







#### **GENERAL INFORMATION**

1985 Baird Rd. • Penfield, NY 14526

(585) 340-8655

www.penfieldrec.org • recreation@penfield.org

**Office Hours:** 

Monday - Friday 8:30am - 9:00pm Saturday & Sunday 8:00am - 3:00pm

#### **PENFIELD TOWN BOARD**

Jeff Leenhouts	Supervisor
Kevin Berry	Councilman
Candace Lee	Councilwoman
Bob Ockenden	Councilman
Linda Teglash	Councilwoman

#### **PENFIELD TOWN CLERK**

Amy Steklof

#### **RECREATION STAFF**

Andrew Urckfitz	Recreation Director
Pam Gerace	Sr. Recreation Supervisor
Sabrina Renner	Recreation Supervisor
Joel Freeman	Recreation Assistant
Paula Colombo	Clerk
Anne Coller	Clerk
Nicole Friberg	Clerk

#### **PARKS, FACILITIES & SECURITY STAFF**

Tim Masterton	Parks Foreman
Jim Kreckman	Facilities Foreman
Trevor Bailey	. Evening Facilities & Security Foreman
Steve Campione	Security Supervisor

# PARKS & RECREATION ADVISORY COMMITTEE

Michael Allen	Julie Henrichs	Steve Van Hall
Bob Ansaldi	Don Hoyler	
Ben Evenhouse	Bill Lutomski	

This catalog represents what we hope to offer this season; however, all programs within are subject to change or cancellation.

For the most current information, please be sure to visit www.penfieldrec.org often and follow us on Facebook/PenfieldRecreation. We will also keep you up-to-date via our e-newsletter; please subscribe on our website. Be Active + Be Well!

# Contact Us!

DEPARTMENT	PHONE (585)
Animal Control	340-8616
Assessor	340-8610
Building	340-8636
<b>Business Development</b>	340-8642
Code Enforcement	340-8636
Communications	340-8647
Community TV	340-8661
Engineering	340-8681
Facilities	340-8690
Facilities & Security After Hours	340-8618
Finance	340-8620
Fire Marshal	340-8643
GIS	340-8681
Historian	340-8740
History Room	340-8740
Human Resources	340-8671
Library	340-8720
Parks Department	340-8710
Planning	340-8640
Public Works (DPW)	340-8710
Recreation	340-8655
Security	340-8618
Sewer Department	340-8710
Sewer Department - After Hours	340-8653
Tax Receiver	340-8625/340-8626
Town Clerk Office	340-8629
Town Court & Justice	340-8623
Town Supervisor's Office	340-8630
Website Services	340-8661
Zoning	340-8636

#### Supervisor's Message



Penfield community,

I know many of us are dreaming of warmer weather, me included. Well, it's almost here, and so is our summer event season.

If you have lived in Penfield over the years, you know we have planned a busy summer season that is headlined by our annual Independence Day

Celebration happening on Saturday, June 28. We had to adjust our schedule due to bad weather last year, so let's hope for better weather this year.

Our annual summer concert series will get rolling in June, and we are looking to host a few new events for you to enjoy as well. Stay tuned to our website, www.penfield.org, for the latest updates. You can also give us a call at (585) 340-8630 if you have questions.

Along with a jam-packed event season, warmer weather also allows us to work on improvement projects that slow down in the winter months. We have several projects in the works that offer something for everyone in our community to enjoy.

#### **Alpheus Clark House**

A project I am excited about is Alpheus Clark House. The original house, which was built in 1832 and designated a local landmark in 1986, will be rehabbed. The remainder of the current structure will be removed, making way for the construction of a new event space totaling about 5,800 square feet for the community to rent. It will also have exterior-accessed public restrooms for Shadow Pines visitors.

This project has involved years of planning and discussion, so I am happy to see it get started. This plan honors the historic house's rich history and creates new opportunities for our community by adding a top-notch event space.

You will see work beginning this spring with a targeted completion date of fall 2026.

#### Philbrick Park footbridge replacement

Philbrick Park offers some of the most scenic sites in Penfield, such as the trails along Irondequoit Creek. To ensure our community can continue enjoying this area safely, we are replacing the aging wooden walkways along the creek with a modern, single-bridge structure.

The trail connection between the Town of Penfield and the Town of Perinton is closed during work. I know many of you use this area regularly, so I appreciate your cooperation as we work to make the space safer and more accessible. We expect this project to be completed by the fall.

#### Other projects

We are continuing ahead with plans to add roughly 15,000 linear feet of new sidewalks around Town. This work is concentrated in the northeast section of our community, including along Five Mile Line and Plank Roads, and will greatly improve connectivity to Rothfuss Park and Veterans Memorial Park. You'll see work getting back underway as soon as warmer weather arrives. I want to thank Monroe County for partnering with us on this program to provide much-needed funding.

We're also in the planning process for the construction of a restroom facility with an attached open-air pavilion at LaSalle's Landing Park along the Irondequoit Bay waterfront. We hope to break ground in early 2026 on this grant-funded project.

As always, please do not hesitate to reach out with any questions. See you around this summer.

Jeff Leenhouts

# 2025 SATURDAY BRUSH DROP-OFF DATES

SATURDAY, MAY 10
SATURDAY, JULY 12
SATURDAY, SEPTEMBER 27
SATURDAY, JUNE 14

SATURDAY, AUGUST 9
SATURDAY OCTOBER 18
SATUERDAY, NOVEMBER 8

ALL EVENTS WILL TAKE PLACE AT 2143 GLORIDA DRIVE FROM 7:30AM TO 3PM

\*ONLY BRANCHES AND SHRUBS ACCEPTED

For the latest information, including scheduling updates, please monitor www.penfield.org.







## **MONDAY, MAY 26, 2025**

\* \* \* 10:30AM \* \* \*

PENFIELD AMPHITHEATER AT VETERANS MEMORIAL PARK

**SPEAKER:** Jim Stampfer, Veteran and Program Manager at NUCOR House



# DOGS DAY OUT

## Saturday, August 2

11:00AM-2:00PM Harris Whalen Park

Games, pet vendors, giveaways, and more! Dogs-bring your human, your favorite ball, and a picnic and hang out in the park!



# Rothfuss Park Farm Walk



#### **HEY KIDS!**

Here's something just for you!

This farm walk is one way to learn about the tools, animals and crops that were once the life of this former farm.

Pick up a Farm Walk map at the box near the lower playground and follow the instructions. Complete all three walk themes and bring your map to Penfield Recreation for a "I Walked the Rothfuss Farm" t-shirt.

The program runs June, July, and August. A new theme will start around the beginning of each month.



#### PENFIELD AMPHITHEATER EVENTS & CONCERTS

Penfield Amphitheater and Kiwanis Stage is located behind Penfield Town Hall, 3100 Atlantic Avenue

# CONCERT Chedule

All CONCERTS TUESDAY NIGHTS 6:30 - 8:00pm

Penfield Town Hot Dog Cart at all concerts and Smoothies Plus Food Truck at all Kids/Family Concerts

JUNE 10: BURNIN SKY

JUNE 17: PENFIELD BIG BAND

JUNE 24: MIKE KORNRICH

(KIDS/FAMILY)\*

JULY 1: PENFIELD POPS BAND

JULY 8: 198TH ARMY BAND

JULY 15: ISAAC COLE BAND

JULY 22: HAPPY PIRATES (KIDS/FAMILY)\*

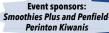
JULY 29: JUMBO SHRIMP

**AUGUST 5:** FRANK'S RAT PACK

**AUGUST 12:** EAGLEZ TRIBUTE BAND

**AUGUST 19:** MISTERGREENE

(KIDS/FAMILY)\*







# PENFIELD FOOD TRUCK & MUSIC FEST FRIDAY, JUNE 6 • 4:30-8:00PM

**VARIETY OF PENFIELD SCHOOL GROUP PERFORMANCES AND FOOD TRUCKS!** 



# PENFIELD UNITED PET SUPPORT

Nourishing Pets, Supporting Families



penfieldunitedpetsupport.org pups.petfoodpantry@gmail.com

Currently accepting dog and cat food and supply donations for local pet families and rescue organizations.







# **Penfield Ambulance** Training



#### We Offer the Following Training Opportunities:

CPR/AED First Aid/Stop the Bleed • Advanced Cardiovascular Life Support (ACLS) Blood Borne Pathogens • Opioid Overdose Prevention



Private classes available • On-site training at your location Looking for other types of training? Give us a call!



Register: PenfieldAmbulance.eventbrite.com

For more information: PenfieldAmbulanceTraining.org

Follow us: facebook.com/PenfieldAmbulance



SITE

Penfield Ambulance Headquarters: 1585 Jackson Rd, Penfield, NY 14526 585-872-6060, Ext. 4

Penfield and Webster residents are eligible for free/discounted training

Volunteer and Career Opportunitiers Available! Visit us at PenfieldAmbulance.org

#### HILLRISE EQUESTRIAN CENTER INC

# PROGRA

Learn how to groom and care for horses with a daily riding lesson at Hillrise Equestrian Center with certified instructors. Students have daily demonstrations on nutrition, first aid and horse training along with other summer activities.



#### **JULY 14 - 18 AUGUST 4 - 8**

9am to 3pm | \$425

\*\*Extended Hours are Available\*\* 8am to 5pm | \$495 Age 6 - 16

A \$100 non-refundable deposit is required at sign-up for each time slot.

Fully insured and certified instructors with 30+ years experience. All instructors are first aid and cpr certified.



Please bring a lunch, water bottle and a snack. Sneakers and shorts are allowed when a camper is not riding. All students need to wear a boot with a 1/2" heel and long pants when riding





# SUMMER FOOD FOR KIDS



## You Can Help By Donating:

canned pasta, ramen noodles, cheese/peanut butter crackers, instant oatmeal packets, canned chicken, and mayonnaise and jelly (in plastic jars) Drop off your food donations in the chute at the side of the Food Shelf by June 10, or call 234-0799 for large donations.

1618 JACKSON ROAD, PENFIELD, NY 14526 • 585-234-0799
PENFIELDECUMENICALFOODSHELF.COM • PENFIELDFOODSHELF@GMAIL.COM
FACEBOOK.COM/PENFIELDECUMENICALFOODSHELF • UNITED WAY#3331



**1975** Baird Road | Penfield | New York **14526** 585-381-4725



More than a century ago, the original trustees of Oakwood Cemetery envisioned this burial ground becoming "One of the finest country cemeteries in Western New York." Over the years we have worked hard to fulfill that vision.





FOOD TRUCKS



KID ZONE



MUSIC, RAFFLE & MORE!

BRING A LAWN
CHAIR, RELAX,
ENJOY FOOD &
MUSIC; BUT MOST
IMPORTANTLY,
SUPPORT LOCAL
PENFIELD BUSINESSES!

PENFIELD BUSINESS CHAMBER PROUDLY PRESENTS THE

5 TH ANNUAL

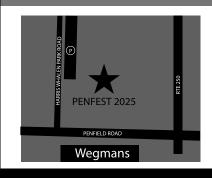
# PENFEST

12025

FRIDAY MAY 30TH 4-8 PM

WE ARE EXCITED TO HOST OUR 5TH PENFEST IN A NEW LOCATION TO ACCOMODATE MORE PEOPLE.

COME OUT AND SUPPORT THE CHAMBER!



HARRIS WHALEN PARK 2126 PENFIELD ROAD PENFIELD, NY 14526

CONTACT US ABOUT THE VARIOUS LEVELS OF SPONSORSHIP AND VENDOR SPACE OPPORTUNITES:

WWW.PENFIELDBUSINESS.ORG | INFO@PENFIELDBUSINESS.ORG | 585.362.0289

# ROCHESTER CHRISTIAN SCHOOL

"Partnering with parents to develop a child's head, heart and hands for Jesus Christ through God's Word and academic excellence."

EARLY CHILDHOOD - ELEMENTARY - MIDDLE SCHOOL

WWW.ROCHESTERCHRISTIANSCHOOL.ORG 260 EMBURY RD., ROCHESTER, NY 14625 (585) 671-4910



SCHEDULE A
PRIVATE
TOUR TODAY



#### Youth Dance/Youth Drama

## YOUTH DANCE

**Princess Camp** 

Act #	Day	Date	Time	Fee
302833-01	Mon-Wed	Jul 7-9	9:30-10:45AM	\$75
302833-02	Mon-Wed	Aug 4-6	9:30-10:45AM	\$75
Ages 3-9		-	Harris Whale	n Lodge

Your little ballerina will experience the enchanting world of a Fairytale Princess. The magical days will include dancing to princess music, making a princess craft, hearing a princess story, and emphasizing qualities that make a real princess so special. Costumes can be worn to camp. Different princess themes each camp.

**Dance Camp** 

Act #	Day	Date	Time	Fee
302835-01	Sat	Jul 12-26	9:30-10:45AM	\$75
Ages 5-14			Penfield Communit	ty Center

Students will improve on or learn and explore all traditional dance styles including ballet, tap, jazz, hip hop, and tumbling. Dance shoes suggested, but not required. Please dress appropriately for dance and tumbling.

# YOUTH DRAMA

#### **Summer Theater Camps**

Edward Rocha, Bravo! Creative Arts

This program provides focused acting, singing, movement/dance and technical theatre training all within the rehearsal process. Perfect for children who love theatre or have a desire to see what it's all about! Campers will also be focusing on creating sets, props, and costumes.

- Campers staying the full day will need a packed lunch, filled water bottle, and two snacks each day.
- Campers staying for a half day will need a water bottle, and one snack each day.
- Campers should wear comfortable clothing and shoes that permit movement and dancing.

Location: Center Park West Amphitheatre Performance Location: Perinton Community Center

**Taylor Swift Camp** 

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Act #	Day	Date	Time	Fee
Grades K-3				
316222-01	Mon-Fri	Jun 30-Jul 3	9:00-11:30AM	\$100
316222-02	Mon-Fri	Jun 30-Jul 3	8:30AM-4:30PM	\$180
Performance	on 7/3 at 1	1:30AM		
<b>Grades 3-8</b>				
316222-03	Mon-Fri	Jun 30-Jul 3	9:00AM-3:30PM	\$200
316222-04	Mon-Fri	Jun 30-Jul 3	8:30AM-4:30PM	\$280
Performance	on 7/3 at 5	5:00PM		

**Once Upon a Time** 

Act #	Day	Date	Time	Fee
Grades K-3				
316223-01	Mon-Fri	Jul 7-18	9:00-11:30AM	\$200
316223-02	Mon-Fri	Jul 7-18	8:30AM-4:30PM	\$380
Performance	on 7/18 at	11:30AM		

**Into the Woods** 

Act #	Day	Date	Time	Fee
Grades 3-8				
316224-01	Mon-Fri	Jul 7-18	9:00AM-3:30PM	\$350
316224-02	Mon-Fri	Jul 7-18	8:30AM-4:30PM	\$480
Performance	on 7/18 at	5:00PM		

**Disney's Frozen Kids** 

Act #	Day	Date	Time	Fee
Grades K-3				
316225-01	Mon-Fri	Jul 21-Aug 1	9:00-11:30AM	\$200
316225-02	Mon-Fri	Jul 21-Aug 1	8:30AM-4:30PM	\$380
Performance	on 8/1 at 1	1.30AM		

Disnev's Frozen Jr.

