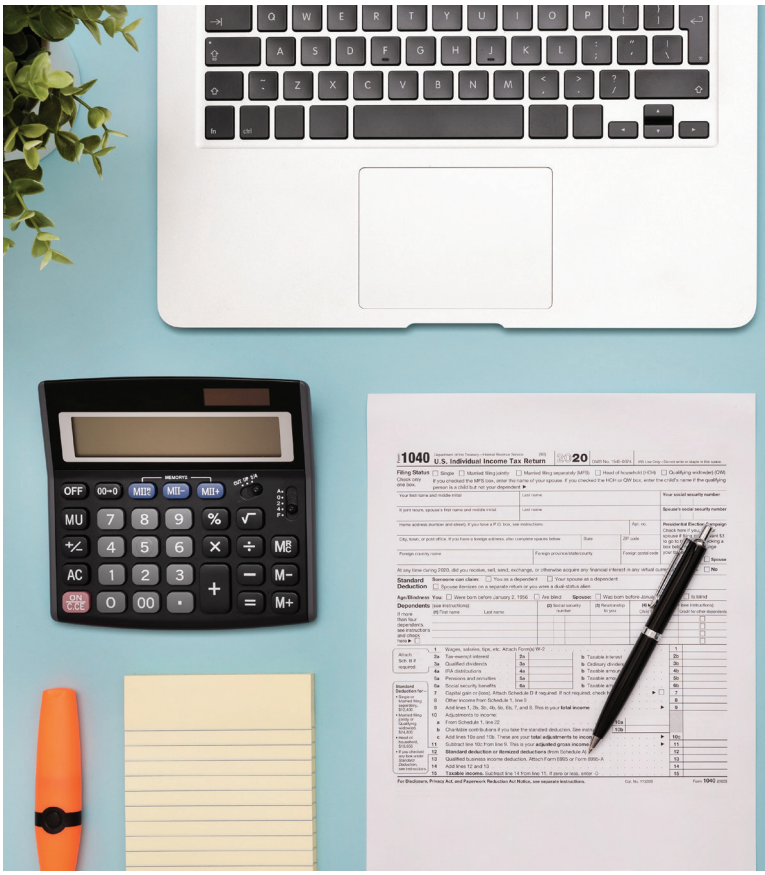
CITY OF TROY Recreation

Fifty Forward

Recreation Programs, Information, and Services for Seniors in Troy, Michigan

Winter 26/27 · November–February

REGISTRATION OPENS TUESDAY, NOV. 10 FOR RESIDENTS



TAX PREP

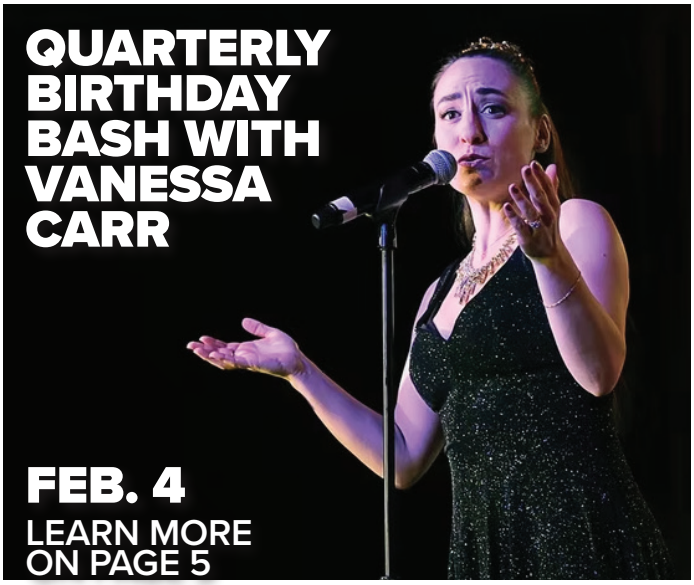
FEB. 5–APRIL 9, 2027

APPOINTMENTS OPEN: MONDAY, JAN. 11

The AARP Foundation will offer free income tax preparation and electronic filing at the Troy Community Center for members of the community. Tax-Aide Volunteers must meet rigorous IRS training and certification standards. **Appointments open Jan. 11, 2027 for the in-person tax service each Friday beginning Feb. 5–April 9, from 9 am–2 pm.**

For appointments, please call 248.526.2608 and leave a message with your contact information (name, phone, and email). The Friends of Troy Seniors will return the call to schedule your appointment. Once you have an appointment, tax preparation packets can be picked up at the Troy Community Center Front Desk and Friends of Troy Seniors office beginning Jan. 15. Completing and carefully reviewing the packet's Intake/Interview sheet and tax preparation checklist prior to your appointment is a critical step in preparing an accurate federal and state income tax return.





Dear Seniors of Troy,



Wow, has 2026 flown by! As we reflect on what a great year it has been, we look forward to an exciting 2027 as well. Take a look at the back cover of this Fifty Forward to do your part in shaping and participating in 2027 programs by completing our Senior Survey and signing up to receive a mailed copy of the Fifty Forward.

Don't let the winter blues catch up to you—come and join us at a social program to make or catch up with friends. Mingle & Meet is back this January (page 5), along with our free Coffee Chats monthly gathering (page 9). While you're here, grab a free cup of hot coffee in our Senior Center to warm up. Also, the annual Holiday Tree Lighting on Dec. 4 (page 5) and our department-wide annual Polar Party Event will be held on Dec. 12 with lots of fun opportunities for your whole family to enjoy.

Lyndsey & Lori

senior@troymi.gov | 248.524.1546

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Registration Required

Registration is required for almost all Troy Recreation programs and events, including most of the free ones.

This helps us track resident and non-resident participation, determine whether a program will run, and helps us plan future offerings.



- If you're new to Troy Rec, stop in to Troy Community Center Monday–Friday, 8 am–5 pm, to create your household account and register. We'll give you log in information to register online next time. Bring proof of residency if you live in Troy!
- Fall registration opens at 8 am on **Tuesday, Nov. 10** for residents and **Thursday, Nov. 12** for non-residents.
- **Register early!** If we don't get enough enrollment by the registration deadline, we may have to cancel a program. Early registration also helps to make sure you get a spot in a program before it fills up.



Mystery Trip with Rybicki



Prize Bingo

Don't Miss Out

Mark your calendar for the Winter season! Pick up individual monthly calendars at the Senior Center, or download one at *rec.troymi.gov/seniors.*

December

Tuesday, Dec. 1
- Clay Projects begins (pg. 7)
- Computers for Beginners Begins (pg. 16)

Wednesday, Dec. 2
- Heritage Band Holiday Concert (pg. 6)
- Water Color begins (pg. 7

Thursday, Dec. 3
DIA Self Guided Tour (pg. 10)

Friday, Dec. 4
Holiday Tree Lighting (pg. 4)

Monday, Dec. 7
- Mobile Secretary of State (pg. 4)
- Prize Bingo (pg. 4)

Tuesday, Dec. 8
Tuesday Tunes: Joel Rydecki (pg. 6)

Wednesday, Dec. 9
Estate Planning Presentation (pg. 17)

Monday, Dec. 14
Cocoa and Cozy Concert (pg. 4)

Tuesday, Dec. 15
Breathwork and Meditation (pg. 15)

Wednesday, Dec. 16
- Ask an Attorney (pg. 18)
- Prize Bingo (pg. 4)
- Blood Pressure Screenings (pg. 18)

Friday, Dec. 18
Coffee Chats: Favorite hobby/game (pg. 9)

Dec. 24 & 25
Troy Community Center CLOSED

Thursday, Dec. 31
Admin Closed | TCC Open 8 am–2 pm

January

Friday, Jan. 1
Admin Closed | TCC Open 12–5 pm

Monday, Jan. 4
- Windows 11 Begins (pg. 16)
- Prize Bingo (pg. 4)

Tuesday, Jan. 5
- Acrylic & Oil Painting begins (pg. 7)
- Clay Projects begins (pg. 7)

Wednesday, Jan. 6
Water Color begins (pg. 7)

Friday, Jan. 8
Ballroom Dance begins (pg. 15)

Wednesday, Jan. 12
Tuesday Tunes: Gary Kolody (pg. 6)

Thursday, Jan. 13
- Shout! Beatles Tribute Concert (pg. 6)
- Master Painting (pg. 7)
- Pitfalls of Retirement Presentation (pg. 17)

Thursday, Jan. 14
Men's Pelvic Health Presentation (pg. 15)

Friday, Jan. 15
Coffee Chats: Amazing technology (pg. 9)

Monday, Jan. 18
Admin Closed | TCC Open regular hours

Wednesday, Jan. 20
Prize Bingo (pg. 4)

Friday, Jan. 22
After Lunch Bunch: Racko (pg. 9)

Monday, Jan. 25
Movie Monday: *9 to 5* (pg. 5)

Tuesday, Jan. 26
Me & My Grand Make a Pillow (pg. 9)

Wednesday, Jan. 27
Mingle & Meet Friendship Event (pg. 5)

February

Watch for the Spring Fifty Forward!