Act #	Day	Date	Time	Fee
Grades 3-8				
316226-01	Mon-Fri	Jul 21- Aug 1	9:00AM-3:30PM	\$350
316226-02	Mon-Fri	Jul 21- Aug 1	8:30AM-4:30PM	\$480
Performance				,

**Under the Sea** 

Act #	Day	Date	Time	Fee
Grades K-3				
316227-01	Mon-Fri	Aug 4-15	9:00-11:30AM	\$200
316227-02	Mon-Fri	Aug 4-15	8:30AM-4:30PM	\$380
Performance	on 8/15 at	11:30AM		

**Little Mermaid** 

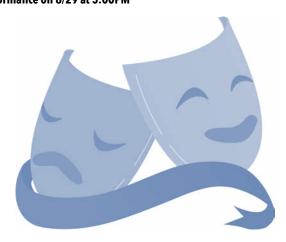
Act #	Day	Date	Time	Fee
Grades 3-8				
316228-01	Mon-Fri	Aug 4-15	9:00AM-3:30PM	\$350
316228-02	Mon-Fri	Aug 4-15	8:30AM-4:30PM	\$480
Darformanco	on 8/15 at	5.00DM		

**Disney's Alice in Wonderland Kids** 

Act #	Day	Date	Time	Fee
Grades K-3				
316229-01	Mon-Fri	Aug 18-29	9:00-11:30AM	\$200
316229-02	Mon-Fri	Aug 18-29	8:30AM-4:30PM	\$380
Performance	on 8/20 at	11.30AM		

**Disney's Alice in Wonderland** 

Act #	Day	Date	Time	Fee
Grades 3-8				
316230-01	Mon-Fri	Aug 18-29	9:00AM-3:30PM	\$350
316230-02	Mon-Fri	Aug 18-29	8:30AM-4:30PM	\$480
Darfarmanca	on 9/20 at	E-OODM		



#### Youth Education/Youth Fitness/Youth Music

# YOUTH EDUCATION

#### **Red Cross Babysitting**

Domenic Danesi, Ready to Respond Training

Act #	Day	Date	Time	Fee
316610-01	Sat	Jun 21	9:00AM-2:30PM	\$110
316610-02	Sat	Jul 19	9:00AM-2:30PM	\$110
Ages 11-15			Penfield Communit	y Center

This course is designed to provide youth, who are planning to babysit, with the knowledge and skills necessary to care for children and infants safely and responsibly. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe, and help children behave. Through hands-on practice, the successful candidate will receive certification as an American Red Cross babysitter (certificate will be emailed). *Bag lunches are encouraged*. Questions - please call Domenic at 281-4208.

#### **Safety First for Children**

Domenic Danesi, Ready to Respond Training

Act #	Day	Date	Time	Fee
316611-01	Sat	Jun 21	3:00-4:30PM	\$45
316611-02	Sat	Jul 19	3:00-4:30PM	\$45
Ages 7-13			Penfield Communi	ty Center

This course will teach students how to answer the door, make a 911 call, fire safety, house rules, stranger danger, internet safety, and some basic first aid. The program includes take-home reference information for the children. *Bring a snack*. Questions - please call Domenic at 281-4208.

#### **Basic First Aid for Kids**

Domenic Danesi, Ready to Respond Training

Act #	Day	Date	Time	Fee
316612-01	Sat	Jun 21	4:30-6:00PM	\$45
316612-02	Sat	Jul 19	4:30-6:00PM	\$45
Ages 7-13			Penfield Commun	ity Center

Each student will learn basic safety skills such as putting on and taking off gloves, stopping bleeding, how to help someone who is choking, slings and much more. Each student will get a certificate and a basic first aid kit.

#### **Preschool Adventures**

Sherry Murray

Act #	Day	Date	Time	Fee
312412-01	Fri	May 30-Jun 20	10:00-11:00AM	\$58
Ages 2-6 (with adult)			Penfield Community (	Center

This class is a stress-free introduction to preschool. We will have a story, large motor activity, and 6-7 stations with art projects and creative activities. We will practice listening, taking turns, and using classroom materials responsively as well as identifying shapes, colors, and numbers. Each week will have a new theme. www.preschooladventuresroc.weebly.com

# REGISTER ONLINE

using our secure registration system!
See details on page 55

# Youth Magic, Balloon Twisting & Duct Tape Magic Wallet Camp 2025

Rich The Magic Man

Act #	Day	Date	Time	Fee
319621-01	Mon-Thu	Jul 7-10	1:00-2:30PM	\$100
Ages 5-14			Penfield Amp	hitheater

Join Rich The Magic Man, Rochester's Busiest Magician, for the most unique summer camp in the world. Learn the secrets of magic and fool your friends and family. You will also learn how to twist balloons and make dogs, dolphins, elephants, light savers, hats, and more. The campers will get to keep all the magic and all the balloon creations and a duct tape wallet. The camp will build your child's confidence, self-esteem and motor skills, and, of course, they'll have fun.

# YOUTH FITNESS

**Kick-off Summer Kids Yoga Camp** 

Act #	Day	Date	Time	Fee
302834-01	Fri	Jun 27	10:00-11:15AM	\$75
Ages 5-14			Penfield Communit	y Center

Our kick-off summer yoga camp includes active yoga practice, partner and team activities, as well as incorporating mindfulness and relaxation techniques including journaling and art.

# YOUTH MUSIC

#### **Summer String Orchestra**

Shana Stewart

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Act #	Day	Date	Time	Fee
315612-01	Wed	Jun 25-Aug 20	6:30-7:30PM	\$132
All ages		-	Penfield Commun	itv Center

Violin, Viola, Cello, Bass, Harp, and Guitar welcome! All ages and all levels welcome! Please bring your instrument and your excitement on Wednesday evenings this summer as we work to put together a wonderful concert program for our friends and family. Everyone is welcome to join in the fun, and accommodations will be made available for students with no prior ensemble experience. Many genres of music will be explored including Classical, Pop, Fiddle/Traditional, and more!

#### **Summer String Group Class - Multi-Level**

Shana Stewart

Act #	Day	Date	Time	Fee
315613-01	Wed	Jun 25-Aug 20	5:30-6:30PM	\$132
All ages			Penfield Commu	nity Center

All ages welcome! Violin, Viola, and Cello students with experience through Suzuki Book 2 or its equivalent. Keep your string skills strong through the summer! Students will continue their technical development through creative play and improvisation, as well as learning valuable practice strategies through current and new repertoire. Students will perform for family and friends at the final class. Music will be provided.





# YOUTH NATURE



# ColorPenfieldGreen.org

#### ove the Earth with Food & Pollinators

Color Penfield Green

Act #	Day	Date	Time	Fee
334310-01	Wed	Jul 16	9:00AM-12:00PM	Free
Grade 1-6 (fall '25)			Penfield Community	Center

We'll look at the role the foods we eat play in taking care of the Earth. We'll create a dish together using locally grown foods. Children will help prepare and taste the food created. We'll also use the native gardens outside the community center to learn more about bees and other pollinators and observe them in action. Games, crafts, and a nature walk will be part of this class as well. Dress for the weather!

#### **Children's Garden Club**

**Dorothy Brenneis** 

Act #	Day	Date	Time	Fee
318015-01	Tue	Jul 1-Aug 19	10:00-11:30AM	\$45
(no class 7/2	9)			
318015-02	Wed	Jul 2-Aug 20	10:00-11:30AM	\$45
(no class 7/3	0)	_		
Ages 5-12	Ages 5-12 Penfield Children's Garde			

Join us this summer to help grow our organic Children's Garden! Perfect for kids who love dirt, plants, and all things nature. This hands-on class will have young gardeners planting, harvesting, and exploring every aspect of caring for a garden. The class meets rain or shine, except in cases of thunder or lightning. Instructor Dot Brenneis is a certified NYS elementary science educator and NYS Master Teacher. What to bring: a water bottle, garden gloves (if you have them), sturdy, closed-toe shoes (no flip-flops, Crocs, or sandals). Come dig in and grow with us!

Penfield Children's Garden is located at Penfield Community Garden, 1748 Five Mile Line Rd. There are no restrooms on the premises.

#### **Teen Garden Squad**



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Dolothy Dich	bolotily biclines					
Act #	Day	Date	Time	Fee		
318014-01	Wed	Jul 9, 23,	1:00-2:00PM	\$25		

#### Ages 13-16

#### **Penfield Community Victory Garden**

Did your teen love the Children's Garden classes and want to continue their gardening journey? Or have they recently developed an interest in growing their own food? If so, this class is perfect for them!

The Teen Garden Squad will develop a variety of garden skills, including planting, weeding, native plant restoration, and cut flower gardening. Dot Brenneis is a certified NYS elementary science educator and NYS Master Teacher. What to bring: a water bottle, garden gloves (if you have them), sturdy, closed-toe shoes (no flipflops, Crocs, or sandals). Note: Phone use during class is for plant identification only. Join us and dig deeper into the world of gardening!

Penfield Children's Garden is located at Penfield Community Garden, 1748 Five Mile Line Rd. There are no restrooms on the premises.

# YOUTH SCIENCE & TECHNOLOGY

#### FIRST® Robotics LEGO® League Camp

Penfield High School FIRST® Robotics Team

Act #	Day	Date	Time	Fee
312080-01	Fri	Jul 18	10:00AM-2:00PM	\$40
312080-02	Fri	Aug 8	10:00AM-2:00PM	\$40
Ages 9-13		_	Penfield High	School

Students will learn about FIRST® LEGO® League, basic programming, and mechanical techniques using LEGO® SPIKE kits. Instructions and materials will be provided through the Penfield High School FIRST® Robotics Team. Pizza lunch will be provided. Students with special dietary needs are encouraged to bring alternative lunch and/or snack. All students should bring water bottles. (Note: each camp is the same; please only attend one so everyone has a

Penfield High School is located at 25 High School Drive.



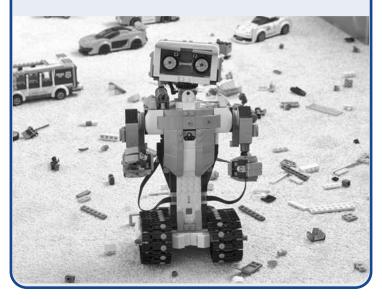
#### Summer Circuits Camp - Cosmobotic Chaos

Brooklyn Robot Foundry Rochester

brooklyn Robot Foundry Rothester						
Act #	Day	Date	Time	Fee		
312081-01	Mon-Fri	Aug 25-29	9:00AM-3:00PM	\$375		
Ages 6-12			Harris Whale	n Lodge		

Blast off into a week of Cosmobotic Chaos, where creativity goes to infinity and beyond! Students will get to explore the far-out terrain of their imaginations while building robots that are simply out of this world! From building to crafting to play, everything about these days will be a meteoric marvel and the cosmic fun will be astronomical.

Harris Whalen Lodge is located at 2126 Penfield Rd.



# YOUTH SPORTS & RECREATION

#### **Climbing Club at RocVentures**

RocVentures staff						
Act #	Day	Date	Time	Fee		
312337-01	Sat	Jun 7-28	11:00AM-12:00PM	\$143		
312337-02	Sun	Jun 8-29	11:00AM-12:00PM	\$143		
312337-03	Sat	Jul 5-26	11:00AM-12:00PM	\$143		
312337-04	Sun	Jul 6-27	11:00AM-12:00PM	\$143		
312337-05	Sat	Aug 2-23	11:00AM-12:00PM	\$143		
312337-06	Sun	Aug 3-24	11:00AM-12:00PM	\$143		
Ages 6-12 RocVentures, 1044 University Avenue						

Whether your child is new to climbing or already experienced, our Youth Clubs focus on fun, friendship, and personal growth through climbing. Our experienced staff provides ongoing instruction, including warm-ups and stretching to keep everyone energized and ready to climb. No climbing experience is necessary, make-ups are available for missed days on a case-by-case basis, parents may drop off or stay and spectate.

#### **Kids & Teens Karate**

Master	Chric	Chaca
WASTER	L Nris	unase

Master Citis	Ciidse			
Act#	Day	Date	Time	Fee
Ages 5-8	-			
315011-11	Mon/Wed	Jun 2-Jul 9	5:45-6:15PM	\$99
315011-21	Mon/Wed	Jul 21-Aug 27	5:45-6:15PM	\$99
Ages 8-12				
315011-12	Mon/Wed	Jun 2-Jul 9	6:15-7:00PM	\$99
315011-22	Mon/Wed	Jul 21-Aug 27	6:15-7:00PM	\$99
Ages 13+				
315011-13	Mon/Wed	Jun 2-Jul 9	7:00-8:00PM	\$99
315011-23	Mon/Wed	Jul 21-Aug 27	7:00-8:00PM	\$99
		•	Chase Karate	Academy

Unlock your child's potential with our dynamic Kids Introductory Karate Class! Designed for young warriors, this engaging program blends skill-building with fun, teaching fundamental karate techniques in a supportive environment. At Chase Karate Academy our experienced instructors instill discipline, confidence, and respect while incorporating exciting games. Watch as your child develops not just physical strength, but also valuable life skills. Enroll now for a journey of empowerment and martial arts mastery! All students receive a complementary uniform on their first class!

Chase Karate Academy is located at 1671 Penfield Rd.

#### Lil' Future Athletes

Lisa Magliato

Act #	Day	Date	Time	Fee
305432-01	Mon-Thu	Aug 11-14	10:30-11:15AM	\$75
305432-02	Mon-Thu	Aug 18-21	10:30-11:15AM	\$75
Ages 3-4		-	Veteran's Memoi	rial Park

Lil'Future Athletes for 3-4 year-olds is a positive and fun introduction to sports of all sorts. All games (tennis, soccer, basketball, and hockey) and activities promote the development of gross motor skills and encourage peer interaction in a safe and non-competitive environment. Come join the fun! This is not a parent participation class. Please bring water and wear sneakers. Rain date on Fridays.

Veteran's Memorial Park is located at 3100 Atlantic Ave. in Penfield with the Tennis/Basketball courts located behind Penfield Town Hall by Dolomite Lodge. Playground is available during class for siblings.

#### Lil' Athletes

Lisa Magliato

Act #	Day	Date	Time	Fee
305433-01	Mon-Thu	Aug 11-14	9:30-10:15AM	\$75
305433-02	Mon-Thu	Aug 18-21	9:30-10:15AM	\$75
Ages 5-6			Veteran's Memo	rial Park

Lil' Athletes for 5–6 year-olds will nurture a love and enjoyment of physical activity. We will get moving in a structured format with a wide variety of sports that build coordination, balance, and confidence. Activities include tennis, soccer, basketball, and hockey in a safe and non-competitive environment. Come join the fun! This is not a parent participation class. Please bring water and wear sneakers. Rain date on Fridays.

Veteran's Memorial Park is located at 3100 Atlantic Ave. in Penfield with the Tennis/Basketball courts located behind Penfield Town Hall by the Dolomite Lodge. Playground is available during class for siblings.

#### **Introducing the Soccer Ball**

Coach Jose & assistants

Act #	Day	Date	Time	Fee
318060-01	Mon-Fri	Jul 14-18	10:00-10:45AM	\$40
Ages 4-5			Rothfo	uss Park

Introduction to basic skills for girls and boys ages four and five. Each class is programmed for fun! Fee includes t-shirt. \*If weather is bad or appears threatening, please check our website after 8:30AM for possible cancellation.

Rothfuss Park is located at 1648 Five Mile Line Rd.

#### **Soccer for Fives**

Coach Jose & assistants

	assistants				
Act #	Day	Date	Time	Fee	
318062-01	Mon-Fri	Jul 28-Aug 1	6:00-6:45PM	\$40	
Age 5 or star	ting Kinde	rgarten	Rothfuss Park		

This program is designed to provide young children with a positive opportunity to learn, enjoy, and participate in the sport. Children will be introduced to basic skills for the five-year-old with an emphasis on fun. Games and activities will be used to teach soccer skills. Includes t-shirt and socks. Shin guards required.

Rothfuss Park is located at 1648 Five Mile Line Rd.





#### **Soccer Shots**

Soccer Shots of Rochester instructors

Act #	Day	Date	Time	Fee
MINI - Age 2	(1 paren	t required to partici	ipate)	
308560-01	Mon	Jun 23-Aug 18	4:40-5:10PM	\$150
CLASSIC - Ago	es 3-4			
308560-02	Mon	Jun 23-Aug 18	5:15-6:00PM	\$150
308560-03	Mon	Jun 23-Aug 18	6:05-6:50PM	\$150
PREMIER - Ag	<u>ies 5-7</u>	_		
308560-04	Mon	Jun 23-Aug 18	5:15-6:00PM	\$150
308560-05	Mon	Jun 23-Aug 18	6:05-6:50PM	\$150
		•		Pothfuss Park

Soccer Shots is a high energy & exciting soccer program tailored for children aged 2-8. Guided by three separate age-appropriate curricula that align with early childhood education standards, our dedicated coaches use creative games to teach essential soccer skills like dribbling, passing, and shooting. Not only do we focus on soccer skills, but we also emphasize the development of balance, coordination, and agility. Each session, we highlight positive character traits such as respect, teamwork, and appreciation. Soccer Shots has been the trusted choice for families in the Rochester area for over 10 years. As a locally owned and operated business, we are committed to providing top-quality soccer programs for your children. We look forward to serving you!

**Soccer Shots Mini** is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. \*This program requires one parent to participate with each child.

**Soccer Shots Classic** utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.

**Soccer Shots Premier** focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

#### **Mighty Gaga Masters**

Mary Slaughter

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Act #	Day	Date	Time	Fee
318053-01	Wed-Fri	Jun 25-27	4:00-4:40PM	\$49
(Rain date: 7	/3)			
Ages 41/2-8			Penfield Commun	itv Center

It's parkour-fun meets Gaga-pit games to improve coordination, agility and have fun learning new techniques! Running and jumping challenges just right for all skill levels! Register for Mighty Gaga Masters and stay with Coach for some free time between classes! Bring a water bottle for these outdoor classes. Rain date if needed.

#### **Mighty Triathletes**

Mary Slaughter

Act #	Day	Date	Time	Fee			
318054-01	Wed-Fri	Jun 25-27	4:45-5:30PM	\$49			
(Rain date: 7/3)							
Ages 41/2-9			Penfield Communi	ty Center			

Empowerment and confidence start here! Mighty Triathletes combines running with some of your favorite sports to focus on improving running techniques, trying new sport aspects and having fun with friends! Bring a water bottle for these outdoor classes.

#### Mighty Gaga Masters & Mighty Triathletes

Marv Slaughter

mary Slaughter					
Act #	Day	Date	Time	Fee	
318055-01	Wed-Fri	Jun 25-27	4:00-5:30PM	\$79	
(Rain date: 7	/3)				
Ages 4½-9			Penfield Communi	ty Center	

It's parkour-fun meets Gaga-pit games to improve coordination, agility and have fun learning new techniques! Running and jumping challenges just right for all skill levels! Register for Mighty Tri-Athletes and stay with Coach for some free time between classes! Bring a water bottle for these outdoor classes. Empowerment and confidence start here! Running Club combines running with some of your favorite sports to focus on improving running techniques, trying new sport aspects and having fun with friends! Bring a water bottle for these outdoor classes. Rain date if needed.

#### **Summer Runners**

Mary Slaughter

mary craugin				
Act #	Day	Date	Time	Fee
318050-01	Mon	Jul 28-Aug 18	5:30-6:15PM	\$79
Ages 5-10			Penfield Communi	ty Center

Hey runners, get outside! Join NYSCA-certified, Coach Mary for some outdoor obstacle courses and Track & Field trials of all your favorite events: Sprint races, Running-Long Jump, Standing broad jump, even the shot-put and hurdles! Better running technique improves times and overall fitness with cross over into so many other sports!

#### **Peppy Sport Tots**

Mary Slaughter

Act #	Day	Date	Time	Fee
318051-01	Mon	Jul 28-Aug 18	6:15-6:45PM	\$69
Ages 2-6 (2-4	with par	ent)	<b>Penfield Communi</b>	ty Center

This sporty spot is for our littlest athletes and their grown-up! Join NYSCA-certified, Coach Mary to run and jump, and develop agility through Lacrosse and Soccer. Dribble, shoot, and score to enjoy the summer evening with friends like you! Everyone goes home tired! Lacrosse sticks and soccer balls welcome but not required.

#### **Gaga for Ninjas**

Mary Slaughter

Act #	Day	Date	Time	Fee
318052-01	Mon	Jul 28-Aug 18	4:45-5:25PM	\$79
Ages 4½-9			Penfield Communi	ty Center

In these classes, climb our walls, not yours! Ninja-style tumbling, jumping, and running challenges are just the half of it! We'll jump into the Gaga Pit for several friendly-fun versions of a game that develops hand-eye coordination, strategy, and is nonstop FUN!

#### **Warrior Camp**



**Rothfuss Park** 

Rochester Fencing Club				
Act #	Day	Date	Time	Fee
318040-01	Mon-Fri	Jul 14-18	9:00-3:00PM	\$395
318040-02	Mon-Fri	Jul 21-25	9:00-3:00PM	\$395
318040-03	Mon-Fri	Aug 4-8	9:00-3:00PM	\$395
Ages 8-14		-	Rochester Fei	ncing Club

Become a warrior this summer! RFC is offering a day camp from 9AM-3PM, Monday through Friday, for individuals between 8 and 14 years of age. Designed for anyone without any previous experience, or anyone who wants to brush up on their fencing and martial arts skills!

Warrior Camp teaches the skills of the Olympic sport of fencing, martial arts, stage combat, and more. Attendees will have fun learning the history of the sports, the various Olympic styles, and of course... fence with swords!! Fencing is one of the safest sports and students also learn teamwork and leadership skills. All equipment is provided for the duration of the session, and each camper will make a craft to take home.

Rochester Fencing Club is located at 3335 Brighton Henrietta TL Rd., Rochester.

#### **Astoria School of Archery**

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Act #	Day	Date	Time	Fee
<u>Beginner</u>				
314212-01	Tue & T	hu Jul 1-15	8:30-9:30AM	\$185
			Sibling rate	\$155
			Rothfu	ss Park
<b>Intermediate</b>	(prerequ	uisite: Beginne	er or permission from instru	uctor)
314212-02	Tue & T	hu Jul 1-15	9:45-10:45AM	\$185
			Sibling rate	\$155
			Rothfu	ss Park
Advanced (pr	erequisi	te: Intermedia	te or permission from instr	uctor)
314212-03	Tue & T	hu Jul 1-15	11:00AM-12:00PM	\$185
			Sibling rate	\$155

#### Ages 8-17

Astoria School of Archery is the perfect place to learn Olympic Recurve Archery. In this safe environment focused on creating a passion for archery, your child will learn proper shooting technique, archery safety, scoring, and some basic history of the sport. Class is run by owner and instructor Chris Wierman. Chris is an Olympic Archery in Schools instructor, a teacher with 20+ years' experience working with students 8-18, and a three-time NY State Conference Champion Coach of the 47 American Sign Language & English High School. Archery is a sport that can be done for many years to come. For questions, please contact Chris at archery4astoria@gmail.com.

# REGISTER EARLY

to avoid program cancellation due to low enrollment!

#### **Little Aces Tennis**

#### Mark Banford

Act #	Day	Date	Time	Fee
319291-01	Mon-Thu	Jun 23-26	9:00-10:00AM	\$60
319291-02	Mon-Thu	Jun 30-Jul	3 9:00-10:00AM	\$60
319291-03	Mon-Thu	Jul 7-10	9:00-10:00AM	\$60
319291-04	Mon-Thu	Jul 14-17	9:00-10:00AM	\$60
319291-05	Mon-Thu	Jul 21-24	9:00-10:00AM	\$60
319291-06	Mon-Thu	Jul 28-31	9:00-10:00AM	\$60
319291-07	Mon-Thu	Aug 4-7	9:00-10:00AM	\$60
Ages 5-8				

This class is perfect for children ages 5-8. We'll develop hand-eye coordination skills and become familiar with the tennis court. This program will emphasize forehand, backhand, volleys, and learning how to rally. Understanding the basics will get the Little Aces participants well on their way to improving and enjoying the game of tennis. Rain date make-ups will take place on Fridays of each week (if needed).

Harris Whalen Park is located at 2130 Penfield Rd.

#### **Future Stars Tennis**

#### Mark Banford

mark barrord					
Act #	Day	Date	Time	Fee	
319292-01	Mon-Thu	Jun 23-26	10:15-11:15AM	\$60	
319292-02	Mon-Thu	Jun 30-Jul	3 10:15-11:15AM	\$60	
319292-03	Mon-Thu	Jul 7-10	10:15-11:15AM	\$60	
319292-04	Mon-Thu	Jul 14-17	10:15-11:15AM	\$60	
319292-05	Mon-Thu	Jul 21-24	10:15-11:15AM	\$60	
319292-06	Mon-Thu	Jul 28-31	10:15-11:15AM	\$60	
319292-07	Mon-Thu	Aug 4-7	10:15-11:15AM	\$60	
Ages 7-10		-	<b>Harris Whalen Park Tennis Courts</b>		

Future Stars will love this beginner and intermediate class. These sessions introduce the serving game and aim to kick the competition up a notch in rally-focused play. In addition, we cover proper grips, swing motion, and basic tennis shots. Interactive games will reinforce good sportsmanship habits. We encourage participants to make friends and be able to play tennis with each other. Rain date makeups will take place on Fridays of each week (if needed).

Harris Whalen Park is located at 2130 Penfield Rd.

#### **Skill Seekers Tennis**

#### Mark Banford

Act #	Day	Date	Time	Fee
319295-01	Mon-Thu	Jun 23-26	11:30AM-1:00PM	\$90
319295-02	Mon-Thu	Jun 30-Jul	3 11:30AM-1:00PM	\$90
319295-03	Mon-Thu	Jul 7-10	11:30AM-1:00PM	\$90
319295-04	Mon-Thu	Jul 14-17	11:30AM-1:00PM	\$90
319295-05	Mon-Thu	Jul 21-24	11:30AM-1:00PM	\$90
319295-06	Mon-Thu	Jul 28-31	11:30AM-1:00PM	\$90
319295-07	Mon-Thu	Aug 4-7	11:30AM-1:00PM	\$90
Ages 10-18	Harris Whalen Park Tennis Courts			

Participants will improve their swings, learn ball spin basics, and build an effective tennis strategy. Want to know which groundstrokes can be used to get an edge on your opponent? Come and check out this tennis class. Rain date make-ups will take place on Fridays of each week (if needed).

Harris Whalen Park is located at 2130 Penfield Rd.

#### **Outdoor Junior Pickleball Lessons**

Mark Banford

Act #	Day	Date	Time	Fee
329291-01	Mon	Jun 30-Jul 21	2:00-3:00PM	\$60
329291-02	Mon	Jul 28-Aug 18	2:00-3:00PM	\$60
Ages 8-14		Shadow Pines Pickleball Courts		

Program will focus on developing the basic skills: serve, return, dinks, and volleys as well as learning the basic rules. We will incorporate rally-focused play with interactive games that will reinforce good sportsmanship habits. We encourage participants to make good friends and be able to play pickleball with each other.

Shadow Pines Pickleball Courts are located near the corner of Whalen Rd. and Atlantic Ave. on the northeast side of the property.

#### **Soccer Camp - Co-Ed**

Camp Director, Dugan Terwilliger - JV Coach & Staff

Act #	Day	Date	Time	Fee
318590-01	Mon-Thu	Jun 30-Jul 3	9:30AM-12:00PM	\$70
Grades 1-6 (fall '25)			Bay Trail M	S Fields

Practice and improvement in the fundamental skill areas of dribbling, passing, trapping, and shooting, as well as structured intra-camp competition will be among the areas covered in these comprehensive camps. Youth will be divided by age and ability to ensure maximum instruction at all levels. Boys and girls will play together, not separate. Bring water bottle to camp. Fee includes ball.

#### **Youth Volleyball Camp Co-Ed**

Director: Rich Newton - Penfield High School Varsity Coach & members of the coaching staff and team

Act #	Day	Date	Time	Fee
319620-01	Mon-Thu	Jun 30-Jul 3	9:00-11:00AM	\$50
Grades 3-6 (fall '25)			<b>Penfield High School</b>	East Gym

This fun and instructional camp is geared for those looking to improve their volleyball playing skills. An emphasis on skill development in a light competitive atmosphere as well as playing strategies will be covered.

#### **Field Hockey Camp**

Camp Director-Jillian Esposito, PHS Varsity Coach

Act #	Day	Date	Time	Fee
319060-01	Mon-Thu	Jul 7-10	9:00-11:00AM	\$40
Grades K-6 (fall '25)			Penfield High School T	urf Field

Learn the fundamentals of the fast-paced game of girls' field hockey. A variety of skill drills, games, and other fun activities will be utilized to teach camp participants the basics and improve the skills of those with some experience. Sticks provided if needed. Mouth guards and shin guards are required.



#### **Multiple Sports Camp**

St. John Fisher coaches and players

Act #	Day	Date	Time	Fee
311431-01	Mon-Fri	Jul 7-11	9:00AM-12:00PM	\$125
Grades 3-4 (f	all '25)			
311431-02	Mon-Fri	Jul 7-11	1:00-4:00PM	\$125
Grades 5-6 (f	all '25)		St. John Fisher University	

Looking to try out different sports? This week-long camp will have a sports theme daily:

Monday - Basketball

Tuesday - Flag Football

Wednesday - Baseball/Softball

Thursday - Volleyball

Friday - Soccer

Please make sure to bring a water bottle (labeled with name), clothes/ shoes for being active indoors and outdoors, and your own equipment per the day's sport (if you have it).

St. John Fisher University is located at 3690 East Ave., Rochester.



#### **Kayaking for Kids - Level 1**

Lock 32 Paddling Center instructor

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Act #	Day	Date	Time	Fee	
318598-01	Mon-Fri	Jul 7-11	9:00AM-12:00PM	\$350	
318598-02	Mon-Fri	Jul 21-25	1:00-4:00PM	\$350	
318598-03	Mon-Fri	Aug 4-8	9:00AM-12:00PM	\$350	
318598-04	Mon-Fri	Aug 18-22	1:00-4:00PM	\$350	
318598-05	Mon-Fri	Aug 25-29	9:00AM-12:00PM	\$350	
Ages 10-18			Lock 32 Paddling Center		

We invite your child to join us for a wet and wild adventure at Lock 32 on the Erie Canal! Our elite instructors will teach your child how to maneuver their kayak while providing a fun and safe experience on the water. This program incorporates many fun activities, including swimming the rapids, a multitude of water games, and other exciting team building exercises. There is no better way to build a strong kayaking foundation and enjoy fun in the sun than with Kids Kayaking Level 1. No kayaking experience needed; all necessary equipment is included, but feel free to bring your own whitewater boat and equipment. For all classes, please bring swimwear, sunscreen, thin soled water shoes that will stay on in the current, snacks, and WATER! On cooler days fleece base layers are a great asset. NO COTTON PLEASE!

Lock 32 Paddling Center is located at 2797 Clover St. in Pittsford.



#### **Intro to Whitewater Kayaking**

Lock 32 Paddling Center instructor

Act #	Day	Date	Time	Fee	
318599-01	Sat	May 31	10:00AM-4:00PM	\$350	
318599-02	Sat	Jun 14	10:00AM-4:00PM	\$350	
318599-03	Sat	Jun 28	10:00AM-4:00PM	\$350	
318599-04	Sat	Jul 12	10:00AM-4:00PM	\$350	
Ages 10+			Lock 32 Paddling Center		

Have you ever dreamed of experiencing the thrill of paddling your own kayak down a river's rapid, feeling the adrenaline as the waves splash all around? If yes, let our instructors at Lock 32 introduce you to the world of whitewater kayaking. You will first start on flat water, learning all the necessary skills to advance to our whitewater course. When you advance, you will experience the thrill and excitement of navigating your kayak through Lock 32's fun and challenging rapids, all while learning on New York's most exciting man-made whitewater park. No kayaking experience needed; all necessary equipment is included, but feel free to bring your own whitewater boat and equipment. For all classes, please bring swimwear, sunscreen, thin soled water shoes that will stay on in the current, snacks, and WATER! On cooler days fleece base layers are a great asset. NO COTTON PLEASE!

Lock 32 Paddling Center is located at 2797 Clover St. in Pittsford.

# **COMBO Sports Camp for Girls Basketball & Lacrosse**

Mark Vogt and Dave York (Varsity sport coaches)

Act #	Day	Date	Time	Fee
311430-01	Mon-Fri	Jul 14-18	9:00AM-12:00PM	\$70
Grades 2-5 (fall '25)			Penfield High	School

In this camp program girls grades 2-5 will have an opportunity to experience two sport camps in one day! The camp will be led by Mark Vogt and Dave York (Varsity sport coaches) and their players. The girls will go out to the turf field to work on their lacrosse skills in the morning. The second half of the morning the girls will be in the gym to work on their basketball skills! This camp setting is a great way for your child to experience both basketball and lacrosse in a fun, safe atmosphere. Bring snack and water bottle. Please bring your own lacrosse stick and goggles if you have them - if not, indicate need on registration form and those items will be available at camp for you (limited supply available).

#### **Lacrosse Camp for Boys**

Camp Director - JJ Schembri, PHS Boys Varsity Lacrosse Coach; assistants and varsity players

Act #	Day	Date	Time	Fee		
315210-01	Mon-Thu	Jul 21-24	8:00-10:00AM	\$50		
Grades 1-2 (fa	all '25)					
315210-02	Mon-Thu	Jul 21-24	8:00-10:00AM	\$50		
Grades 3-4 (fa	Grades 3-4 (fall '25)					
315210-03	Mon-Thu	Jul 21-24	8:00-11:00AM	\$75		
Grades 5-6 (fall '25)			Penfield High Scho	ol Fields		

This camp provides a well-rounded experience of clinical instruction, demonstrations & intra-camp competition. Groups will be divided by age and ability. **EVERYONE MUST BRING THEIR OWN STICK.** Those who have their own equipment should use it for camp. Those needing equipment, we will have limited supplies available (shoulder and arm pads, gloves, and/or helmet) and must indicate NEEDS EQUIPMENT on their registration form; if registering online, during the "checkout" process click on "add a note/info for staff" and enter NEEDS EQUIPMENT in the box, then click "submit" and "proceed to checkout." For children in grades 5-6 it is encouraged to have own equipment. Equipment pick-up will be 30 minutes prior to the first class. Bring water bottle to camp.