Monday, Feb. 1
Prize Bingo (pg. 4)

Tuesday, Feb. 2
- Clay Projects begins (pg. 7)
- Intro to PowerPoint Begins (pg. 16)
- Tap Lessons begin (pg. 15)

Wednesday, Feb. 3
Water Color begins (pg. 7)

Thursday, Feb. 4
Quarterly Birthday Bash (pg. 5)

Tuesday, Feb. 9
Tuesday Tunes: Piano Concert Talks (pg. 6)

Wednesday, Feb. 10
LegaSEA Trip (pg. 10)

Thursday, Feb. 11
Music Bingo (pg. 5)

Tuesday, Feb. 16
- Peace of Mind in Funeral Planning Presentation (pg. 17)
- Computers for Beginners begins (pg. 16)

Wednesday, Feb. 17
- Prize Bingo (pg. 4)
- Ask an Attorney (pg. 18)
- Collette Travel Presentation (pg. 12)

Friday, Feb. 19
- Coffee Chats: Soundtrack of youth (pg. 9)
- Ballroom Dance begins (pg. 15)

Monday, Feb. 22
Movie Monday: *Groundhog Day* (pg. 5)

Tuesday, Feb. 23
Treblemakers Youth Chorale Concert (pg. 6)

Wednesday, Feb. 24
DIA Self Guided Tour (pg. 10)

Thursday, Feb. 26
After Lunch Bunch: Therapy Dogs (pg. 9)

Don't Miss Out



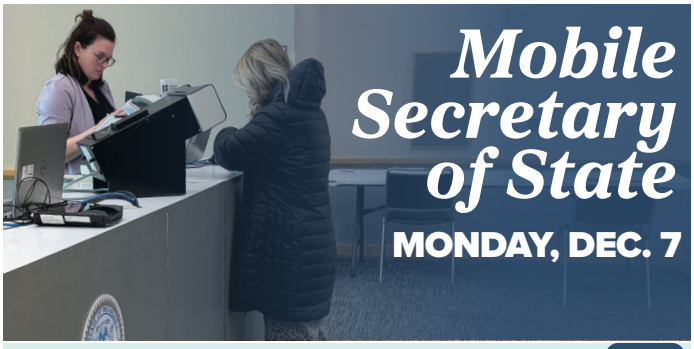


Prize Bingo

FREE, but you MUST be registered or you will not be able to attend, no exceptions FOTS

Join us for a game of PRIZE BINGO in the Senior Center. Your registration will include: 6 cards per person, at least 10 regular rounds played, prizes, and fun. Bring your own daubers.

Day	Date	Time
Mon	12/7	1:30–3 pm
Wed	12/16	9:30–11 am
Mon	1/4	1:30–3 pm
Wed	1/20	9:30–11 am
Mon	2/1	1:30–3 pm
Wed	2/17	9:30–11 am



10 AM–3 PM, ROOM 303 **FREE**

The Secretary of State is bringing convenience to you! Visit the Troy Community Center to complete Secretary of State transactions. Do things such as renewing your Driver's License (including upgrading to a REAL ID, applying for/renewing a disability placard, vehicle services, and more. Advance appointments are encouraged. **Contact Lori at 248.524.3408 to make your appointment.**



5–9 PM | CEREMONY BEGINS 6:30 PM **FREE**
LOCATION: The Rink at Stine Community Park

Lace up your ice skates and join us as we open the Ice Skating Season with our Annual Holiday Tree Lighting! Mayor Ethan Baker and City Council will join Santa to light the tree beginning at 6:30 pm with music from Athens Concert and Treble Choirs and the Troy Colt Drumline. Continue skating through the night and get your photo with Santa! Hot cocoa, coffee, and Timbits while supplies last. ***Skate rentals and concessions will open at 5 pm. Learn more at rec.troymi.gov/stineparkevents.***



1–2 PM **$3 RES** $5 NR

Wear your coziest sweater (maybe with a holiday theme!) and enjoy an afternoon concert with Kevin Wills and cocoa. Doors will open at 12:45 pm.

CAN'T MAKE IT? LET US KNOW!

If you can no longer attend a program or event that you registered for, please let the Recreation Department know so that we are not expecting you. Learn how to register on page 23.

All events and concerts take place at Troy Community Center unless otherwise noted.

Movie Monday



FREE, but registration required

Experience an afternoon movie and popcorn in room 402A, inside the Senior Center. Popcorn will be provided, but bring your soft drink of choice to enjoy.

Day	Date	Approx Time	Movie
Mon	1/25	1 pm start	*9 to 5*
Mon	2/22	1 pm start	*Groundhog Day*

Quarterly Birthday Bash



1–2 PM **$5 RES** $7 NR



Join us in celebrating December, January, and February birthdays with our Quarterly Birthday Bash! Enjoy birthday cake and ice cream, plus chances to win prizes if you have a birthday this quarter. We will also enjoy a concert from Vanessa Carr to help us celebrate.

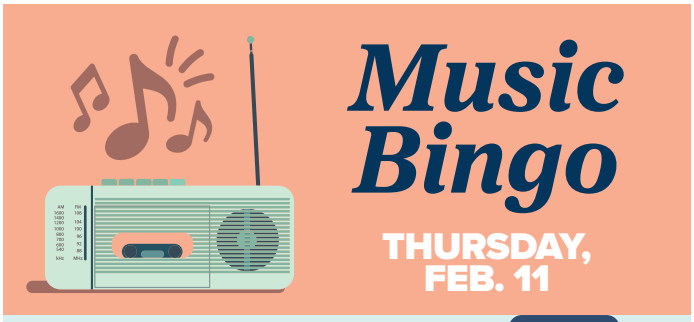
Mingle & Meet Friendship Event



1–3 PM | Ages 50+ **$10 RES** $15 NR
Please register by 1/20

Enjoy an opportunity at Troy Community Center that's all about getting to know people, socializing, and making new friends! **Please note that this event is not about finding a date.** This event will consist of ice breaker activities to get to know the others in the group, 1-on-1 interactions, and snacks. This will be a friendly, low pressure atmosphere to get to know other people. Everyone ages 50 and up is welcome to register.

Music Bingo



1–3 PM | Please register by 2/4 **$3 RES** $5 NR

Music Bingo is played like regular bingo but with music. Played like regular bingo, including 25-squared bingo cards. Each player has one sheet to play and dance along with. Prizes given to winners! Themes will include 50s, 60s, 70s, and 80s mix.

Don't miss out on upcoming events!

Sign up for our bi-weekly senior e-newsletter, sent every other Wednesday.

rec.troymi.gov/fiftyforwardemail



Listen to the Music



Join us for an afternoon concert on the second Tuesday of the month! **Each show requires advance registration, tickets will not be sold at the door.** No refunds. Doors will open at 12:45 pm.

Dec. 8:
Joel Rydecki

1–2 PM **$1 RES** $2 NR

Joel Rydecki is a Michigan-based, multi-genre musician rooted in Bluegrass, Country, Americana, and Soul, with a deep foundation in Jazz and Gospel. Joel will be performing holiday music for us.

Jan. 12:
Gary Kolody

1–2 PM **$1 RES** $2 NR

Gary Kolody, accordion player, will be accompanied by a violin. There will be a wide variety of music including pop, big band, patriotic anthems, carols, rock and folk songs, Irish, Italian, Polish, and more.

Feb. 9:
Piano Concert Talks

1–2 PM **$1 RES** $2 NR

David Rodgers will perform a Piano Concert Talk about a Century of Love Songs highlighting the history and evolution of popular love songs from the 1920s through the present day.

TROY REC CONCERTS

Winter Concerts

These evening concerts take place indoors at Troy Community Center. **Each concert requires advance ticket purchase, tickets will not be sold at the door.** No refunds.

DEC. 2

Heritage Band Holiday Concert

Wednesday, Dec. 2 **FREE**
7–8 pm
Doors open at 6:30 pm

Enjoy a holiday-themed concert performance from the Heritage Concert Band! A sweet treat and coffee is included. The Heritage Concert Band is a group of area residents that meet to work on concert band music of all types. This concert is free to attend, but registration is required.

JAN. 13

Shout! Beatles Tribute Concert

Wednesday, Jan. 13 **$15 PER PERSON**
7–8:30 pm
Doors open at 6:30 pm

This Beatles tribute band provides a time travel experience like no other. Period correct accents, costumes, and instruments. What a party! Come listen, dance, and sing along to your favorite Beatles hits.