Program meets on turf/grass fields near stadium. Please note, there will be no gym available to run camp activities should weather be/become a factor during camp hours. Children will be taken indoors in the case of stormy conditions; a determination will be made whether to wait (if it appears conditions may clear) or if parents need to be contacted to come and pick-up their children early.

#### **Cheerleading Camp**

Penfield Youth Cheer coaches

Act #	Day	Date	Time	Fee
319040-01	Mon-Thu	Jul 21-24	9:30AM-12:00PM	\$75
Grades K-7 (fall '25/ages 5-12)		Penfield High School Ea	st Gym	

For beginning and experienced cheerleaders – focus will be on learning/improving the fundamental skills. Includes instruction on proper warm-ups, sidelines, dancing, stunting, and jumps. Taught through a variety of fun activities, making this a positive experience for all. Experience/ability/age will be guidelines used to group participants. Please send daily snack and drink with your child. Final day presentation. Children should wear workout clothes and sneakers. Fee includes t-shirt.



#### **Girls' Lacrosse Camp**

Dave York (Varsity sport coach)

Act #	<b>Day</b>	Date	Time	Fee
311434-01	Mon-Wed	Jul 21-23	6:00-7:00PM	\$70
Grades 2-5 (fall '25)			Harris Whalen Park Field	

In this camp program girls grades 2-5 will have an opportunity to experience girls' lacrosse! The camp will be led by Dave York (Varsity sport coach) and team players. This camp setting is a great way for your child to experience lacrosse in a fun, safe atmosphere. Bring snack and water bottle.

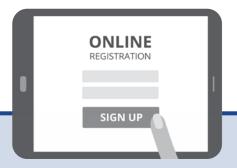
Please bring your own lacrosse stick and goggles if you have them - if not, indicate need on registration form and those items will be available at camp for you (limited supply available).

#### **Basketball Camp - Boys**

Camp Director - PHS Coaches

Act #	Day	Date	Time	Fee
311460-01	Mon-Thu	Jul 28-31	9:00-11:30AM	\$75
Grades 2-5 (fall '25)			Penfield High School E	ast Gym

A fun, positive learning environment focusing on developing the fundamental skills of shooting, dribbling, passing, rebounding, positioning, and much more. Camp led by Penfield Varsity Boys Basketball staff and players. Games and fun camp competitions will be part of the sessions.



# REGISTER ONLINE

using our secure registration system!
See details on page 55



#### **Super Junior - Beginner Golf**

Eagle Vale professional instructor

Act #	Day	Date	Time	Fee	
314410-01	Mon-Fri	Jun 23-27	10:00-11:00AM	\$159	
314410-02	Mon-Fri	Jul 7-11	10:00-11:00AM	\$159	
314410-03	Mon-Fri	Jul 14-18	10:00-11:00AM	\$159	
314410-04	Mon-Fri	Jul 21-25	10:00-11:00AM	\$159	
314410-05	Mon-Fri	Jul 28-Aug 1	10:00-11:00AM	\$159	
314410-06	Mon-Fri	Aug 4-8	10:00-11:00AM	\$159	
314410-07	Mon-Fri	Aug 11-15	10:00-11:00AM	\$159	
314410-08	Mon-Fri	Aug 18-22	10:00-11:00AM	\$159	
314410-09	Mon-Fri	Aug 25-29	10:00-11:00AM	\$159	
Ages 5-10		-	Eagle Vale Golf Club		

Level 1: For the true beginner! Our expansive Teaching Center allows us to utilize multiple stations of activity where we can integrate agility, balance, throwing and catching; alongside standard golf fundamentals to keep kids enthused, interested, and focused. The long-range goal is to have kids fall in love with the game of golf, but also be able to excel in other sports and activities in which they wish to explore. Rain or missed dates can be made up during any normally scheduled class time throughout the end of the season. Please call the Golf Shop one half hour prior to class time on inclement weather days to verify if class is being held. Please call (585) 377–5200 or visit www.eaglevale. com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.

#### **Advanced Super Junior Golf**

Eagle Vale professional instructor

Act #	Day	Date	Time	Fee	
314411-01	Mon-Fri	Jun 23-27	8:00-9:30AM	\$229	
314411-02	Mon-Fri	Jul 7-11	8:00-9:30AM	\$229	
314411-03	Mon-Fri	Jul 14-18	8:00-9:30AM	\$229	
314411-04	Mon-Fri	Jul 21-25	8:00-9:30AM	\$229	
314411-05	Mon-Fri	Jul 28-Aug 1	8:00-9:30AM	\$229	
314411-06	Mon-Fri	Aug 4-8	8:00-9:30AM	\$229	
314411-07	Mon-Fri	Aug 11-15	8:00-9:30AM	\$229	
314411-08	Mon-Fri	Aug 18-22	8:00-9:30AM	\$229	
314411-09	Mon-Fri	Aug 25-29	8:00-9:30AM	\$229	
Ages 5-10		-	Eagle Vale Golf Club		

Level 2: This class is designed for the 5 to 10-year-old, who already has some "on course" experience. Most of the instruction will take place on the golf course with added rules and etiquette instruction. Skills challenges will be conducted, and prizes will be given at the completion of the program. Rain or missed dates can be made up during any normally scheduled class time, throughout the end of the season. Please call the Golf Shop one half hour prior to class time on inclement weather days to verify if class is being held. Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.

#### **Junior - Beginner Golf**

Eagle Vale professional instructor

Act #	Day	Date	Time	Fee
314412-01	Mon-Fri	Jun 23-27	11:00AM-12:30PM	\$229
314412-02	Mon-Fri	Jul 7-11	11:00AM-12:30PM	\$229
314412-03	Mon-Fri	Jul 14-18	11:00AM-12:30PM	\$229
314412-04	Mon-Fri	Jul 21-25	11:00AM-12:30PM	\$229
314412-05	Mon-Fri	Jul 28-Aug 1	11:00AM-12:30PM	\$229
314412-06	Mon-Fri	Aug 4-8	11:00AM-12:30PM	\$229
314412-07	Mon-Fri	Aug 11-15	11:00AM-12:30PM	\$229
314412-08	Mon-Fri	Aug 18-22	11:00AM-12:30PM	\$229
314412-09	Mon-Fri	Aug 25-29	11:00AM-12:30PM	\$229
Ages 11-16		•	Eagle Vale Go	olf Club

Level 3: This course is for the 11 to 16 year-old who has little to no former golf experience. It's the perfect place for the beginner golfer to start. We will cover the fundamentals of grip, aim, and posture as it pertains to the full swing. Various parts of the short game will also be covered, from pitching and chipping, putting as well. Rules and etiquette will be covered, along with an expanded short game format to help round out their learning experience. Daily contests will keep the learning fun and entertaining. Your child will receive an Eagle Vale Golf hat on the first day of camp and on the last day a Range Pass will be given to each participant, which is good for 6 Free Small Range Baskets. Please call (585) 377-5200 or visit us online at www. eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.

#### **Experienced Junior - Advanced Junior Golf**

Eagle Vale professional instructor

Eagle vale pr	oressionai	instructor			
Act #	Day	Date	Time	Fee	
314413-01	Tue-Fri	Jun 24-27	7:30AM-12:00PM	\$399	
314413-02	Tue-Fri	Jul 8-11	7:30AM-12:00PM	\$399	
314413-03	Tue-Fri	Jul 15-18	7:30AM-12:00PM	\$399	
314413-04	Tue-Fri	Jul 22-25	7:30AM-12:00PM	\$399	
314413-05	Tue-Fri	Jul 29-Aug 1	7:30AM-12:00PM	\$399	
314413-06	Tue-Fri	Aug 5-8	7:30AM-12:00PM	\$399	
314413-07	Tue-Fri	Aug 12-15	7:30AM-12:00PM	\$399	
314413-08	Tue-Fri	Aug 19-22	7:30AM-12:00PM	\$399	
314413-09	Tue-Fri	Aug 26-29	7:30AM-12:00PM	\$399	
Ages 9-16		-	Eagle Vale Golf Club		

Level 4: This class is designed for the Advanced Junior Golfer who is **capable of walking 9 holes of golf on their own**. Advanced juniors will walk 9 holes of golf daily, along with on-course situational scenarios and instruction. A more in-depth analysis of rules and etiquette will also take place. Different skill competitions and challenges will be conducted throughout the weeklong camp. Please call (585) 377-5200 or visit us online at www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd in Fairport.



#### **Youth Judo**

Bushido Kai Judo, Inc - Instructor Heiko Rommelman, 2018 PAN-AM Gold Medalist

Act #	Day	Date	Time	Fee
315010-01	Wed	Jun 11-Aug 20	6:00-7:00PM	\$100
(no class 7/2)				
315010-02			<b>Add Family Member</b>	\$60
Ages 5-10			Penfield Community Center	

Bushido Kai Judo, Inc's Youth Judo program will provide participants with the basics of the martial art and Olympic sport of Judo. Classes are taught by certified coaches, instructors, and black belts. Everyone taking this program is required to join the US Judo Association for insurance purposes. Uniforms are also required and can be purchased or rented for the season at the first class. For more information about Bushido Kai Judo, Inc please see our website www.bushidokaijudo. com or follow us on Facebook or Instagram!

#### **Horsemanship/Riding Camp**

Michelle Kaplin, Way Farm

Act #	Day	Date	Time	Fee
315820-01	Mon-Fri	Jul 7-11	9:00AM-3:00PM	\$500
315820-02	Mon-Fri	Jul 14-18	9:00AM-3:00PM	\$500
315820-03	Mon-Fri	Aug 4-8	9:00AM-3:00PM	\$500
315820-04	Mon-Fri	Aug 11-15	9:00AM-3:00PM	\$500
Ages 6-15		•		<b>Way Farm</b>

If you have an interest in horses, this is where it all begins. Campers will learn the basics of riding and those more advanced campers will enhance their riding ability. Students will have a riding lesson every day and learn how to care for horses including: grooming, feeding, bathing, and mucking out stalls. Other activities include: field trips (equine based careers, horse-related arts, crafts, and other activities. The last day there will be a mini horse show to show off their skills and a pizza party/game day. Bring your lunch each day (except Friday) with an extra drink and snack. Wear hard-sole shoes or boots with a heel, long pants, and an extra change of clothes. All riding equipment provided (including helmets). Questions/Contact Info: Way Farm 388-7332 or Michelle Kaplin (trainer) 200-6374. Lessons also available at Way Farm - contact them for more info.

Way Farm is located at 2009 Harris Rd. in Penfield.

#### **Horseback Riding Lessons**

Janet Zimmer, Hillrise Equestrian Center Instructor

Janet Zimmer, Hilirise Equestrian Center Instructor					
Act #	Day	Date	Time	Fee	
315810-01	Mon	Jun 9-30	6:00-7:00PM	\$195	
315810-02	Thu	Jun 5-26	6:00-7:00PM	\$195	
315810-03	Mon	Jul 7-28	6:00-7:00PM	\$195	
315810-04	Thu	Jul 3-31	6:00-7:00PM	\$195	
(no class 7/24	l)				
315810-05	Mon	Aug 4-25	6:00-7:00PM	\$195	
315810-06	Thu	Aug 7-28	6:00-7:00PM	\$195	
Ages 5-16 Hillrise Equestrian Center					

Certified riding instructors will help students learn how to ride and proper horsemanship skills. This is the perfect educational and fun program for the horse lover in your family. Join a sport that is great for physical and mental health. We have an indoor riding ring for inclement weather. Long pants and boots or shoes with 1/2" heel required. Helmets will be provided.

Hillrise Equestrian Center is located at 1624 Walworth Penfield Rd. in Walworth.

#### **Baby Blades**

Pamela Warren

Act #	Day	Date	Time	Fee
305434-01	Wed	Jul 9-23	6:00-6:50PM	\$75
305434-02	Wed	Aug 6-20	6:00-6:50PM	\$75
Ages 2-6		_	Villa	ige Sports

Introduce your baby to the ice! This program is designed to get young children excited about being on the ice in a comfortable setting. Introduce your child to skating in a FUN way! The classes focus on gently acquainting young children with the ice and developing coordination in a creative and playful environment. There will be a 25-minute instructional period where the instructor will cover topics such as falling down, getting up, marching in place, moving backwards/forwards, and stopping. The remaining 25 minutes will be used for free-skate practice and games. Some first-time skaters are a bit cautious of the ice, but with their parent/guardian assisting on the ice, they learn to have fun. Skaters should bring gloves, leggings or snow pants, and other warm clothes. Helmets are strongly recommended. An additional \$20 fee must be paid to the instructor at the first class that goes to U.S. Figure Skating for insurance coverage. Skate rental is also available for the additional cost of \$12 for the threeweek session.

Village Sports is located at 2830 Baird Rd. in Fairport.

#### **Learn to Skate**

Pamela Warren

Act #	Day	Date	Time	Fee
305435-01	Wed	Jul 9-23	6:00-6:50PM	\$75
305435-02	Wed	Aug 6-20	6:00-6:50PM	\$75
Ages 7-12		•	Villa	ge Sports

This program is based on the highly successful basic skills program developed by Learn to Skate USA. The beginning ice-skating program is fun, challenging, and rewarding. The curriculum is designed to keep skaters enthusiastic about learning from the time they begin lessons, until the time they reach their goals. This LTS program serves the needs of the recreational and aspiring competitive skater and can also provide a strong foundation for hockey skaters. There will be a 25-minute instructional period where students will learn forward and backward skating, stopping, turning, jumping, and spinning. The second 25 minutes will be used for free-skate practice. Skaters will develop increased confidence, enhanced self-esteem, and athletic skills as they master each new move. An additional \$20 fee must be paid to the instructor at the first class that goes to U.S. Figure Skating for insurance coverage. Skate rental is also available for the additional cost of \$12 for the three-week session.

Village Sports is located at 2830 Baird Rd. in Fairport.



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www.colorpenfieldgreen.org

#### **Our Projects**

- · Healthy Yards: native plants for local biodiversity
- Youth engagement: clubs and classes
- · Home and auto electrification
- · Safe walking and bike riding for everyone
- · Sustainable housing
- Plant-based eating, composting, and waste reduction
- · Advocacy for local, state, & federal climate policy

Subscribe to our monthly newsletter & learn about local sustainability efforts and how you can take action.



#### **Learn to Skate: Teen & Adult**

#### Pamela Warren

Act #	Day	Date	Time	Fee
305436-01	Wed	Jul 9-23	6:00-6:50PM	\$75
305436-02	Wed	Aug 6-20	6:00-6:50PM	\$75
Ages 13+		-	Villa	ge Sports

This program offers a teen and adult skating curriculum for those looking to skate for fun, fitness, or to start a new adventure in figure skating or hockey. The program promotes physical fitness and improved balance and coordination while learning proper skating techniques on the ice. An additional \$20 fee must be paid to the instructor at the first class that goes to U.S. Figure Skating for insurance coverage.

Village Sports is located at 2830 Baird Rd. in Fairport.



#### **Aspire - Advanced Ice Skating**

#### Pamela Warren

Act #	Day	Date	Time	Fee
305437-01	Wed	Jul 9-23	6:00-6:50PM	\$75
305437-02	Wed	Aug 6-20	6:00-6:50PM	\$75
Ages 7+		-	Villa	ge Sports

Join Aspire and take your skating to the next level! Put your skater on the track to success with the Aspire program. Aspire is a bridge program between Learn to Skate USA and advanced figure skating classes. Classes are designed to help each skater meet his or her individual skating goals, while introducing them to advanced figure skating training. A 25-minute lesson with 25 minutes of practice. An additional \$20 fee must be paid to the instructor at the first class that goes to U.S. Figure Skating for insurance coverage. Skate rental is also available for the additional cost of \$12 for the three-week session.

Village Sports is located at 2830 Baird Rd. in Fairport.

# **CLASS FULL?**

#### Register anyway and get on the waitlist!

There is a good chance the instructor will open more space or schedule an additional class to accommodate more participants - and you'll be the first in line!



#### **Youth Soccer League**

#### **AGES 6-10 | JUNE 3 - JULY 23, 2025**

**OBJECTIVE:** The league is designed to provide youth with a positive opportunity to learn, enjoy, and participate in the sport of soccer.