FEB. 23

Treblemakers Youth Chorale Concert

Tuesday, Feb. 23 **FREE**
7:30–8:15 pm
Doors open at 7 pm

The TrebleMakers Youth Chorale of Metro Detroit is a singing ensemble made up of 9-12-year-olds. Under the direction of Ms. Roxana Han, the youth ensemble goal is to foster high-level singing skills while building character, confidence, and teamwork with the joy of sharing music with the Metro Detroit Community. This concert is free to attend, but registration is required.

Our registration system includes concert tickets for our evening concerts! To make check in run more smoothly and efficiently, bring your tickets with you or have them ready on your phone to be scanned.

All events and concerts take place at Troy Community Center unless otherwise noted.



New: Master Painting with Gabriela Orza

All supplies are included in the session fee
LOCATION: Troy Community Center **$45 RES** $50 NR

Step into the swirling skies and vibrant colors of Vincent Van Gogh's world and join artist Gabriela Orza in her exciting and creative **Paint Like The Masters: Starry Night** workshop. Students will recreate the iconic Starry Night painting using oil paints on an 11 x 14 canvas. Experience the bold brushstrokes and emotional expression that define Van Gogh's work and explore his use of color, texture and movement. Students of all skill levels are welcome.

Day	Date	Time
Wed	1/13	1–3:30 pm

Creative Classes at Troy Historic Village

The below classes take place at Troy Historic Village. Register for these classes and more on their website at *troyhistoricvillage.org*. No experience necessary, all supplies included for each class.

Chunky Knit Blankets Class

MONDAY, DEC. 7 | 5:30–7:30 PM

- THS Member $60
- Non-member: $68

In this class you'll learn the process for starting and completing a chunky knit lap blanket with the herringbone stitch pattern. At the end of the class, you'll take any remaining supplies home to finish the blanket.

Soap Making for Beginners

MONDAY, FEB. 1 | 5:30–7:30 PM

- THS Member $40
- Non-member: $48

Join us for some good, clean fun! In this hands-on workshop, you'll learn the full cold process soap-making method to craft your own gentle, natural bar soap from scratch. You'll walk away with the tools to continue the craft at home.

Acrylic & Oil Painting

8 WEEKS, TUESDAYS **$80 RES** $90 NR
A supply list will be provided upon registration. Supplies not included.
LOCATION: Troy Community Center

These classes, led by instructor Marat Paransky, are designed for beginners through advanced painters. There are both group demonstrations and individual instruction if needed.

Day	Dates	Time
Tue	1/5–2/23	12–3 pm

Clay Projects

4 WEEKS, TUESDAYS **$80 RES** $90 NR
All supplies are included in the session fee
LOCATION: Troy Community Center

Tap into your creative side! Work with clay and glazes to design beautiful pottery while exploring the world of clay. Be prepared to get messy.

Day	Dates	Time
Tue	12/1–12/22	9:30–11:30 am
Tue	1/5–1/26	9:30–11:30 am
Tue	2/2–2/23	9:30–11:30 am

Watercolor

4 WEEKS, WEDNESDAYS **$40 RES** $50 NR
All supplies are included in the session fee
LOCATION: Troy Community Center

This class is for people who love to paint or who are ready to start learning! We will explore various painting techniques and how to improve our final pictures. Experience the joy and excitement of creativity, color, and water interacting!

Day	Dates	Time
Wed	12/2–12/23	1–3:30 pm
Wed	1/6–1/27	1–3:30 pm
Wed	2/3–2/24	1–3:30 pm

26/27 Senior Groups & Clubs

Registration is required. No drop-ins allowed. There is an annual fee due at the time of registration per person, per group. **The 2026–2027 fee is $10 for residents and $20 for non-residents.** No refunds. Groups run through August 31, 2027. Group meetings may be cancelled due to department events, programs, and/or building closures, holidays, weather, etc. Please make sure your email address is up to date in your household account so that you receive all communication in a timely manner.

Metro Woodcarvers

MONDAYS: 8 AM–12 PM

This club will explore a variety of different woodcarving techniques such as chips, barks, caricatures, and reliefs. If you're looking for a fun and relaxing way to whittle your time away in good company, this is a group for you!

Group Leader: Mike 248.689.5468

Rummikub

MONDAYS: 1–3 PM

Rummikub is a tile-based game for two to four players at a table, combining elements of the card game Rummy and Mahjongg. The objective is to be the first to clear all your rack of 14 tiles by forming sets and runs.

Group Leader: Edelza 248.703.9868

Intermediate Senior Tennis (2.0)

TUESDAYS: 8 AM–12 PM
BOULAN PARK

Active senior tennis players at Boulan Park on Tuesday mornings for intermediate level play. Doubles play, with short set of FOUR games, then everyone changes partners. Bring a racquet.

Group Leader: Bob 248.680.1406

Tuesday Needlecrafters

TUESDAYS: 10 AM–1 PM

Social gathering for all types of needle-crafters. Lessons are not given, but helpful hints and assistance are always offered if requested (or not).

Group Leader: Dorothy 248.229.0665

Card Game Club

TUESDAYS: 1–4 PM

Shuffle up and deal! This casual and social club will bring card games like Golf, Kings on the Corner, Manipulation, and others. Bring your favorite deck or learn a new card game from our members. All skill levels are welcome.

Group Leader: Edelza 248.703.9868

Troy Board Gamers

TUESDAYS: 5–9 PM

A board game group open to anyone. Join us to learn and play assorted card and board games. No experience needed, feel free to bring games you'd like to play.

Group Leader: Naomi 248.224.2544

TCC Senior Quilters

WEDNESDAYS: 10 AM–2 PM

Our group welcomes quilters of all levels. Bring your own machine and projects to quilt with friends. There is no formal instruction, but all members help each other with good ideas and good company.

Group Leader: Jill 248.318.8391

Euchre Group

WEDNESDAYS: 12–3:30 PM

New and experienced players welcome. Official start is at 12:30 pm, but from 12–12:25 pm we have lessons, highlighting 3-handed euchre, which we mix with traditional 4-handed euchre depending on how many players come each week.

Group Leader: Susan 248.703.3340

Wednesday Evening Knit & Crochet

WEDNESDAYS: 6–9 PM

Our weekly knitting group is a friendly, growing community of makers who enjoy knitting, crocheting, and connecting. Open to all levels, from beginners to experienced. Come for the projects, stay for the conversation.

Group Leader: Linda 248.892.9393

Heritage Concert Band of Troy

1ST & 3RD WEDNESDAY OF THE MONTH: 6:30–9:15 PM

Community Band open to Metro Detroit area adult wind & percussion musicians. Homeschooled high school students may join at the discretion of the band.

Group Leader: Bob 248.689.3536

Line Dancing Club

WEDNESDAYS: 6:30–8 PM

Intermediate line dancing to various types of music.

Group Leader: Judy 248.641.9346

Troy Ukes

WEDNESDAYS: 7–8:30 PM

Having fun learning about and playing ukelele. No experience required. Just bring your uke and strum your way to musical fun.

Group Leader: Harry 248.528.1817

The Artist's Club

THURSDAYS: 9–11:30 AM

The Artist's Club offers all a chance to relax and explore your creativity while listening to classical music. Helpful suggestions are offered in lieu of formal instructions. Become a member; all mediums and skill levels are welcome.

Group Leader: Paul 947.205.0521

More Groups & Clubs

$10 RES $20 NR

Thursday Party Bridge

THURSDAYS: 12–4 PM

Unsanctioned bridge for fun & learning.

Group Leader: Don 248.709.9173

Pinochle for Everyone

THURSDAYS: 12:30–3 PM

Pinochle Cards (3, 4, or 5 Handed) Games. We can teach you to play if you have some card playing experience.

Group Leader: Lynn 248.376.5556

Advanced Senior Tennis (2.5)

FRIDAYS: 8 AM–12 PM
BOULAN PARK

Join senior tennis players at Boulan Park on Friday mornings for advanced level play. We play doubles with USTA rules and multiple partner changes.

Group Leader: Angelo 248.909.3709

Mahjongg Group

FRIDAYS: 12:30–4:30 PM

An opportunity for independent Mahjongg players to gather and play Mahjongg. Players must have a Mahjongg card for the current year.

Group Leader: Judy 248.417.4704



Visit Troy Senior Center

LOCATION: North side of Troy Community Center

Located inside of the Community Center, the Senior Center is open Monday–Friday, 8 am–4 pm. Enjoy free coffee from 8 am–2 pm. Congregate Hot Lunch is available each weekday for purchase from 11:45 am–12:30 pm. Scheduled programs will take place in this space, but in the times there are no scheduled programs, feel free to use the space for your enjoyment. Read a book, spend time with friends, enjoy one of our printed word puzzles, watch TV in room 402A, and more!