**REGISTRATION:** Please register online at www.penfieldrec.org for this program (paper copies of the Soccer Registration Forms are available at the recreation office. Do not use the registration form in this book.) We will continue to accept registration as space allows. Please register by 4/14/25.

FEE: \$60.00 per participant (includes uniform of shirt and socks); MUST provide own shin guards.

1	0	
Act #	Group	Program/Game Night
218510-A	6 Coed	Tuesday
218520-A	7 Coed	Wednesday
218530-A	8/9/10 Girls	Wednesday
218530-В	8/9/10 Boys	Tuesday

REFUNDS: All refunds are based upon date of notification to the Penfield Recreation Office. Prior to April 14: subject to a \$10.00 processing fee; April 15-May 4: refund amount \$20.00; May 5-May 11: medical refunds only (or when wait list exists to fill vacancy); After May 11: no refund.

**NOTE:** We reserve the right to cancel or limit programs. Refunds for department cancellation are for full amount.

The Town of Penfield does not carry medical insurance for program participants. Player headgear remains optional for participation in our soccer league.

ALL AGE DIVISIONS: Children will be assigned to a designated team. Teams will have a consistent person(s) who will coach/facilitate that team for the duration of the season. All league/program activities take place on Penfield town parkland and/or school district properties. Practices (8/9/10 group) are scheduled on a day, time, and location of the individual coach's discretion.

\*To qualify for an age group the child must be that age by the end of the program - (i.e. a 6-year-old who will turn 7 before July 23 is eligible for the 7-year-old age group.)

**GENERAL LEAGUE FORMAT:** The learning environment of the age divisions of the Penfield Recreation soccer program is structured to progress children through game/activity experiences appropriate to their developing physical and mental abilities. In the 6 & 7 divisions the children play the micro format. 8 and above divisions play regular formatted soccer.

REQUESTS: Although we attempt to meet requests for team placement (i.e. play with friend, neighbor, particular coach), THERE ARE ABSOLUTELY NO GUARANTEES! No requests accepted after teams are formed in late April.

COACHES: VOLUNTEERS NEEDED!! Teams are coached by enthusiastic persons who volunteer their time so that children may enjoy the sport. We need your support! If you would like to volunteer your time, please indicate when registering. These youth need your support and interest! Before the start of the program all coaches are invited to a coaches' meeting in May to discuss their league format.

#### PROGRAM OPERATION:

6 Division: Children meet one night per week from 6:30-7:30PM. Parents will be contacted by their child's coach in late May with specific details of when and where the program will operate. Children will take home a program soccer ball at the conclusion of the program.

7 Division: Children meet one night per week. Meeting time on Wednesdays is either 6:30 or 7:30PM. Parents will be contacted by their child's coach in late May with specific details of when and where the program will operate. Schedule for the entire program will be available on the first meeting night. Halfway into the season, teams will begin play against one another in fun, micro format "games."

8-10 Divisions: Children will be contacted by their coach in late May; practices will begin at that time. Teams usually play one game per week between the hours of 6:00 and 8:15PM. Games are generally played on the designated night although some alternate play days may be necessary. Practice locations, days, and times, may vary from week to week and are held at the discretion of the coach.

#### **Pee Wee Summer Day Camp**

Penfield Recreation's Pee Wee Summer Day Camp program offers a wide range of activities and experiences for younger aged children who might not be ready for regular Summer Day Camp. During the summer, offerings may include quiet games, arts/crafts, field days, specials, and an event or two with other day camp sites.

Pen Rec Pee Wee participants can be signed up to go all day or just to one of the time slots (morning or afternoon)! Each day camp will also offer unique activities planned by individual site staff. All children need to be potty trained before attending the program. Your child won't want to miss out on all the fun to be had this summer!

Activity #	Dates	Times	Fee
313003-01	Jun 30-Jul 3	9:00AM - 12:30PM	\$60
313003-02	Jun 30-Jul 3	12:30PM - 4:00PM	\$60
313003-03	Jul 7-11	9:00AM - 12:30PM	\$75
313003-04	Jul 7-11	12:30PM - 4:00PM	\$75
313003-05	Jul 14-18	9:00AM - 12:30PM	\$75
313003-06	Jul 14-18	12:30PM - 4:00PM	\$75
313003-07	Jul 21-25	9:00AM - 12:30PM	\$75
313003-08	Jul 21-25	12:30PM - 4:00PM	\$75
313003-09	Jul 28-Aug 1	9:00AM - 12:30PM	\$75
313003-10	Jul 28-Aug 1	12:30PM - 4:00PM	\$75
313003-11	Aug 4-8	9:00AM - 12:30PM	\$75
313003-12	Aug 4-8	12:30PM - 4:00PM	\$75









#### **Summer Day Camp/Adventure Camp**

#### **Pen Rec Summer Day Camp 2025**

Penfield Recreation's Summer Day Camp program offers a wide range of activities and experiences. Day Camp will provide each child an opportunity to explore new activities along with the fun and enjoyment of all the past favorites. During the summer, offerings may include active games, quiet games, arts/crafts, sports activities, field days, specials, and an event or two. Each day camp will also offer unique activities planned by individual site staff. Your child won't want to miss out on all the fun to be had this summer!

Extended Hours Option - available for children enrolled at both camp locations. "Extended Hours" includes an 8:00AM drop off and a 5:00PM pick up option.

#### **Penfield Community Center**

Ages 6-14

Activity #	Dates	Times	Fee
313001-01	Jun 30-Jul 3	9:00AM - 4:00PM	\$80
313001-02	Extended	8:00AM - 5:00PM	\$24
313001-03	Jul 7-11	9:00AM - 4:00PM	\$100
313001-04	Extended	8:00AM - 5:00PM	\$30
313001-05	Jul 14-18	9:00AM - 4:00PM	\$100
313001-06	Extended	8:00AM - 5:00PM	\$30
313001-07	Jul 21-25	9:00AM - 4:00PM	\$100
313001-08	Extended	8:00AM - 5:00PM	\$30
313001-09	Jul 28-Aug 1	9:00AM - 4:00PM	\$100
313001-10	Extended	8:00AM - 5:00PM	\$30
313001-11	Aug 4-8	9:00AM - 4:00PM	\$100
313001-12	Extended	8:00AM - 5:00PM	\$30
313001-13	Aug 11-15	9:00AM - 4:00PM	\$100
313001-14	Extended	8:00AM - 5:00PM	\$30

#### **Scribner Elementary School**

Ages 6-14

Activity #	Dates	Times	Fee
313002-01	Jun 30-Jul 3	9:00AM - 4:00PM	\$80
313002-02	Extended	8:00AM - 5:00PM	\$24
313002-03	Jul 7-11	9:00AM - 4:00PM	\$100
313002-04	Extended	8:00AM - 5:00PM	\$30
313002-05	Jul 14-18	9:00AM - 4:00PM	\$100
313002-06	Extended	8:00AM - 5:00PM	\$30
313002-07	Jul 21-25	9:00AM - 4:00PM	\$100
313002-08	Extended	8:00AM - 5:00PM	\$30
313002-09	Jul 28-Aug 1	9:00AM - 4:00PM	\$100
313002-10	Extended	8:00AM - 5:00PM	\$30
313002-11	Aug 4-8	9:00AM - 4:00PM	\$100
313002-12	Extended	8:00AM - 5:00PM	\$30

#### **Field Trips**

Ages 6-14

Activity #	Dates	Field Trip	Fee
313004-01	Jul 9	Seabreeze	\$45
313004-02	July 16	Clubhouse Fun Center	\$40
313004-03	Jul 30	Horizon Fun FX	\$40
313004-04	Aug 6	Seabreeze	\$45

Summer Camp is certified by the NYS Department of Health. Participants must provide current immunization records. Participant's up-to-date records must be sent via email (recreation@penfield.org), fax (585) 340-8617, or be mailed/hand-delivered to the Penfield Recreation Dept before/on your child's first day of Summer Camp.



#### Adventure Camp

Ages 10-14, Mon-Fri

#### **Drop Off/Pick Up at Penfield Community Center**

Activity #	Dates	Times	Fee
313005-01	Aug 18-22	9:00AM - 5:00PM	\$250

Weeklong camp intended for adventurous participants who enjoy being outdoors! Every day will include a different adventure with activities like hiking, rafting/paddling, biking, climbing, and other outdoor type excursions. Every participant will receive an adventure camp itinerary one week prior to the start of Adventure Camp.





PENFIELD REC

## Picture Penfield: PHOTO SCAVENGER HUNT

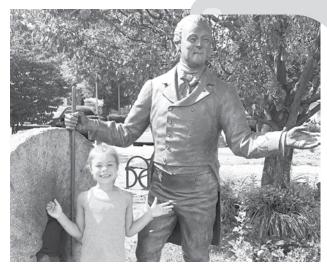
Gather a team...family, friends, colleagues, neighbors! Take a photo of as many of the items on the list as you can. Print or download a scavenger hunt list at

#### www.penfieldrec.org/picturepenfield

<u>OR</u> pick up at Penfield Rec Office, 1985 Baird Rd., Mon-Fri, 8:30AM-9:00PM • Sat & Sun, 8:00AM-3:00PM









#### PENFIELD LITTLE LEAGUE

BOYS & GIRLS AGES 4 - 16

LEAGUES AVAILABLE: BASEBALL SOFTBALL CHALLENGER

**TEAMS ARE FORMING NOW!** 

SEASON RUNS END OF APRIL TO END OF JUNE

register online at:

www.penfieldlittleleague.com





PENFIELD LITTLE LEAGUE REGISTRATION IS OPEN







1624 Walworth Penfield Rd. Walworth, N.Y. 14568





Riding programs for all levels! Beginner to professional! Lesson Programs - 5 years old and up Summer Programs - 6 years old and up

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ASK YOUR PENFIELD NEIGHBOR!

# **AQUATICS**

#### **Big Fish Little Fish**

Penfield Recreation ARC certified staff

Act #	Day	Date	Time	Fee
311213-11	Mon-Fri	Jun 30-Jul 4	11:00-11:30AM	\$30
311213-12	Mon-Fri	Jun 30-Jul 4	11:40AM-12:10PM	\$30
311213-21	Mon-Fri	Jul 7-Jul 11	11:00-11:30AM	\$30
311213-22	Mon-Fri	Jul 7-Jul 11	11:40AM-12:10PM	\$30
311213-31	Mon-Fri	Jul 14-Jul 18	11:00-11:30AM	\$30
311213-32	Mon-Fri	Jul 14-Jul 18	11:40AM-12:10PM	\$30
311213-41	Mon-Fri	Jul 21-Jul 25	11:00-11:30AM	\$30
311213-42	Mon-Fri	Jul 21-Jul 25	11:40AM-12:10PM	\$30
311213-51	Mon-Fri	Jul 28-Aug 1	11:00-11:30AM	\$30
311213-52	Mon-Fri	Jul 28-Aug 1	11:40AM-12:10PM	\$30
311213-61	Mon-Fri	Aug 4-Aug 8	11:00-11:30AM	\$30
311213-62	Mon-Fri	Aug 4-Aug 8	11:40AM-12:10PM	\$30
Ages 6 mo to	2 vrs (adu	It participation i	n water, swimsuit requi	red)

ges o mo to 2 yrs (adult participation in water, swimsuit required)
Penfield High School Pool

Learn how to be safe in and around the water with your little one in these toddler swimming lessons! Classes include supervised water activities such as getting into the swimming pool the safe way, underwater exploration readiness, back floats, arm movements, rolling over and much more.

#### **Guppy with Buddy**

Penfield Recreation ARC certified staff

Act #	Day	Date	Time	Fee
311214-11	Mon-Fri	Jun 30-Jul 4	8:10-8:40AM	\$30
311214-12	Mon-Fri	Jun 30-Jul 4	9:10-9:40AM	\$30
311214-13	Mon-Fri	Jun 30-Jul 4	10:10-10:40AM	\$30
311214-21	Mon-Fri	Jul 7-11	8:10-8:40AM	\$30
311214-22	Mon-Fri	Jul 7-11	9:10-9:40AM	\$30
311214-23	Mon-Fri	Jul 7-11	10:10-10:40AM	\$30
311214-31	Mon-Fri	Jul 14-18	8:10-8:40AM	\$30
311214-32	Mon-Fri	Jul 14-18	9:10-9:40AM	\$30
311214-33	Mon-Fri	Jul 14-18	10:10-10:40AM	\$30
311214-41	Mon-Fri	Jul 21-25	8:10-8:40AM	\$30
311214-42	Mon-Fri	Jul 21-25	9:10-9:40AM	\$30
311214-43	Mon-Fri	Jul 21-25	10:10-10:40AM	\$30
311214-51	Mon-Fri	Jul 28-Aug 1	8:10-8:40AM	\$30
311214-52	Mon-Fri	Jul 28-Aug 1	9:10-9:40AM	\$30
311214-53	Mon-Fri	Jul 28-Aug 1	10:10-10:40AM	\$30
311214-61	Mon-Fri	Aug 4-8	8:10-8:40AM	\$30
311214-62	Mon-Fri	Aug 4-8	9:10-9:40AM	\$30
311214-63	Mon-Fri	Aug 4-8	10:10-10:40AM	\$30

Ages 3-4 (adult participation in water, swimsuit required)
Penfield High School Pool

Learn how to be safe in and around the water with your little one in these toddler swimming lessons! Classes include supervised water activities that will help with the transition to instructor run classes.

# **CLASS FULL?**

#### Register anyway and get on the waitlist!

There is a good chance the instructor will open more space or schedule an additional class to accommodate more participants - and you'll be the first in line!

#### **Private Swim Lessons**

Penfield Recreation ARC certified staff

rennera keti	cation Anc	tertifica staff		
Act #	Day	Date	Time	Fee
311212-11	Mon-Fri	Jun 30-Jul 4	11:00-11:30AM	\$140
311212-12	Mon-Fri	Jun 30-Jul 4	11:40AM-12:10PM	\$140
311212-21	Mon-Fri	Jul 7-Jul 11	11:00-11:30AM	\$140
311212-22	Mon-Fri	Jul 7-Jul 11	11:40AM-12:10PM	\$140
311212-31	Mon-Fri	Jul 14-Jul 18	11:00-11:30AM	\$140
311212-32	Mon-Fri	Jul 14-Jul 18	11:40AM-12:10PM	\$140
311212-41	Mon-Fri	Jul 21-Jul 25	11:00-11:30AM	\$140
311212-42	Mon-Fri	Jul 21-Jul 25	11:40AM-12:10PM	\$140
311212-51	Mon-Fri	Jul 28-Aug 1	11:00-11:30AM	\$140
311212-52	Mon- Fri	Jul 28-Aug 1	11:40AM-12:10PM	\$140
311212-61	Mon-Fri	Aug 4-Aug 8	11:00-11:30AM	\$140
311212-62	Mon-Fri	Aug 4-Aug 8	11:40AM-12:10PM	\$140
Ages 4+			Penfield High Scho	ol Pool

Private swim lessons for all ages will be offered with one instructor and one student working on swimming skills either to a general goal or on individual goals. The schedule will be during the five weeks and time of session.

#### **Water Aerobics**

Penfield Recreation staff

Act #	Day	Date	Time	Fee
331216-01	Mon	Jun 9-Aug 11	8:00-8:50PM	\$60
331216-02	Wed	Jun 11-Aug 13	8:00-8:50PM	\$60
331216-03	M & W	Jun 9-Aug 13	8:00-8:50PM	\$100
Ages 18+		-	Penfield High So	thool Pool

Receive a wealth of benefits from this fantastic program. Incorporate the unique properties of water to enjoy a safe and effective workout. The program is designed to develop your endurance, muscle, and cardiovascular strength, improve overall toning, and increase your energy. Participants are encouraged to work at their own level of intensity and perform at their own personal best. Classes are held in the lap pool.



#### **Lap Swim/Water Walking**

Penfield Recreation ARC certified staff

Act #	Day	Date	Time	Fee
331210-01	Tue	Jun 10-Aug 12	8:00-9:00PM	\$60
331210-02	Thu	Jun 12-Aug 14	8:00-9:00PM	\$60
331210-03	Tu & Th	Jun 10-Aug 14	8:00-9:00PM	\$100
Ages 18+			Penfield High S	chool Pool

Get a terrific total body workout swimming laps in a 25-yard pool in a quiet atmosphere. One lane is available for water walking (please indicate when registering if you intend to water walk). This is not an instructional program.

#### **Open Swim**

Penfield Recreation ARC certified staff

Act #	Day	Date	Time	Fee
Pay at the d	oor			
_	Mon to Thu	Jun 30-Jul 3	1:00-3:00PM	\$2
	Mon to Fri	Jul 7-Jul 18	1:00-2:00PM	\$1
	Mon to Fri	Jul 18-Aug 8	1:00-3:00PM	\$2
Register ah	<u>ead</u>	•		
331211-01	Individual	- all sessions		\$30
331211-02	Family (up	to 4) - 28 days		\$70
All ages		•	Penfield High Sc	hool Pool

The pool will be open for recreational swimming and diving. There will be a lap lane for those who want to lap swim. There will be a platform in the water for the young ones. This is not an instructional program.

#### **Springboard Diving**

Penfield Recreation ARC certified staff

Act #	Day	Date	Time	Fee
311226-01	Mon-Thu	Jun 30-Jul 3	11:00-11:50AM	\$70
311226-02	Mon-Thu	Jul 7-10	11:00-11:50AM	\$70
311226-03	Mon-Thu	Jul 14-17	11:00-11:50AM	\$70
311226-04	Mon-Thu	Jul 21-24	11:00-11:50AM	\$70
311226-05	Mon-Thu	Jul 28-31	11:00-11:50AM	\$70
311226-06	Mon-Thu	Aug 4-7	11:00-11:50AM	\$70
Ages 8-14	5 8-14 Penfield High School Poo			

This course involves the use of one-meter springboards. Instruction is individualized so that each student may progress at their own rate. The diver will be encouraged to go as far as they desire at each level. Parent observation is encouraged. Instruction will include front approaches, back approaches, inward and twisting dives. Beginner and intermediate divers welcome.

#### **Springboard Diving Extended**

Penfield Recreation ARC certified staff

Act #	Day	Date	Time	Fee	
311228-01	M & W	Jun 9-Jul 2	7:00-9:00PM	\$160	
311228-02	M & W	Jul 7-30	7:00-9:00PM	\$160	
Ages 10-17			Penfield High School Pool		

This course involves the use of one-meter springboards. The class will include Front, Back, Reverse, Inward, and Twisting dives with dryland activities. This class is for divers who have taken a class or have been on a school team, who can perform dives and flips comfortably. Parent observation is encouraged.

#### **Lifeguarding Course with Waterfront Module**

Joel Freeman, Red Cross instructor

Act #	Day	Date	Time	Fee
311210-01	Mon-Fri	Jun 9-13	4:00-9:00PM	\$240
311210-02	Mon-Fri	Aug 11-15	9:00AM-2:00PM	\$240
Ages 15+		-	Penfield High Sch	ool Pool

This American Red Cross course certifies a person to serve as a pool and waterfront lifeguard. Instruction also includes training in First Aid, CPR, and AED for a total program. Get the Lifeguard book at the Recreation Office when you register. Bring your suit, goggles, towel, lifeguard book and materials to all class sessions. Swimming requirements during course include a timed surface dive 7-10 ft, retrieving a 10 lb. object, then swimming 20 yd with object held by both hands; pool guard does 150 yd swim/2 min no hands tread/50 yd swim and waterfront swims 350 yd swim/2 min no hands tread/200 swim using freestyle and breast strokes. Upon successful completion of this course, you will receive a certificate in lifeguarding, first aid, and CPR/AED for the professional rescuer, valid for two years. Book, CPR mask, whistle, and fanny pack included.

#### **Lifeguarding Course Recertification**

Joel Freeman, Red Cross instructor

Act #	Day	Date	Time	Fee
311220-01	Wed	Jun 11	4:00-9:00PM	\$100
311220-02	Wed	Aug 13	9:00AM-5:00PM	\$100
Ages 16+ (plus current certification)			Penfield High Sch	ool Pool

This is a recertification training in lifeguarding, First Aid, CPR, and AED. Bring a swimsuit, goggles, towel, lifeguard book, and CPR mask. Upon successful completion of this course, you will receive a certificate in lifeguarding, first aid, and CPR/AED for the professional rescuer, valid for two years.

# **American Red Cross Water Safety Instructor Certification Class**

Joel Freeman, certified Red Cross instructor trainer

Act #	Day	Date	Time	Fee	
311230-01	Mon-Fri	Jun 9-13	4:00-9:00PM	\$240	
311230-02	Mon-Fri	Aug 11-15	9:00AM-2:00PM	\$240	
Ages 15+		-	Penfield High School Pool		

This program is for swimmers who have completed the American Red Cross Swim Level 4 and are interested in becoming instructors for Red Cross swim programs. You will learn how to instruct the American Red Cross swimming levels, both adult and children's lessons, and basic water safety. Attendance at all class sessions is required for completion and certification as a water safety instructor. Books included—pick up after registration at Rec office. Prerequisite: completion of Level 4 in the ARC swim course & a strong sense of maturity & responsibility.



#### **Aquatics**

#### **Summer Swim Lessons**

Non-swimmer through advanced swimmer levels. Lessons are held in the mornings starting at 8AM.

All sessions are five classes that are 50 minutes long. Parent watch day is every day.

**Tiny Tadpole** lessons are for ages 4 to 5 years old. They will be held on an elevated dock for comfort and confidence.

Water Safety and basic swimming skills are taught in a playful manner to encourage a love for swimming.

**Levels 1 to 6** are for ages 6 to 14 years old. (Exceptions can be made on a case-by-case basis.)

Monday - Friday \$60

SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5	SESSION 6		
June 30 - July 4	July 7 - July 11	July 14 - July 18	July 21 - July 25	July 28 - Aug 1	Aug 4 - Aug 8		
	8:00AM - 8:50AM						
311250-1T - Tadpole	311250-2T - Tadpole	311250-3T - Tadpole	311250-4T - Tadpole	311250-5T - Tadpole	311250-6T - Tadpole		
311250-11 - Level 1	311250-21 - Level 1	311250-31 - Level 1	311250-41 - Level 1	311250-51 - Level 1	311250-61 - Level 1		
311250-12 - Level 2	311250-22 - Level 2	311250-32 - Level 2	311250-42 - Level 2	311250-52 - Level 2	311250-62 - Level 2		
311250-13 - Level 3	311250-23 - Level 3	311250-33 - Level 3	311250-43 - Level 3	311250-53 - Level 3	311250-63 - Level 3		
311250-14 - Level 4	311250-24 - Level 4	311250-34 - Level 4	311250-44 - Level 4	311250-54 - Level 4	311250-64 - Level 4		
		9:00AM	9:50AM				
311251-1T - Tadpole	311251-2T - Tadpole	311251-3T - Tadpole	311251-4T - Tadpole	311251-5T - Tadpole	311251-6T - Tadpole		
311251-11 - Level 1	311251-21 - Level 1	311251-31 - Level 1	311251-41 - Level 1	311251-51 - Level 1	311251-61 - Level 1		
311251-12 - Level 2	311251-22 - Level 2	311251-32 - Level 2	311251-42 - Level 2	311251-52 - Level 2	311251-62 - Level 2		
311251-13 - Level 3	311251-23 - Level 3	311251-33 - Level 3	311251-43 - Level 3	311251-53 - Level 3	311251-63 - Level 3		
311251-14 - Level 4	311251-24 - Level 4	311251-34 - Level 4	311251-44 - Level 4	311251-54 - Level 4	311251-64 - Level 4		
		10:00AM	- 10:50AM				
311252-1T - Tadpole	311252-2T - Tadpole	311252-3T - Tadpole	311252-4T - Tadpole	311252-5T - Tadpole	311252-6T - Tadpole		
311252-11 - Level 1	311252-21 - Level 1	311252-31 - Level 1	311252-41 - Level 1	311252-51 - Level 1	311252-61 - Level 1		
311252-12 - Level 2	311252-22 - Level 2	311252-32 - Level 2	311252-42 - Level 2	311252-52 - Level 2	311252-62 - Level 2		
311252-13 - Level 3	311252-23 - Level 3	311252-33 - Level 3	311252-43 - Level 3	311252-53 - Level 3	311252-63 - Level 3		
311252-14 - Level 4	311252-24 - Level 4	311252-34 - Level 4	311252-44 - Level 4	311252-54 - Level 4	311252-64 - Level 4		
11:00AM - 11:50AM							
311253-15 - Level 5	311253-25 - Level 5	311253-35 - Level 5	311253-45 - Level 5	311253-55 - Level 5	311253-65 - Level 5		
311253-16 - Level 6	311253-26 - Level 6	311253-36 - Level 6	311253-46 - Level 6	311253-56 - Level 6	311253-66 - Level 6		

#### American Red Cross Swimming Levels: example of skills learned in each level.

**LEVEL 1 Intro to water skills:** swim with support, submerge face, front and back float with support.

LEVEL 2 Fundamentals of Aquatic skills: swim 15 feet, submerge head, retrieve object, tread water 15 sec.

**LEVEL 3 Stroke development:** Front crawl 15 yard, Elementary Backstroke 15 yard, Kneeling dive, tread water 1 min.

**LEVEL 4 Stroke Improvement:** Back crawl, Butterfly, Breaststroke, open turns, standing dive, Tread water 2 min.

**LEVEL 5 Stroke Refinement:** Shallow dive, swim farther and better, flip turns, Tread water no arms 2 min.

LEVEL 6 Personal water safety: 500 yard swim, all swim turns, all swim strokes, tread water, water safety skills.

**LEVEL 7 Fitness swimmer:** 500 yard swim, all swim turns, tread water, all swim strokes, focus on training.

# EEK FREE TRIA

- **SWIM 1-5 TIMES A WEEK**
- **GET INDIVIDUAL ATTENTION**
- **WORK WITH COACHES WITH** DECADES OF EXPERIENCE
- BE PART OF A SUPPORTIVE SWIM COMMUNITY

Free Swim Cap with Trial - mention this ad!

9/1





SDSCPENFIELD@GMAIL.COM / SEA-DRAGONS.ORG

#### **Adult Arts & Crafts/Adult Education**

# ARTS AND CRAFTS

#### **Decoupage Steppingstones**

Jeanine Fife, Broccolo Garden Center

Act #	Day	Date	Time	Fee
332471-01	Sat	Jun 7	10:00-11:30AM	\$35
Ages 16+			Broccolo Gardei	n Center

Celebrate pollinator week and create one-of-a-kind steppingstones for a patio or garden using stunning nature-themed fabrics. Learn to decoupage with fabric to decorate ordinary steppingstones and transform your walkways and use as unique garden accent pieces.

Broccolo Garden Center is located at 2755 Penfield Rd.

#### **Birdhouse with Living Roof**

Jeanine Fife, Broccolo Garden Center

Act #	Day	Date	Time	Fee
332475-01	Thu	Jun 12	11:00AM-12:30PM	\$45
Ages 16+			Broccolo Garden	Center

Decorate a wooden birdhouse with live plants for use in your garden or in your house. We provide all materials including birdhouse, moss, plastic liner, plants, and glue. Afterwards, paint or stain your birdhouse to protect it.

Broccolo Garden Center is located at 2755 Penfield Rd.

#### **Lavender Wand**

Jeanine Fife, Broccolo Garden Center

Act #	Day	Date	Time	Fee	
332473-01	Sat	Jun 21	10:00-11:30AM	\$35	
Ages 14+			Broccolo Garden Cente		

Use as a personal sachet or a gift that keeps on giving. Construct a fresh lavender bunch bound with colorful ribbon you weave yourself. All materials provided to make a long-lasting air freshener. Soothe your senses with lavender.

Broccolo Garden Center is located at 2755 Penfield Rd.

#### **Learn How to Make Hypertufa Pots**

Jeanine Fife, Broccolo Garden Center

Act #	Day	Date	Time	Fee
332472-01	Sat	Jun 28	10:00-11:30AM	\$35
Ages 14+			Broccolo Garde	n Center

Make beautiful garden containers that will last for years with the wonderful Hyper Tufa technique. Each student creates their own pot to take home.

Broccolo Garden Center is located at 2755 Penfield Rd.

#### **Leaf Sand Casting**

Jeanine Fife, Broccolo Garden Center

Act #	Day	Date	Time	Fee
332474-01	Sat	Sep 6	10:00-11:30AM	\$35
Ages 14+			Broccolo Gardei	n Center

Join "J" in making a sand casting from Hosta or similar leaves to serve as a small bird bath or tray. \*Will need to return 2 days later after product dries.\*

Broccolo Garden Center is located at 2755 Penfield Rd.

# Royal Icing Cookie Decorating - July 4th

**Daydream Cakes** 

Act #	Day	Date	Time	Fee
332440-01	Wed	Jul 2	6:00PM-7:30PM	\$36
Ages 16+			Penfield Community	Center

A night out with cookies and learning some new skills, what could be better? In this class you will learn tips and tricks to decorate beautiful royal icing cookies! All participants will receive a dozen cut out cookies, piping bags, a frosting recipe, and enjoy a demonstration from the cookie experts at Daydream Cakes on how to execute simple yet beautiful holiday cookie decorating techniques.

# ADULT EDUCATION

#### **Retirement: Making Your Money Last**

John Pascucci, CFP®, AAMS®, CRPC®, Financial Advisor

Act #	Day	Date	Time	Fee
337240-01	Thu	Sep 4	5:00-6:00PM	No Fee
Age 55+		-	Virtu	al Seminar

Retirement: Making Your Money Last is a seminar designed for people who are thinking about retiring or have retired recently. The workshop will help you focus on what matters most to you and build a financial strategy to achieve it. There will be time for Q&A throughout.

#### **American Sign Language for Beginners**

Michelle Wierman, Wierman Study Center

Act #	Day	Date	Time	Fee
335890-01	Tue	Jun 3-Jul 1	5:00-6:00PM	\$130
Ages 18+			Penfield Commun	ity Center

This introductory course in American Sign Language is designed with multi-sensory learners in mind and uses a flipped-classroom approach. Students get lifetime access to pre-recorded video lessons that they will watch before each live class, then class time will be used to work on conversational skills and vocabulary practice. Topics covered include introductions, greetings, family, colors, activities, numbers, and feelings.

#### **American Sign Language Level 2**

Michelle Wierman, Wierman Study Center

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Act #	Day	Date	Time	Fee
335891-01	Tue	Jun 3-Jul 1	6:00-7:00PM	\$130
Ages 18+			Penfield Commun	itv Center

Come join us for the second course in our American Sign Language series. Learn the signs you need to discuss emotions, clothing, everyday activities, and subjects of interest. But wait! This isn't just a vocabulary class, it's your ticket to great conversations. You'll also learn how to use the past and future tenses and practice actual conversations in every class. Learning to sign can be easier, and more fun, than you ever thought possible!





#### ColorPenfieldGreen.org

#### "The Week" Worldwide Action to Acknowledge our Environmental Crisis

Act #	Day	Date	Time	Fee
351010-01	Tue, Wed, Thu	Aug 19, 20, 21	7:00-9:00PM	Free

#### All ages Dolomite Lodge

Join Color Penfield Green" for this three-day event to engage, educate and discuss the often-overwhelming reality of the environmental crisis. "The Week" is a global environmental movement designed to inspire urgent action on climate change. It is a structured three session program that encourages participants to think deeply about the climate crisis through guided discussions, short films, and group reflection. The three times you get together, you watch one episode of a 3-part documentary that was carefully scripted and filmed to lead you through a powerful experience... followed by discussion. Think of this as a community conference, an opportunity to be present, share and engage with others. "Yes! It is longer than a football game, less longer than a season of Games of Throne and it's a powerful, unique experience. Bring your family, friends, neighbors, colleagues or come alone for this shared learning journey. This program will be held at the Dolomite Lodge.



#### **DOG OBEDIENCE**

#### **Puppy Kindergarten**

Kathy Boone

Act #	Day	Date	Time	Fee
355850-01	Mon	Jun 2-Jul 7	6:00-7:00PM	\$120
Ages 18+			Penfield Commun	ity Center

Start your puppy training off right! This six-week class is the start of a new puppy's socialization, focus, and basic training. Your instructor includes housebreaking, problem solving, body language, and the start to your beginning obedience commands. This first class is a discussion on class orientation, diet, exercise, behavior problems, crate training and socialization. PLEASE DO NOT BRING YOUR DOG TO THE FIRST CLASS.

#### **Basic Dog Obedience**

Kathy Boone

Act #	Day	Date	Time	Fee
355850-02	Mon	Jun 2-Jul 7	7:00-8:00PM	\$120
Ages 18+			Penfield Commun	ity Center

This six-week class gets down to business with the basics. Teach your canine friend how to take you for a walk without dragging you around. Together you will learn how to focus your dog and all the basic commands: sit, down, stay, and come. This class is for dogs six months old or older. PLEASE DO NOT BRING YOUR DOG TO THE FIRST CLASS.