Coffee Chats

3RD FRIDAY OF THE MONTH **FREE, NO REGISTRATION**
LOCATION: Troy Senior Center

Join us for a chance to enjoy free coffee in the Senior Center and an opportunity to chat on a predetermined topic. We will reminisce about fun memories while enjoying each other's company. A Recreation Staff Member will be present to facilitate conversation. Just two rules: be friendly and no politics.

Day	Date	Time	Topic
Fri	11/20	10–10:30 am	Favorite Books or Movies
Fri	12/18	10–10:30 am	Favorite Hobby or Game
Fri	1/15	10–10:30 am	Most Amazing Technology
Fri	2/19	10–10:30 am	Soundtrack of Your Youth

After Lunch Bunch

4TH FRIDAY OF THE MONTH **FREE, NO REGISTRATION**
LOCATION: Troy Senior Center

Join a Recreation Staff Member every fourth Friday of each month for an after lunch activity. Activities will include different games or puzzles each month.

Day	Date	Time	Activity
Fri	1/22	1–2 pm	Game: Racko
Fri	2/26	1–2 pm	Therapy Dogs (Room 502)



Me & My Grand

Me & My Grand programs aim to offer quality time opportunities for grandparents and grandchildren to connect in fun and engaging ways. Grandparent will register for pair and a waiver will be sent that needs to be signed by parent/guardian.

Me & My Grand: Make a Pillow

Make a winter patterned fleece tied pillow to take home with your grand! There will be snacks to enjoy as well.

$6 per additional child **$10 PER PAIR**
LOCATION: Troy Community Center
Register by: 1/12

Day	Date	Time	Ages
Tue	1/26	4:30–5:30 pm	4–12 years

Troy Recreation Trips

Troy Recreation staff is your host for these local trips! All fees include roundtrip transportation to and from the Troy Community Center via modern Motorcoach. Please arrive 15 minutes prior to all listed departure times to allow for ample time for loading.

LegaSEA Aquarium Trip

Ages 50+ | Please register by 2/2 **$50 RES** $60 NR
Departure Time: 9:30 am | Return Time: 1:30 pm

Travel with Troy Recreation to visit the new LegaSEA Aquarium in Utica. The new 30,000 square foot facility has giant snakes, lizards, freshwater and saltwater aquariums, stingrays, mammals, and more. Following our visit, we will enjoy a pizza and salad buffet at BJ's Restaurant and Brewhouse. Please note that we will be riding in a school bus for this trip.

Day	Date	Register by
Wed	2/10	2/2

DIA Self-Guided Tour

Ages 55+ **$3 RES** $5 NR
Departure Time: 12:15 pm | Return Time: 3:30 pm

Come explore the DIA! Complimentary coffee and cookie provided. Round-trip transportation included. The bus will depart from the Troy Community Center's north entrance at 12:15 pm. We will leave the DIA to return to the Community Center at 3 pm. This service is provided by the DIA free of charge as a millage benefit for tri-county (Wayne, Oakland, and Macomb) residents and includes museum admission, bus transportation, and a senior experience.

Day	Date	Register by
Thu	12/3	11/19
Wed	2/24	2/10

Bianco Tours Trips

Join Bianco Tours for local day trips! All fees include roundtrip transportation to and from the Troy Community Center via modern Motorcoach. We recommend registering early to claim your spot! Please arrive 15 minutes prior to all listed departure times to allow for ample time for loading.

THURSDAY, MARCH 4

Detroit Irish History Tour

Ages 50+ | Please register by 2/18 **$134 RES** $144 NR
Departure Time: 8:30 am | Return Time: 3:30 pm

From Detroit's Colonial-era Irish soldiers serving at Fort Brady to today's vibrant Gaelic League, Detroit's Irish roots run deep! The majority of the city's Irish came in the 1840s and the 50s, fleeing the Great Hunger that killed a quarter of Ireland's population. These refugees settled in the then-far west side of the city and built the Corktown that we know today, Detroit's oldest neighborhood filled with quaint Victorian homes and brick streets.

The Irish didn't just stick to Corktown, though. They left their mark throughout the city, from the west side to Greektown, home of the Old Shillelagh. This tour will explore the influence of Detroit Irish on the city's history and culture that survives today. And of course, there will be a pub stop for a pint of the brown or a nip of the old Uisce beatha!

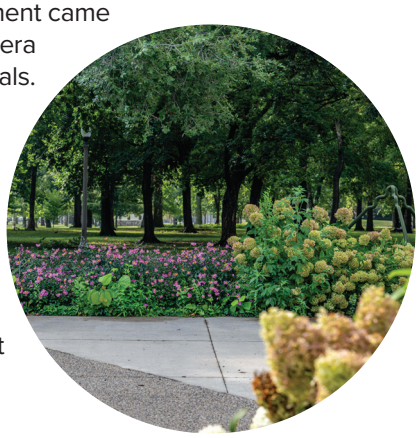
This tour is led by historian Mickey Lyons, who earned a Masters Degree in Irish Language and Literature from Boston College. We will also enjoy lunch at Detroit's Old Shillelagh.

WEDNESDAY, MAY 26

Fiesta Detroit

Ages 50+ | Please register by 5/12 **$123 RES** $133 NR
Departure Time: 8 am | Return Time: 3:15 pm

Enjoy a tour with a step-on guide of Detroit highlighting the diversity of our great city. Areas that we visit will include Delray, Corktown, Mexicantown, and sections of the city where various ethnic groups resided. In the 1930s, the Mexican Muralist movement came to Detroit with Diego Rivera and Detroit Industry Murals. Today, the movement continues with the magnificent murals of Elton Monroe Duran in Southwest Detroit.



After this, we will enjoy lunch at Mexican Village and have time to shop at Mexicantown Bakery.

All day trips depart from Troy Community Center unless otherwise noted.

Rybicki Tours Trips

Join Rybicki Tours for local day trips! On all trips, a Tour Manager from Rybicki Tours will accompany you. All fees include roundtrip transportation to and from the Troy Community Center via modern Motorcoach. Please arrive 15 minutes prior to all listed departure times to allow for ample time for loading.



SATURDAY, JAN. 23

Mystic Pizza at Fox Theatre

Ages 50+ **$165 RES** $175 NR
Please register by 12/22
Departure Time: 12 pm
Return Time: 7 pm

Take a trip to see Mystic Pizza, a new musical, at the Fox Theatre. Set in a small-town Connecticut pizza shop, this upbeat musical is filled with laughter, heart, and a fantastic soundtrack of '80s and '90s hits, including *Hit Me With Your Best Shot, Hold On,* and *Manic Monday.* It's a joyful, nostalgic celebration of friendship, romance, and chasing your dreams! We will then enjoy dinner at Loui's Pizza in Hazel Park.



THURSDAY, FEB. 25

Mildred Whiskey at Purple Rose Theatre

Ages 50+ **$185 RES** $195 NR
Please register by 2/3
Departure Time: 11:15 am
Return Time: 7 pm

Enjoy lunch at Metzger's German restaurant in Ann Arbor, followed by a 3 pm performance of *Mildred Whiskey* at the Purple Rose Theatre in Chelsea, Michigan.



FRIDAY, MARCH 19

DSO Stayin' Alive Bee Gees Trip

Ages 50+ **$179 RES** $189 NR
Please register by 2/18
Departure Time: 9:30 am
Return Time: 3:30 pm

Travel to see the Detroit Symphony Orchestra perform *Stayin' Alive: The Bee Gees & Beyond* at Orchestra Hall, featuring world-renowned a cappella sensation Rajaton. Enjoy lunch afterward at Mario's Restaurant.

Discover even more trips!

Visit *rec.troymi.gov/seniors* or the Senior Center for more flyers on upcoming trips that could not fit in the Fifty Forward.



Explore: Extended Trips

Extended Trips

- Trips subject to tour company refund policies.
- Trips subject to tour company vaccination and health screening policies.
- Travel insurance is recommended for extended trips.
- Detailed flyers available in the Senior Center or online at *rec.troymi.gov/seniors*


Kyoto, Japan

Ecuador & the Galapagos Islands Cruise

Feb. 23–March 2, 2027 | Register by Nov. 25, 2026
Starting at $8,124 per person double occupancy

This cruise includes two excursions each day. Including a visit to the equator, a Quito city tour, Highlands Tortoise Reserve, stops at islands, and more! For more information and to register, contact Premier World Discovery at 877.953.8687.