#### **Spanish For Travelers**

NEW!

Maria Harvey

Act #	Day	Date	Time	Fee
366412-J	Wed	May 21-Jun 25	3:00-4:00PM	\$102
Ages 55+			Penfield Commun	ity Center

Embark on your next adventure with confidence! This beginner-level Spanish course is designed for travelers who want to navigate Spanish-speaking countries with ease. You'll learn essential vocabulary, common phrases, and practical communication skills to handle real-life situations such as ordering food, asking for directions, booking accommodations, shopping, and basic social interactions.

- Designed for Adults Practical lessons
- Fast & Effective Learn what you need, skip what you don't
- Interactive & Fun Real-life scenarios, role-playing, and cultural insights
- Zero Experience Needed Perfect for beginners!

Make your next trip unforgettable—speak Spanish, explore freely, and experience the culture like a local.

#### **AARP Smart Driver Course**

Act #	Day	Date	Time	Fee
343455-01	Tue & Th	u May 20 & 22	9:00AM-12:00PM	\$25/\$30
343455-02	Tue & Th	u Aug 12 & 14	9:00AM-12:00PM	\$25/\$30
		-	Penfield Communi	tv Center

Designed for mature licensed drivers to tune up driving skills, update knowledge of age-related physical changes, and adjust driving for these changes. Upon completion participants will receive up to 10% multi-year discount on auto insurance, and DMV may assess up to 4-point reduction. You will develop a greater appreciation of driving challenges. (There will be a half-hour break for lunch on the full day class.) Fee \$25 for AARP members/\$30 for non-members. IMPORTANT: Make checks payable to AARP!



# ADULT FITNESS, HEALTH & WELLNESS

#### **Oula Dance Fitness**

Corinne Paull, Oula Rochester

Act #	Day	Date	Time	Fee	
333850-01	Thu	Jun 12-26	7:15-8:15PM	\$36	
333850-02	Thu	Jul 10-31	7:00-8:00PM	\$48	
333850-03	Thu	Aug 7-21	7:00-8:00PM	\$36	
333850-04	Thu	Drop-in	7:00-8:00PM	\$14/class	
Ages 18+			Penfield Community Center		

Join the FUN! Music, movement, community—Oula invites every body to combine music and movement for a deeper connection to self and body. Movement in our bodies creates movement in our lives! At its most basic, Oula is an easy-to-follow, motivating hour of high-cardio exercise for people of all abilities. But Oula is not just a well-rounded fitness class, it is an experience where you are free to let it all out and DANCE, free of judgement. Because our focus is on how you feel, rather than how you look, you will experience the freedom of a supportive environment and community rather than competition and comparison.

Oula classes are carefully curated to take participants on an emotional journey so that in our hour, we have the opportunity feel sexy, joyful, powerful, sad, silly...the list goes on. You will leave feeling lighter both emotionally and physically and emotionally! Part living room dance party, part therapy session with your best friends!

#### **Gentle Yoga**

Amanda Keller

Act #	Day	Date	Time	Fee
333867-01	Tue	Jun 3-24	9:30-10:30AM	\$44
Ages 18+			Penfield Communit	y Center

This class includes simple flowing sequences to warm up the body, as well as slower paced movements focusing on alignment, balance, and flexibility. We'll use movement and breath to strengthen and stretch, as well as to relax and rejuvenate. Appropriate for beginners, and those with more yoga experience. Please bring a yoga mat.

#### **Outdoor Gentle Yoga**

Amanda Keller

Act #	Day	Date	Time	Fee
333870-01	Tue	Jul 8-Aug 12	9:30-10:30AM	\$66
Ages 18+		_	Harris Wha	len Park

This class includes simple flowing sequences to warm up the body, as well as slower paced movements focusing on alignment, balance, and flexibility. We'll use movement and breath to strengthen and stretch, as well as to relax and rejuvenate. Appropriate for beginners, and those with more yoga experience. Please bring a yoga mat. This class will be held outdoors so please dress appropriately for the weather. We'll meet at the top of the hill at Harris Whalen Park in a shaded location across from the playground.

### REGISTER ONLINE

using our secure registration system!
See details on page 55

#### Zumba

Katy Rebholz, Zumba Instructor

Act #	Day	Date	Time	Fee
333860-01	Tue	Jun 17-Jul 15	6:30-7:15PM	\$50
333860-02	Tue	Jul 22-Aug 19	6:30-7:15PM	\$40
(no class 7/29	9)			
Ages 16+ Pen			Penfield Commur	nity Center

Zumba classes include a warm-up, a series of dances in a variety of Latin styles, including Cumbia, Reggaetón, Merengue, and Salsa, and a cool down. You don't need any prior experience to take a Zumba class – Ms. Katy will demonstrate and indicate everything for you! Designed to combine fun and fitness, Zumba is a great way to take some of the pressure off exercising.

#### **Chair Yoga**

Carol Moon, Instructor

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Act #	Day	Date	Time	Fee
344835-01	Fri	Jun 27-Aug 29	11:00AM-12:00PM	\$64
(no class 7/4	& 7/18)	-		
Ages 55±			Harris Whalen	Lodge

Chair Yoga features all the components of a traditional yoga class such as breathing practices, meditation, and physical postures. It has the classic benefits of improved strength, balance, flexibility, & reduced stress. However, class is conducted either seated or standing beside a chair for support, making the class accessible to most anyone.

The classes on 6/27, 8/22 & 8/29 will be held at Penfield Community Center.



#### **Penfield Pack Dog Walking Club**

Haley Knapp

Ages 18+

Act #	Day	Date	Time	Fee
335851-01	Tue/Thu	5:15-6:15P	М	Free
	Jun 10, Jun 19, Jul 8			
	Jul 24, A	ug 5, Aug 21	, Sep 9	

\*Must have proof of Rabies Vaccine

Do you have a dog that you want to get out and get socialized? Or a dog that loves going on walks with other dog friends?! Join our dog walking club. We will get together twice a month at a specified location and walk our fur babies together. Tuesday walks will be held in the Town of Penfield. Thursday walks will be held outside of the town at other local parks. Specific locations will be given a few days prior to each walk. Any dog is welcome! We will have rules that pet parents will receive before attending their first walk. Please note, this is not a dog play date, this is for dogs and humans to get together in a structured setting and walk together. This is a drop-in activity so feel free to come to one or all! Just make sure you register before attending; you can have more than one dog per participant.

**Location: TBD** 

# ADULT SPORTS & RECREATION

#### **Outdoor Summer Pickleball Lessons** Mark Banford

#### **BEGINNER**

Act #	Day	Date	Time	Fee
339291-01 (no class 7/1)	Tue	Jun 17-Jul 15	4:30-6:00PM	\$60
339291-02	Tue	Jul 22-Aug 12	4:30-6:00PM	\$60
INTERME	DIATE			
Act #	Day	Date	Time	Fee
339291-03 (no class 7/3)	Thu	Jun 19-Jul 17	4:30-6:00PM	\$60
339291-04	Thu	Jul 24-Aug 14	4:30-6:00PM	\$60
339291-05	Thu	Aug 21-Sep 11	4:30-6:00PM	\$60
Ages 30+		Shadow Pines Pickleball Courts		

Beginner lessons will go over basic rules and game play. Intermediate lessons will help the participant become more comfortable with hitting the ball into the no-volley zone. Other topics include teamwork, footwork, block, and punch volley technique. Lessons will also include strategy for match play.

Shadow Pines Pickleball Courts are located near the corner of Whalen Rd. and Atlantic Ave. on the north-east side of the property.

#### **Outdoor Summer Pickleball Ladder League**

Mark Banford	Mai	k E	Ban	ıfo	rd
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Act #	Day	Date	Time	Fee	
339292-01 (no class 7/3)	Thu	Jun 19-Aug 7	6:00-9:00PM	\$50	
Ages 21+		Shadow Pines Pickleball Cour			

Participants will play three games each week against players in the same level, while changing partners each game. The total score will determine player movement moving up and down from week to week based on league performance. If players are unable to participate, they must find their own subs.

Shadow Pines Pickleball Courts are located near the corner of Whalen Rd. and Atlantic Ave. on the north-east side of the property.

#### **Mix & Match Tennis - Newbies**

Ron Dyson, USTA Eastern Tennis

Act #	Day	Date	Time	Fee
339210-01	Mon	Jun 2-30	6:00-8:00PM	\$90
339210-02	Mon	Jul 14-Aug 11	6:00-8:00PM	\$90
Ages 18+		Harris Whalen Park Tennis Courts		

Tennis is a great social sport where adults can find success at any level. This is an adult beginner ("newbie") learn and play tennis program geared to introduce new players to the sport as well as interact with area residents. During the five sessions, participants will receive instruction on how to play and improve beginner skills followed by casual, organized play in a fun environment with other newbies. Players will be encouraged to continue the fun off court and should bring a racquet, tennis shoes/sneakers and water.

#### Mix & Match Tennis - Some Experience

Ron Dyson, USTA Eastern Tennis

Act #	Day	Date	Time	Fee
339211-01	Wed	Jun 4-Jul 2	6:00-8:00PM	\$65
339211-02	Wed	Jul 16-Aug 13	6:00-8:00PM	\$65
Ages 18+		Harris Whalen Park Tennis Courts		

This is an adult tennis program geared for players with some tennis experience (a 2.5 to 3.5 in USTA rating terms). Players may show up every week or just when they can. Short format matches will be played to allow players to mix with and against several others. Play will consist of mostly doubles. Balls will be provided so just show up with your racquet, tennis shoes/sneakers and water. Players will be encouraged to continue the fun off court.

#### **Bushido Kai Judo**

Bushido Kai Judo, Inc - Instructor Heiko Rommelman,

2018 PAN-AM Gold Medalist

Act #	Day	Date	Time	Fee
335020-01	Mon & Wed	Jun 9-Aug 20	7:15-9:00PM	\$100
(no class 7/2	2)			
335020-02			Add Family Member	\$60
Ages 10+			Penfield Community	Center

Bushido Kai Judo, Inc is organized for males and females ages ten years old through adults to learn the martial art and Olympic sport of Judo. Classes are taught by certified coaches, instructors, and black belts. Everyone taking this program is required to join the US Judo Association for insurance purposes. Uniforms are also required and can be purchased or rented for the season at the first class. For more information about Bushido Kai Judo, Inc please see our website www.bushidokaijudo.com or follow us on Facebook or Instagram!

#### **Adult Beginner Golf**

Eagle Vale professional instructor

Act #	Day	Date	Time	Fee
334455-01	Tue	Jun 17-Jul 15	5:00-6:00PM	\$159
(no class 7	/1)			
334455-02	2 Wed	Jun 18-Jul 16	5:00-6:00PM	\$159
(no class 7	/2)			
334455-03	3 Thu	Jun 19-Jul 17	5:00-6:00PM	\$159
(no class 7	/3)			
334455-04	1 Tue	Jul 22-Aug 12	5:00-6:00PM	\$159
334455-05	5 Wed	Jul 23-Aug 13	5:00-6:00PM	\$159
334455-06	5 Thu	Jul 24-Aug 14	5:00-6:00PM	\$159
Ages 18+ Eagle Vale Golf Club				

This course is designed for the true beginner golfer. Our professional instructors will gently guide you through the fundamentals of golf in an entertaining four-week course. Simple, easy to follow fundamentals of grip, posture, and aim will be a starting point, with the swing shape and style introduced at the proper time. The short game, rules and etiquette will be touched on to round out the curriculum. Rain or missed dates can be made up during any normally scheduled class time, throughout the end of the season. Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.

#### **Adult Sports & Recreation**

#### **Adult Advanced Beginner Golf**

Eagle Vale professional instructor

Act #	Day	Date	Time	Fee
334456-01 (no class 7/1)	Tue	Jun 17-Jul 15	6:00-7:00PM	\$159
334456-02 (no class 7/2)	Wed	Jun 18-Jul 16	6:00-7:00PM	\$159
334456-03 (no class 7/3)	Thu	Jun 19-Jul 17	6:00-7:00PM	\$159
334456-04	Tue	Jul 22-Aug 12	6:00-7:00PM	\$159
334456-05	Wed	Jul 23-Aug 13	6:00-7:00PM	\$159
334456-06	Thu	Jul 24-Aug 14	6:00-7:00PM	\$159
Ages 18+		Eagle Vale Golf Club		

A natural progression from "Adult Beginner Golf." This course expands on what you have already learned in the previous course. More in-depth analysis of your golf swing will be the focus, along with pre-swing fundamentals and pre-shot routines. Additional time will be spent on putting, short game, rules, and proper etiquette. Short game instruction will include pitch shots, chip shots, and bunker play. Rain or missed dates can be made up during any normally scheduled class time, throughout the end of the season. Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.

#### **Adult Short Game Golf Clinic**

Eagle Vale professional instructor

Act #	Day	Date	Time	Fee
334457-01 (no class 7/1)	Tue	Jun 17-Jul 15	7:00-8:00PM	\$179
334457-02 (no class 7/2)	Wed	Jun 18-Jul 16	7:00-8:00PM	\$179
334457-03 (no class 7/3)	Thu	Jun 19-Jul 17	7:00-8:00PM	\$179
334457-04	Tue	Jul 22-Aug 12	7:00-8:00PM	\$179
334457-05	Wed	Jul 23-Aug 13	7:00-8:00PM	\$179
334457-06	Thu	Jul 24-Aug 14	7:00-8:00PM	\$179
Ages 18+ Eagle Vale Golf C				ale Golf Club

Emphasis will be on putting, chipping, pitching, and bunker play. This clinic is perfect for those players who hit the ball relatively well, but then struggle when they get near the green, often taking multiple strokes and/or putts. The short game is the most overlooked part of the game, with the greatest impact on your ability to lower your scores. Much of this clinic will take place on the golf course, with our extensive short game area being used as well. Rain or missed dates can be made up during any normally scheduled class time, throughout the end of the season. Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.

#### 55+ Golf Camp

Eagle Vale professional instructor

#### **MEN'S**

Act #	Day	Date	Time	Fee		
334460-01	Mon	Jun 23-Jul 21	2:00-3:00PM	\$159		
334460-02	Mon	Jul 28-Aug 18	2:00-3:00PM	\$159		
LADIES'						
Act #	Day	Date	Time	Fee		
334460-03	Mon	Jun 23-Jul 21	3:00-4:00PM	\$159		
334460-04	Mon	Jul 28-Aug 18	3:00-4:00PM	\$159		
Ages 55+	ges 55+ Eagle Vale Golf					

**MENS** - Lost a little distance lately? Not as flexible as you once were? Here's a program designed to improve your distance with drills and exercises aimed at increasing your strength and flexibility. Golfers will also work on their full swing, short game, and course management skills. Please call (585) 377-5200 or visit www.eaglevale.com for more information.

**LADIES** - Enjoy the camaraderie of your fellow lady golfers in this small group setting. Learn the keys behind hitting your driver further, while freeing up your swing to get the maximum distance on all your shots. All aspects of your golf game will be worked on, but we will still have the emphasis on hitting the ball further. Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.

#### Golf for 50+

Shadow Lake Golf Course

Siluatir Lake					
Act #	Day	Date	Time	Fee	
344450-01	Tue	Jun 10	7:30-8:15AM	\$12	
344450-02	Tue	Jun 17	7:30-8:15AM	\$12	
344450-03	Tue	Jun 24	7:30-8:15AM	\$12	
344450-04	Tue	Jul 1	7:30-8:15AM	\$12	
344450-05	Tue	Jul 8	7:30-8:15AM	\$12	
344450-06	Tue	Jul 15	7:30-8:15AM	\$12	
344450-07	Tue	Jul 22	7:30-8:15AM	\$12	
344450-08	Tue	Jul 29	7:30-8:15AM	\$12	
344450-09	Tue	Aug 5	7:30-8:15AM	\$12	
344450-10	Tue	Aug 12	7:30-8:15AM	\$12	
Ages 50+		•	<b>Shadow Lake Executive Course</b>		

Come out and play some Tuesday morning golf with friends! Foursomes will accommodate both men and women. Foursomes arranged by starter prior to tee-off. First tee time out 7:30AM - Last tee time out 8:15AM.

Shadow Lake Golf Course is located at 1850 Five Mile Line Rd. in Penfield.