National Parks & Canyons of the Southwest

April 25–30, 2027 | Register by Jan. 25, 2027
Starting at $3,074 per person double occupancy

Visit the Southwest of the US! Experiences include: Hoover Dam, Mob Museum, Grand Canyon, Bryce Canyon, Zion National Park, Las Vegas, and more! For more information and to register, contact Premier World Discovery at 877.953.8687.

Colorado Rockies, Rails, & Western National Parks

June 13–21, 2027 | Register by March 15, 2027
Starting at $4,724 per person double occupancy

Travel to Colorado to experience 5 National Parks, Denver, 2 train experiences, the U.S. Olympic Training Center, and more. For more information and to register, contact Premier World Discovery at 877.953.8687.

Japan and South Korea

Nov. 6–21, 2027 | Register by April 7, 2027
Starting at $10,999 per person double occupancy

Experience Tokyo, Kyoto and Hiroshima in Japan, including a bullet train, discussion with a bomb survivor, Arashiyama Bamboo Forest, and more exciting things. Then, travel to Seoul, South Korea for a North Korean defector talk and a trip to the Korean Demilitarized Zone, and more!

West Virginia Rails & Williamsburg

Sept. 24–Oct. 1, 2027 | Register by June 26, 2027
Starting at $4,324 per person double occupancy

Visit West Virginia and Washington D.C. Experiences include 2 train experiences, Washington D.C. Illumination Tour, Thomas Jefferson's Monticello, Colonial Williamsburg, and more. For more information and to register, contact Premier World Discovery at 877.953.8687.

Normandy, Paris, & the Seine River Cruise

Oct. 12–20, 2027 | Register by July 14, 2027
Starting at $5,795 per person double occupancy

Enjoy a river cruise that includes 5 excursions/tours, a Paris city tour, full day historic Normandy Tour, and more. For more information and to register, contact Premier World Discovery at 877.953.8687.

Group Tours International/Collette Travel Presentations

WEDNESDAY, FEB. 17

FREE, DROP IN | NO REGISTRATION REQUIRED

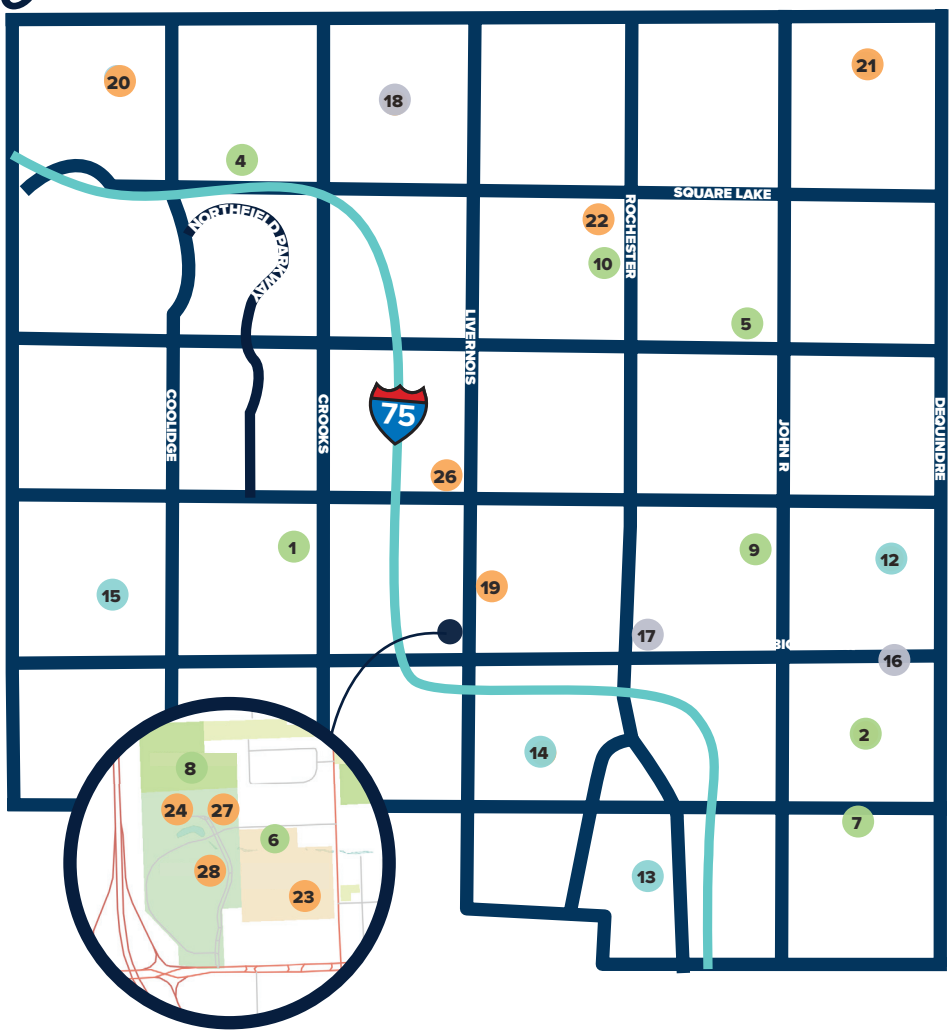
Join Ed McKenna as he presents on upcoming Collette trips that are being offered through Group Tours International. Learn about the following exciting trips and ask questions before you book.

- 1 pm: Iceland's Magical Northern Lights
- 2 pm: Japan and South Korea
- 2:45 pm: Treasures of Egypt
- 3:30 pm: Journey through Spain: Madrid to Barcelona
- 4:15 pm: Discover Scotland


Iceland

Get to know your neck of the woods!

COMMUNITY PARKS	1	**Boulan Park** 1898 Boulan Park Dr
	2	**Brinston Park** 2262 Brinston Dr
	3	**Donald J. Flynn Park** 1710 E. South Blvd
	4	**Firefighters Park** 1800 W. Square Lake Rd
	5	**Jaycee Park** 1755 E Long Lake Rd
	6	**Jeanne M Stine Park** 241 Town Center Dr
	7	**Milverton Park** 2384 E Maple
	8	**Phillip J. Huber Park** 3500 Civic Center Dr
	9	**Raintree Park** 3775 John R Rd
	10	**Sylvan Glen Lake Park** 5725 Rochester Rd
NEIGHBORHOOD PARKS	11	**Beach Road Park** 4651 Beach Rd
	12	**Beaver Trail Park** 3458 Pasadena
	13	**Redwood Park** 750 Redwood Dr
	14	**Robinwood Park** 640 Robinwood Dr
	15	**Schroeder Park** 3500 Beach Rd
MINI PARKS	16	**Big Beaver Road Park** 2923 Thames
	17	**Gateway Park** 3044 Rochester Rd
	18	**North Glen Park** 6500 Elmoor
SPECIAL USE PARKS & FACILITIES	19	**Daisy Knight Dog Park** 3410 Livernois
	20	**Lloyd A. Stage Nature Center** 6685 Coolidge
	21	**Sanctuary Lake Golf Course** 1450 E South Blvd
	22	**Sylvan Glen Golf Course** 5501 Rochester Rd
	23	**Troy Community Center** 3179 Livernois
	24	**Troy Family Aquatic Center** 3425 Civic Center Dr
	25	**Troy Farm** 3305 South Blvd
	26	**Troy Historic Village** 60 W Wattles Rd
	27	**Troy Racquet Club** 3400 Civic Center Dr
	28	**Troy Public Library** 510 W. Big Beaver



Stage NATURE CENTER

Register for Stage Nature Center programs online at *stagenaturecenter.org.* Click the Calendar under the "Learn & Enjoy" tab to view upcoming programs and register. Register early! Call 248.688.9703 to check availability.

TROY HISTORIC VILLAGE
where history lives

Some programs require registration at Troy Historic Village while others may allow walk up registration. Register in advance online at *troyhistoricvillage.org.* Click Events & Classes to view upcoming programs. You may also call 248.524.3570.

TPL
troy public library

All Troy Public Library programs require registration. Register online at *troypl.org/calendar* or by calling 248.524.3534.

Pickleball Lessons

Pickleball 102: Learn & Play for Beginners

2 CLASSES **$40 RES** $50 NR
LOCATION: TCC GYM

No prior experience needed. Day 1 covers rules, strokes, scoring, positioning, and game etiquette. Day 2 features supervised doubles games in a round robin format. Upon completion of the class, players will feel confident to play at various venues.

Day	Dates	Time
Tue	12/1–12/8	9–11 am
Sat	1/9–1/16	12–2 pm
Thu	2/4–2/11	6–8 pm
Sat	2/20–2/27	12–2 pm

Pickleball 201: Mixers for Novice

4 CLASSES **$65 RES** $75 NR
LOCATION: TCC GYM

Once you know the basics you are ready to play in the Mixers! Not for true beginners. Start each class with a warm up and drills to sharpen your game. Then play games with similarly skilled players. Instructor will critique plays and offer tips and strategies. Mixers offer a comfortable environment for novice players to practice, play, and meet new pickleball friends.

Day	Dates	Time
Thu	11/12–12/10*	6–8 pm
	No class 11/26	
Sat	11/28–12/19	12–2 pm
Tue	1/5–1/26	9–11 am
Thu	2/18–3/11	6–8 pm

Pickleball 301: Mixers for Intermediate

4 CLASSES **$75 RES** $85 NR
LOCATION: TCC GYM

Appropriate for Intermediate level players. Instructor will teach effective techniques for serves, ground strokes, 3rd shots, volleys, lobs, and overheads. Learn winning strategies including shot selection, communication, positioning, and consistency. Players will perform drills and play games to improve skills in game situations.

Day	Dates	Time
Thu	1/7–1/28	6–8 pm
Sat	1/23–2/13	12–2 pm
Tue	2/9–3/2	9–11 am

Winter Pickleball Ladders

18+ and 50+ ladders for Intermediate/Advanced (USAP 3.0-4.0 skill level) players. Play games with different partners. Scores will be kept and players will compete against similar skill levels as they attempt to move up the ladder. For information on USAP Ratings, visit *usapickleball.org/skill-level.*

50+ LADDERS: $75 RESIDENTS
$85 NON-RESIDENTS
TUESDAYS, 1/5–2/23 | 11:30 AM–1 PM

18+ LADDERS: $90 RESIDENTS
$100 NON-RESIDENTS
TUESDAYS, 1/5–2/23 | 8–10 PM

SUB LISTS:
Sub lists available for all leagues. No cost at registration. Substitute players are not guaranteed playing time, but may be contacted to fill in as needed. Subs must be rostered to play.

50+ Golf at Sylvan Glen

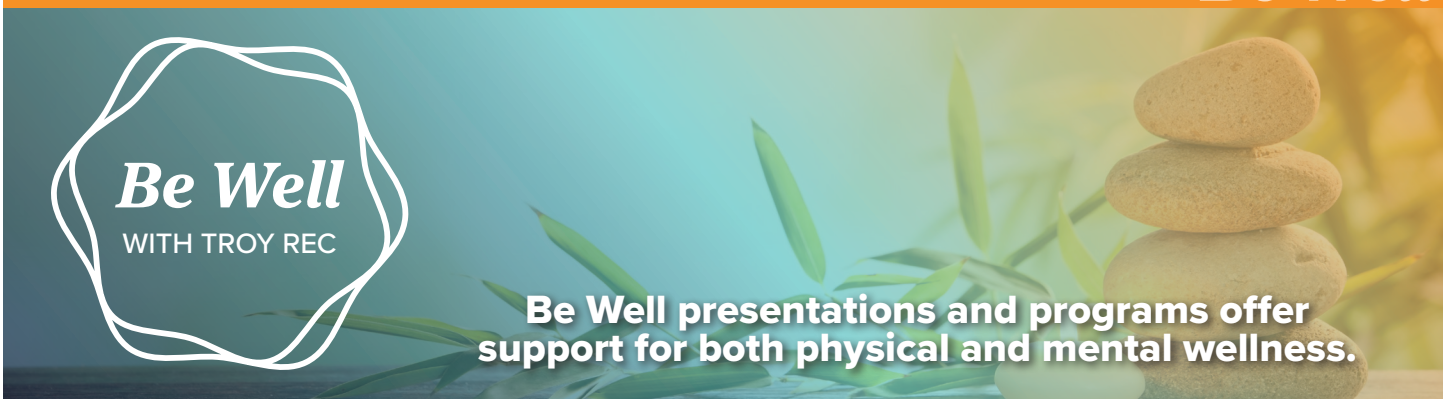
Golfers play nine holes, starting in the morning with a shotgun format. Golfers are divided into flights based on average score for nine holes. All skill levels are welcome. Administration and green fees are paid to the league in the spring. Subs play as needed, when available, and need to pay the registration fee plus green/cart fees. There are no refunds.

AGES 50+: $10 RESIDENTS
$15 NON-RESIDENTS | SUBLIST FEE: $5 RES, $10 NR
MONDAYS: 4/26–9/27
WEDNESDAYS: 4/28–9/22

REGISTRATION OPENS
- Returning golfers: Jan. 4–Feb. 2, 2027.
- New golfers: Feb. 9 residents and Feb. 11 non-residents.
- For questions about Monday League, contact Gloria: 248.528.8479.
- For questions about Wednesday League, contact Sue: 248.821.8761.

Looking for Lori's Walking Group?

Walking Group will take a break for the winter season. Watch for information in the Spring Fifty Forward on when the group will resume!



Guided Meditation for Everyday Peace

TUESDAY, DEC. 15 | 1–1:30 PM FREE
Registration deadline: 12/11

Besiana Mani will lead a group in breathwork and meditation to help the nervous system downshift and get out of the head. Quiet your thoughts, while relaxing your body.

Pelvic Health for Men (Men Only)

THURSDAY, JAN. 14 | 10–11 AM FREE
Registration deadline: 1/11

Men have pelvic floors too! Learn about the pelvic floor's connection to your prostate, bowel, bladder and sexual health. Men experience pelvic pain, urinary urgency, frequency, prostate related problems or hernias; therefore, it is important to understand the signs and symptoms of pelvic floor dysfunction and how pelvic floor therapy could help. Learn from Dr. Reshma Salvi, Pelvic floor therapist and founder of Core and Beyond Physical Therapy in Troy.

EVEN IF IT'S FREE, PLEASE RSVP!

Even if a program is free, we do ask that you register ahead of time. If you can no longer attend a free program, please let us know so that we are not expecting you. Learn how to register on page 23.

Evening Ballroom Lessons

6 WEEKS, FRIDAYS **$86 RES** $96 NR
INSTRUCTOR: Jim Berg | No partner required.

BEGINNER/INTERMEDIATE SOCIAL DANCE: This class will introduce students to the fundamentals. We will focus on proper posture, footwork, leading, and following. Students will learn a variety of basic dance figures incorporating proper technique.

INTERMEDIATE/ADVANCED BALLROOM DANCE: We explore intermediate and advanced ballroom figures while improving movement. Familiarity with basic dance figures is encouraged. We will also focus on dance frame, posture, rotation, dance positions, and alignments.

Class	Day	Dates	Time
Beg/Int	Fri	1/8–2/12	7–8 pm
Int/Adv	Fri	1/8–2/12	8–9 pm
Beg/Int	Fri	2/19–3/26	7–8 pm
Int/Adv	Fri	2/19–3/26	8–9 pm

Adult Tap Lessons

8 WEEKS, TUESDAYS **$76 RES** $86 NR
INSTRUCTOR: Terry Slater | Tap Shoes required by 2nd week, not included in fee.

BEGINNER: No experience necessary! Learn basic tap steps and combinations while having a fun physical and mental workout.

INTERMEDIATE: If you have tapped before, and feel comfortable knocking out a time step, this is the class for you.

Class	Day	Dates	Time
Beg	Tue	2/2–3/23	1:30–2:30 pm
Int	Tue	2/2–3/23	2:30–3:30 pm

Learn Something New



Troy 50+ Computer Learning Center (CLiC)

Learn to use a computer in a friendly environment. In small, hands-on classes, students use a computer with Windows 11 with course materials included in the fee. The below classes take place at Troy Community Center.

Computers For Beginners

2 WEEKS, 8 HOURS **$39 RES** $49 NR

This class is for beginning computer users with little or no experience. Become familiar with your computer while building self-confidence with easy-to-learn lessons. Recommended as a first class prior to others offered.

Day	Dates	Time
Tu/Th	12/1–12/10	1–3 pm
Tu/Th	2/16–2/25	1–3 pm

Introduction to PowerPoint

2 WEEKS, 8 HOURS **$39 RES** $49 NR

Learn how to use PowerPoint as a tool to make things such as a quick sign or poster, collage or slide show for a special event, presentations, and more. Learn how to customize your pictures (slides) with transitions, animation, audio and video.

Day	Dates	Time
Tu/Th	2/2–2/11	9:30–11:30 am

Windows 11

2 WEEKS, 8 HOURS **$39 RES** $49 NR

Learn to use the Windows 11 operating system to create folders and find files, copy and restore files, customize your computer, maintain your hard drive, and more.

Day	Dates	Time
Tu/Th	1/4–1/13	1–3 pm

1-on-1 Smart Phone and Computer Help

Fee is non-refundable **$7 RES** $10 NR

Sessions available select Mondays, 1–2 pm or 2–3 pm

Learn the basics of using your smartphone such as downloading apps, using maps and directions, sending texts, sharing pictures, and more. Learn the basics of using a Windows Computer such as copying/pasting, making folders and files, internet safety, and more. Come with specific questions or general ideas of what you'd like to learn. The teachers of these tutoring sessions are passionate about answering your technology questions.

Android Smart Phone & Windows Computer Help

Day	Date	Time
Mon	12/14	1–2 pm
Mon11	12/14	2–3 pm
Mon	1/11	1–2 pm
Mon	1/11	2–3 pm
Mon	1/18	1–2 pm
Mon	1/18	2–3 pm
Mon	2/8	1–2 pm
Mon	2/8	2–3 pm
Mon	2/15	1–2 pm
Mon	2/15	2–3 pm

iPhone & Windows Computer Help

Day	Date	Time
Mon	12/14	1–2 pm
Mon11	12/14	2–3 pm
Mon	1/11	1–2 pm
Mon	1/11	2–3 pm
Mon	1/18	1–2 pm
Mon	1/18	2–3 pm
Mon	2/8	1–2 pm
Mon	2/8	2–3 pm
Mon	2/15	1–2 pm
Mon	2/15	2–3 pm

Register with CivicRec!
Learn more on page 23 or
go to *rec.troymi.gov/catalog*

Presentations & Classes

Come ready to take notes and learn something new at these upcoming presentations and classes! All programs below take place at Troy Community Center.



Estate Planning Presentation

FREE, but please register ahead of time.
Registration deadline: 12/4

The Law Office of Kelly T. Braun PLLC is hosting a seminar to offer general estate planning information to allow those without an estate plan to learn more about powers of attorney, wills, trusts, and Lady Bird deeds. This can also remind those with an estate plan about the importance or reason for updating your plan. We will discuss tools to help keep you and your loved ones out of probate court.

Day	Date	Time
Wed	12/9	1–2 pm

Pitfalls of Retirement

FREE, but please register ahead of time.
Registration deadline: 1/8

Retirement can present unexpected challenges, including outliving your savings, rising healthcare costs, and market volatility that may impact a long-term income plan. Many retirees underestimate the effects of inflation and taxes, which can quietly erode purchasing power over time. Our workshop will dive deeply into how these types of risk can create financial uncertainty and how, with a well-structured income plan and diversified sources of income, these unexpected "pitfalls" can be avoided. Presented by New Horizon Retirement Solutions.

Day	Date	Time
Wed	1/13	1–3 pm

Peace of Mind in Funeral Planning

FREE, but please register ahead of time.
Registration deadline: 2/11

A.J. Desmond & Sons is coming to discuss the value and benefits of planning a funeral in advance. They explain the process, things to think about, and how they will walk you through it.

Day	Date	Time
Tue	2/16	1–2 pm

Senior Learning Series at Stage Nature Center

The below classes take place at Stage Nature Center. Register for these classes and more on their website at *stagenaturecenter.org*.

Join us for an early afternoon of light refreshments and informative talks about a variety of topics, specifically designed with seniors in mind! Our staff of experts will answer your questions, show you live animals, and expose you to the many plants and animals both in our building and in the gardens outside. We'll cover a rotating cast of topics, with each presentation being a new and unique way for seniors to discover and engage with the natural world—right in their own community.

Meet a Live Owl

WEDNESDAY, JAN. 20 | 1–2:30 PM

- FEE: $10

From piercing large eyes to their secretive nocturnal ways, few creatures can inspire the kind of abject awe that owls do. We'll learn more about these nighttime hunters and the many unique adaptations that make them incredible at what they do, plus have an up close meet & greet with some of our live owls that call Stage home!

Maple Syruping

WEDNESDAY, MARCH 17 | 1–2:30 PM

- FEE: $10

Ever wondered how that sweet, brown, viscus liquid made it from the maple tree to your pancakes? Well, wonder no longer! Come explore the process every step of the way, and learn a little bit about how we make our own maple syrup here at the nature center. We'll even sample some of the real thing!

SAVE THE DATE

Visit our website to learn more about all of our upcoming Senior Learning Series events into the spring and summer!

- May 19: Birds in Your Backyard
- July 21: Reptiles & Amphibians

Find Resources & Assistance

Need to borrow a wheelchair?

Try the Hospital Equipment Loan Closet

Borrow wheelchairs, walkers, canes, crutches, toilet chairs and shower chairs for free. Available at Troy Community Center during admin hours. Please call 248.524.3484 to see if we are currently accepting donations or to check availability.

Feeling lost with Medicare or Medicaid? Open Enrollment is upon us!

Sign up for Medicare Counseling

Select Fridays, 10 am–1 pm FOTS

Are you new to Medicare or considering retirement? AgeWays provides unbiased help with the Medicare Medicaid Assistance Program (MMAP) by calling 800.803.7174. Appointments may be available at the Troy Community Center via the Friends of Troy Seniors at 248.526.2608.

Looking for an affordable hot meal?

Come to Congregate Hot Lunch

Mon–Fri, 11:45 am–12:30 pm, served by Western Oakland County Meals on Wheels. Ages 60 and over: $4. Under age 60: $7. When there is inclement weather, see if Congregate Hot Lunch is cancelled at *rec.troymi.gov.* Menus are available online at *rec.troymi.gov/seniors* or in person in the Senior Center and at the Troy Community Center front desk.

Want to check your blood pressure?

Stop into Monthly Blood Pressure Checks

We are finalizing details for 2027 Blood Pressure Screenings! Once final, we will include details in the Fifty Forward E-Newsletter. FREE

LOCATION: Troy Senior Center

Need help clearing your computer?

Free Computer Disc Erasure

3rd Wednesday of each Month, 10 am–12 pm. No Registration required, but you must sign in at the door. Takes place in the Troy Community Center Computer Lab.

Looking for food assistance?

Sign up for Focus Hope Food Boxes

Select Thursdays, 12:30–1:30 pm FOTS

Boxes of shelf stable food are distributed monthly to those in need. You must be 60 or older with a household monthly income of $1,995 or less ($2,705 or less for a two person household–both can receive food). Find the application at rec.troymi.gov/seniors or call 248.524.3484. Please leave a voicemail if necessary and staff will return your call. Must apply in advance. In case of poor weather, please check our website for any cancellations or make ups. ***Tentative Dates: 12/3, 1/28, 2/25, 3/25, 4/29, 5/27, 6/24, 7/29, 8/26, 9/23, 10/28.***

Need a handyman?

Contact SHARP: Home Repair

Senior Home Assistance Repair Program (SHARP) is available for Troy homeowners that are either seniors age 60 and over, physically challenged or active military personnel. Labor is provided free by volunteers and supplies are paid for by homeowners. Volunteers have a completed background check. Allow 2 weeks to hear from SHARP and call if you have questions about the follow-up on your job. Requests for outside work accepted April 1–October 15 only. Donations accepted by the Troy Community Foundation SHARP Troy Fund. Contact SHARP at 248.212.0059.

Need a ride to an appointment?

Call Troy R.Y.D.E.

Contact for reservation: 248.457.1100. Boundaries: North: Auburn Road including Barclay Circle; South: 12 Mile Road; East: Mound Road; West: Southfield Road, Adams Road. This is a free service.

Have a quick legal question?

Sign up for Ask an Attorney

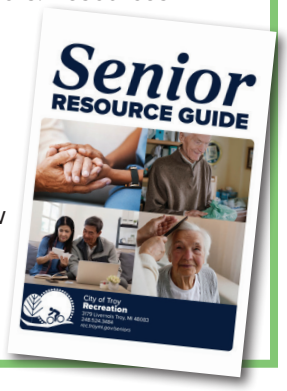
Dahlia Barkho of Barkho Law offers free 15-minute legal consultations on the 3rd Wednesday of each month from 10:30 am–12 pm. Appointments are required. ***These consultations are for educational purposes only and are not endorsed by the City of Troy.***

Day	Date	Time
Wed	12/16	10:30–10:45 am
Wed	12/16	10:50–11:05 am
Wed	12/16	11:10–11:25 am
Wed	12/16	11:30–11:45 am
Wed	2/17	10:30–10:45 am
Wed	2/17	10:50–11:05 am
Wed	2/17	11:10–11:25 am
Wed	2/17	11:30–11:45 am

Find Resources & Assistance

Senior Resource Guide

We have been working hard to compile a Senior Resource Guide with some local resources and information that can help Troy Seniors. Resources include: transportation, senior living, food assistance, household maintenance, homecare, LGBTQ resources, legal and financial services, and Veteran's assistance. This guide will be updated on a regular basis. It is available to view online or pick up a physical copy at the Troy Community Center front desk.



Interested in Volunteering?

FOTS

Get Involved with the Friends of Troy Seniors (FOTS)

FOTS is a part of the Troy Community Foundation, a non-profit organization. FOTS provides support and advocacy for senior programs and services for greater Troy residents age 50 and older. FOTS provides volunteers and monetary assistance to help support some of the Troy Recreation Department's Senior Programs. FOTS will have Membership Meetings on the following dates in the spring of 2026 at 1 pm: November 19 and January 21. Come to their Membership Meetings to learn more about upcoming volunteer opportunities, programs you won't want to miss, and more! For additional information, call 248.526.2608 or email ***fotstroy@gmail.com***. If you see the purple FOTS bubble in this Fifty Forward next to a program, that means FOTS is providing volunteers or monetary support for that program.

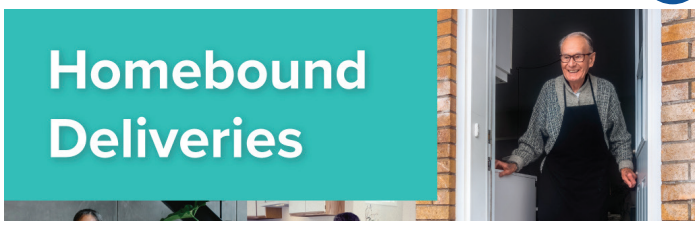
Helpful Programs & Resources at Troy Public Library

TPL

Special Collections & Kits

The library offers more than just books! Search the Library Catalog for the below items, or explore all available Special Collections and Kits at *troypl.org/special.*

- **Memory Care Kits:** Designed to trigger special memories of life experiences and encourage interaction between patients and caregivers.
- **Brain Boost Kit:** Each kit has an informative book about memory or brain health, an activity/game book with brainteasers and puzzles, and a physical puzzle/game to play.
- **Calling all vinyl fans:** Courtesy of the Troy Community Foundation, you can now listen to iconic favorites such as the Beatles, Queen, and Frank Sinatra on vinyl. Tell us what we should add to this new collection!



Homebound Deliveries

Do you want library materials, but you don't drive or can't get to the library? Are you homebound due to temporary illness or injury? We can bring the library to you! Call us at 248.524.3554 or visit *troypl.org/outreach* to learn more. Email *Outreach@troypl.org* for more information.

More Resources in Michigan

Visit *rec.troymi.gov/seniors* and click "Find Resources and Assistance" for more information on the below resources.

- **Western Oakland Meals on Wheels** | *mealsonwheelsmi.org,* 248.223.9160
- **AgeWays (Formerly AAA 1-B** | *ageways.org*
- **Michigan 2-1-1** | *mi211.org*
- **Oakland Livingston Human Service Agency (OLHSA)** | *olhsa.org*
- **Supplemental Nutritional Assistance Program (SNAP)** | *Email SNAP@NKFM.org*

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- Medicare Prescription Drug Plans



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Eric J. Zawicki, Licensed Insurance Agent

We do not offer every plan available in your area. Currently, for plan year 2026, we represent 9 organizations which offer 78 products in your area. Please contact www.medicare.gov or 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.

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BREAST SERVICES:
Breast Augmentation with Implants or Fat grafting
Breast Reconstruction (Implants, DIEP flaps, SIEA, TUG/PAP flap, nerve resensation, lumpectomy reconstruction)
Breast Lift • Breast Reduction

FACIAL PROCEDURES:
Face Lift/Neck Lift/Forehead Reduction
Eyelid Lift/ Brow Lift

NON-SURGICAL FACIAL REJUVENATION:
Neuromodulaters • Fillers
Lasers (CO2, RF Microneedling, IPL)
Regenerative Options

BODY REJUVENATION:
Tummy Tuck • Arm Lift, Upper Body Lift
Lower Body Lift • Thigh Lift
LipoSculpting/Liposuction

IN OFFICE PROCEDURES NOT REQUIRING GENERAL ANESTHESIA
Breast Augmentation • Neck Lift
Brow Lift • Upper and Lower Eyelid Lift
Deep Combo CO2 Lasers



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How to Register

WINTER 26/27 REGISTRATION DATES

Tuesday, Nov. 10 for Residents

Thursday, Nov. 12 for Non-Residents

Registration opens at 8 am online and in person.
You will not be able to register online prior to this date and time.

REGISTER ONLINE

NEW: *rec.troymi.gov/catalog*

To register online, create a new account with CivicRec**.** If you are a Fitness Member, your account may have been created for you. Still having trouble? Give us a call at 248.524.3484 or stop in during admin hours.

REGISTER IN PERSON

Mon–Fri, 8 am–5 pm
Extended hours at bottom of page

Register in person at Troy Community Center anytime during the above hours. Register at the Front Desk, located just inside the south entrance. You can create your Household account, too. Proof of residency required for resident rates.

MAIL IN REGISTRATION

Mail to: Troy Recreation,
3179 Livernois, Troy, MI 48083

Mail a completed registration form and check made out to "City of Troy" to the above address. Download and print a registration form at *rec.troymi.gov/welcome.* **Mail-in registration does not guarantee priority registration.**

WE CANNOT TAKE REGISTRATION OVER THE PHONE.

Have you joined CivicRec?

We have a new registration system! All recreation registration is moved to CivicRec at *rec.troymi.gov/catalog*. If you haven't visited us in awhile, you may need to create a new account.

REGISTRATION POLICIES

- **Past due balances must be paid in full before you can register for additional programs.**
- **Falsification of Information:** Participants falsifying information will be dismissed from the program and no refund granted.
- You can only register for family members permanently living in your household.
- Please make sure your email is correct in our system. We will email confirmation receipts to you when you register online or by mail (make sure to check your junk mail if you do not receive the receipt within 3–5 business days). You can update your account online or contact the Recreation Department by phone or email anytime.

REFUNDS/CANCELLATIONS

Programs will be cancelled three business days prior to the start date if enrollment is insufficient or for unforeseen circumstances (weather, instructor illness, etc), unless otherwise noted. You will be contacted by email and receive a full refund in these scenarios. **Please make sure your email on file is up to date.**

The following applies to all programs unless otherwise noted:

- All refunds will be assessed a **$10 administrative fee per person, per activity.**
- Refunds will only be granted if requested **at least five business days** prior to the start of class, activity, or camp.
- All refunds/transfers requested after the five-day period must be accompanied by a doctor's note.
- Refunds are issued to head of household of the person registered for the class.
- Refunds will be returned in the form of the original payment. Credit card refunds are processed in 3–5 business days. Cash or check refunds take 6–8 weeks to process and will be sent to the head of household's address on file.
- We do not process refunds if the amount due after the administrative fee and prorated amount is less than $10.
- The 3% convenience fee charged to call credit card purchases does not go to the City, so it is not refundable.

Still having trouble?

Call the Recreation Department Monday–Friday, 8 am–5 pm, at 248.524.3484. Email us at *parksandreconline@troymi.gov* or leave a voicemail during our off hours.

ADMINISTRATIVE OFFICE HOURS

Mon–Fri | 8 am–5 pm
Sat–Sun | Closed
Extended hours: 11/10, 8 am–6 pm
CLOSED: 11/26, 11/27, 12/24, 12/25, 12/31, 1/1, 1/18

Get in touch with Troy Recreation!

Call: 248.524.3484 | Email: *senior@troymi.gov*
3179 Livernois, Troy, MI 48083
rec.troymi.gov/seniors



ANNUAL SENIOR SURVEY

Take our 10-minute survey to provide your thoughts, feedback, and suggestions on the Senior Center and Senior Programs provided through the Recreation Department. **Survey closes on Dec. 10.** Find the survey by scanning the QR code below or visiting: ***surveymonkey.com/r/troyseniorsurvey2026***

Hard copies can be picked up and turned in at the Recreation Front Desk or the Friends of Troy Seniors Office. Your thoughts are important when shaping programming for 2027!

NEW: Get a Mailed Copy of the Fifty Forward!

FEE: $16 for 4 issues

DEADLINE FOR SPRING: Monday, Jan. 25



You can now register to receive a mailed copy of the Fifty Forward Newsletter each season. **Register by Jan. 25 to receive mailed newsletters beginning Spring 2027** through Winter 27/28. The cost to receive a mailed newsletter for the whole year is $16. For those that miss registering by the mailing deadline, costs will be prorated for the remainder of the year.

HOW TO REGISTER ONLINE: Search for "Fifty Forward Mailed Subscription" when registering for programs, pay the fee, and expect your newsletter to be mailed the week before registration begins for a given season.