## **Adult Sports & Recreation**

#### **Volleyball League - Coed**

Michael Carney, League Coordinator

Act #	Day	Date	Time	Fee
339630-01	Thu	Jun 19-Aug 21	6:00-9:00PM	\$90
(no class 7/3)				
Ages 16+			<b>Penfield Commun</b>	ity Center

Registration is per team. This indoor six-player coed volleyball league will run for eight weeks with playoffs at the end. It is geared towards experienced players. A maximum ten-player roster must be reported to the coordinator by the fourth week of the season; only roster-players can participate afterwards. Either a minimum of two females must be on the court for a six-player rotation or one female must be on the court for a five-player rotation. Teams interested in joining should contact Penfield Recreation at (585-340-8655). Individual players looking for a team may call to be added to a player/sub list.

#### **Learn to Skate: Teen & Adult**

Pamela Warren

	•			
Act #	Day	Date	Time	Fee
305436-01	Wed	Jul 9-23	6:00-6:50PM	\$75
305436-02	Wed	Aug 6-20	6:00-6:50PM	\$75
Ages 13+		_	Villa	ge Sports

This program offers a teen and adult skating curriculum for those looking to skate for fun, fitness, or to start a new adventure in figure skating or hockey. The program promotes physical fitness and improved balance and coordination while learning proper skating techniques on the ice. An additional \$20 fee must be paid to the instructor at the first class that goes to U.S. Figure Skating for insurance coverage.

Village Sports is located at 2830 Baird Rd. in Fairport.

#### **Aspire - Advanced Ice Skating**

Pamela Warren

Act #	Day	Date	Time	Fee
305437-01	Wed	Jul 9-23	6:00-6:50PM	\$75
305437-02	Wed	Aug 6-20	6:00-6:50PM	\$75
Ages 7+			Villa	ge Sports

Join Aspire and take your skating to the next level! Put your skater on the track to success with the Aspire program. Aspire is a bridge program between Learn to Skate USA and advanced figure skating classes. Classes are designed to help each skater meet his or her individual skating goals, while introducing them to advanced figure skating training. A 25-minute lesson with 25 minutes of practice. An additional \$20 fee must be paid to the instructor at the first class that goes to U.S. Figure Skating for insurance coverage. Skate rental is also available for the additional cost of \$12 for the three-week session.

Village Sports is located at 2830 Baird Rd. in Fairport.



# RECREATION EQUIPMENT LOAN

Want to play a sport, but don't want to buy the equipment? We've got you covered!

You can now borrow equipment from the Recreation office for free!

To start we have Pickleball sets and Disc Golf sets, each with game instructions and rules.

Drop by the Penfield Rec office, borrow the equipment, and head out to recreate ASAP!











# Adding a New EV or Heat Pump System?

Register your purchase and unlock over \$30,000 in grants for town sustainability projects



The Town of Penfield in collaboration with Color Penfield Green is conducting two Clean Energy Communities campaigns to earn NYSERDA Action Grant money for town sustainability projects.

Join our campaigns! Tell the town about your electric vehicle, heat pump system, or heat pump water heater purchase by completing the form at the link below.

The town will earn grant amounts shown above for town projects. Past projects included improvements to the town EV charging infrastructure and planting trees.

- Qualifying purchases can go back as far as 10/1/21 (campaign start date)
- EVs must be fully battery electric (not hybrid)
- · Leases do not qualify
- Air source heat pumps are also called 'mini splits'
- Ground source heat pumps are also called 'geothermal systems'



Purchase submission form (about 5 min to complete): http://www.penfield.org/CleanEnergyCampaign

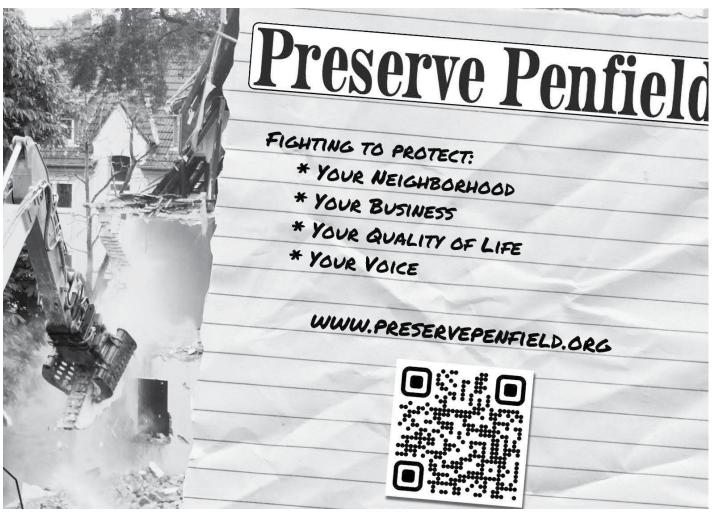
Clean Energy Communities Campaign







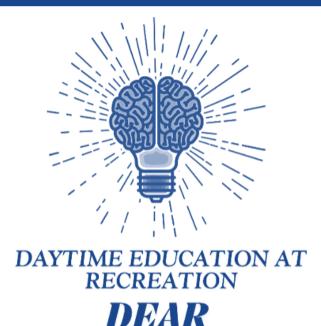
NYSERDA





## **General Info & Events for Adults 50+**

# DAYTIME EDUCATION AT RECREATION (DEAR) PROGRAMS AND GENERAL INFO FOR ADULTS 50+



#### What is DEAR?

DEAR stands for Daytime Education at Recreation, offering lifelong learning opportunities for retired adults who want to keep learning in a fun, recreational way. Our programs are led by volunteers from various backgrounds, including academia, business, and the private sector. These volunteers are passionate about researching and sharing their knowledge with others. We invite you to explore our wide range of topics, designed to inspire curiosity and engagement. It's a great way to get out of the house, meet new people, and discover something new—at no cost!

Penfield Recreation provides an assortment of programs for adults through our Daytime Education at Recreation program and also in the Adult section of this brochure.

**Bi-Weekly E-Newsletter:** Call us 340-8655 to be added to the e-newsletter to get updates, cancelations, new pop-up classes added after the brochure was printed, film selections, Thursday lunch/lecture menus, Sandwich Counter hours and menu, reminders, and more.

**Tuesdays - Mahjongg:** Tuesdays, May 6-June 23. We have open tables for groups to play Mahjongg on Tuesday mornings from 9:00AM-12:00PM. Stop in with friends or a group to start up your own Mahjongg game. Exercise your mind and meet new people every Tuesday! (*Please note that players must organize play on their own.*)

**Sandwich Counter:** Call, check our website, or receive our weekly e-mail for open dates and times. Times will vary depending on programming. Call 340-8655, option 0.

**Bridge Group:** Contact Janet Flanagan (645-5247) if you are interested in playing Bridge.

**Penfield Big Band Night:** The first Tuesday of each month the Penfield Big Band will play two hours of your favorite big band sounds for dancing and listening. No concert in July & Aug. 7:30-9:30PM \$2.00 - pay at the door

Penfield Community Center (Also, see them at Penfield Amphitheater on June 17!)

#### **Wednesday Tea Salon** (See page 45 for details)

Immerse yourself in the simple pleasures of a steaming cup of tea, accompanied by an array of delectable treats like cookies, scones, and cakes, all while partaking in delightful conversations. Our group is united by a profound passion for forging connections with new individuals and treasuring moments shared with both fresh faces and familiar friends during our tea gatherings.

**Tea Salon Book Discussion:** We cordially invite you to join us for our beloved Tea Salon Book Discussion, a time-honored tradition held on the third Wednesday of each month. We take great care to ensure that the selected books for discussion are readily accessible for borrowing at Penfield Library every month, guaranteeing that everyone can partake in our literary conversations. To keep abreast of our latest book selections and other exciting developments, we encourage you to subscribe to our bi-weekly e-newsletters by visiting www.penfieldrec.org/DEARnews. No tea in July & Aug.

#### **Eldersource**

Eldersource Care Management Service is a program of Lifespan. It features one telephone number for unbiased age-related assistance and professional social workers who guide older adults and caregivers through the complex long-term care system, and connect them with community supports and assistance. For information call 325-2800. An Eldersource care manager will be at the Penfield Community Center the last Tuesday of every month from 11:00AM-12:00PM. It is first come, first served each month; appointments are not required. For immediate assistance please call Lifespan at NY Connects at 325-2800.

#### **AARP Drivers Education Courses**

(See page 33 for details.)

DEAR Advisory Board Members needed for 2025! Please contact Pam 340-8655 or at gerace@penfield.org.

#### Thank you to our DEAR Advisory Board:

Joan Albany, Al Biles, Barbara Brachfeld, Beth Dilcher, Lisa Hibner, Rosemary Irwin, John Schmeelk, John Steele, Sandy Wurzer

# The DEAR program moves to the Dolomite Lodge from June 30 - August 21

Do you have a hobby or interest in a particular topic? Are you willing to share it with others? If so, contact Pam at 340-8655 and she can help you develop a one time or a multi-week series on the subject. We offer free program development training if you are willing to volunteer your time and experience with others.

## **MONDAYS**-

All DEAR programs are free and are held at the Penfield Community Center unless otherwise noted. Starting Monday, June 30 summer classes will be held at the Dolomite Lodge.

#### The Great Courses: History of Forensics: Part II

Joel Freeman, Penfield Recreation

Act #	Day	Date	Time	Fee
366410-E	Mon	May 5 -Ju	ine 30 11:45AM	Free

Step into the world of forensic science and study the most fascinating historical crimes and mysteries from the last two centuries in Forensic History. This session: political assassinations, the Romanov family, spies and more. (This program will move to Dolomite Lodge on June 30.)

#### **History of Christianity** (continued)

Phil Arnold

Act #	Day	Date	Time
166410-C	Mon	Mar 17-Jun 23	10:00-11:30AM
(no class 5/26	, 5/19, 6/9	))	

Continue the journey through the history of Christianity. A comprehensive overview that explores the world's most far-reaching religion that has changed politics, culture, and humanity throughout its existence. The audience will survey the evolution of Christianity as well as how it has fit into the dogma of religious thought and exploration throughout the centuries.

# Unsung Heroes: Women Who Shaped World War II

Ken Andrews

Act #	Day	Date	Time	
366410-A	Mon	May 19	10:00-11:30AM	

During World War II, women around the world stepped into critical roles, displaying extraordinary courage, intelligence, and resilience. This presentation highlights the incredible stories of female spies, resistance fighters, pilots, medics, and codebreakers who changed the course of history. Join us as we honor their bravery and lasting impact on the war and beyond.

# History Researchers Wanted: History Sleuths WWII Prisoner of War Camps in and Around NY

366410-I	Mon	May 19	1:15PM
Act #	Day	Date	Time

Do you have a passion for history and enjoy collaborating with others? Join History Sleuths, where you'll research, explore, and share historical discoveries as part of a team. This orientation introduces our central research theme: WWII Prisoner of War Camps in and Around New York. Participants will be assigned a subtopic, conduct research, and contribute their findings to the group. Together, the team will develop a presentation to share their insights and deepen their collective understanding of this fascinating history. The goal is to refine research and presentation skills in preparation for a DEAR program in the fall. Join us in a dynamic, supportive environment where diverse perspectives spark creativity, teamwork enhances learning, and historical mysteries come to life!

#### **MVPT Physical Therapy Series**

Discover a safe and effective approach to pain relief with physical therapy. Many patients achieve long-lasting relief without relying on opioids or unnecessary surgery. Join MVPT's expert team for a discussion on common physical therapy treatments and health insights that can help guide your path to recovery.

Act #	Day	Date	Time
TMD (or TMJ!)			
Alex Trotta, PT	, DPT		
366410-K	Mon	May 5	1:30-2:30PM
Joint Replace		hab & Rehab	
Brett Stokoe, I	•		
366410-L	Mon	May 12	1:30-2:30PM
<b>Low Back Pair</b>	1		
Craig Rigney,	PT		
366410-N	Mon	Jun 2	1:30-2:30PM
Pelvic Health	Incontine	ence	
Erica Cutspec,	PT, DPT		
366410-Ó	Mon	Jun 9	1:30-2:30PM
Vertigo and B	alance		
Lindsay Gerrin		SPT	
366410-P	Mon	Jun 16	1:30-2:30PM

#### **Knitting, Crocheting, Needlework Circle**

366410-G	Mon	Jun 2-23	1:00-3:00PM	
Act #	Day	Date	Time	

Bring your own projects and material and use this time to enjoy creating with others.

#### **Hollywood Goes to War**

Ken Andrews

Act #	Day	Date	Time	
366410-H	Mon	Jun 9	12:00-1:30PM	

Stars in Service: Celebrities Who Went to War. Hollywood's brightest stars didn't just entertain audiences—they also answered the call to serve during World War II. This presentation explores the stories of famous actors, musicians, and athletes who put their careers on hold to fight for their country. From Jimmy Stewart flying combat missions to Clark Gable joining the U.S. Army Air Forces, and baseball legend Ted Williams serving as a fighter pilot, these celebrities demonstrated courage both on and off the battlefield. Join us as we uncover their incredible wartime experiences and how their service shaped their lives and legacies.

#### **The Procrastination Fixers**

366410-J	Mon	Jun 30-Aug 18	1:30-3:00PM
Act #	Day	Date	Time

From procrastination to accomplishment is a weekly gathering with music in the beautiful Dolomite Lodge, where we tackle the small, lingering tasks that never seem to get done on our own. Whether it's sewing a button, darning a sock, organizing a recipe collection, fixing a piece of jewelry, planning a balanced diet, or finishing a craft project, this is your time to finally check off those "I'll do it later" items. This is a great way to get motivated and stay connected with new and old friends. Bring your to-do list, your tools, and your good vibes! Together, we'll turn procrastination into productivity in a supportive and fun environment. Let's get things done—one little task at a time! (This program will be held at Dolomite Lodge.)

# **DEAR Mondays/Tuesdays**

#### **Strategic Geography**

Tim Hardy

Act # Day Date Time	366410.C	Mon	lun 30. lul 7	10·00-11·30AM	
	Act #	Day	Date	Time	

With over 95% of world trade traveling via the world's oceans, this course will discuss the location, history, and geographic significance of various routes and their strategic importance with respect to diplomatic, economic, and military uses. While most of the discussion will focus on waterborne routes, the course will address overland routes as well. The instructor is a retired Navy Reserve Captain with 30 years of experience. (This program will be held at Dolomite Lodge.)

# Fortune and Fate: Stories of Serendipity in World War II

Ken Andrews

Act #	Day	Date	Time	
366410-B	Mon	Aug 11	12:00PM	

Sometimes, history is shaped not just by strategy and strength, but by sheer luck, unexpected twists, and remarkable coincidences. This presentation delves into astonishing stories of serendipity during World War II—moments where chance encounters, lucky breaks, and strange coincidences altered the course of battles, saved lives, and even changed the outcome of the war. (This program will be held at Dolomite Lodge.)

#### Steamboat's A Commin'

Rick Gough

Act #	Day	Date	Time	
366410-F	Mon	Jul 7-Aua 4	11:45AM-1:15PM	

This is your ticket to join our DEAR Scholars and facilitator Rick Gough as we explore the history and impact of the steamboats that plied the Mississippi, Missouri, and Ohio Rivers and their tributaries. Learn how they were instrumental in the expansion of the United States in the 19th century. Welcome aboard! (This program will be held at Dolomite Lodge.)

#### **Civil War Battlefields Part II**

John Schmeelk

Act #	Day	Date	Time	
366410-D	Mon	Jul 14-Aua 18	10:00-11:30AM	

"Civil War Battlefields" offers an in-depth exploration of how the Civil War was fought. Through eight engaging lectures, you'll journey to key battle sites and delve into some of the war's most famous campaigns, including Bull Run, Antietam, Gettysburg, and Petersburg.

#### TUESDAYS-

All DEAR Programs are free and are held at the Penfield Community Center unless otherwise noted. Starting Monday, June 30 summer classes will be held at the Dolomite Lodge.

#### **Misconceptions of Science** (continued)

Diane Robbins

Act #	Day	Date	Time	
166411-I	Tue	May 6-20	10:00-11:30AM	

Join a senior scientist at the Fermi National Accelerator Laboratory for 24 eye-opening lectures designed to correct popular myths and misconceptions about how science works.

#### **Advance Care Planning for Everyone**

Jean Oswald, Hospice RN

Act #	Day	Date	Time	
366411-V	Tue	Jun 17	1:30PM	

Do you know how you want your healthcare decisions handled if you can't speak for yourself? Many people put off completing their Advance Directives, thinking it's complicated, but it's not as hard as you might think. Join us for this engaging presentation as you witness role-playing and learn how to choose a Health Care Proxy. Leave with less anxiety and a stronger sense of control in your future.

#### **Strange Voyages**

Matt Mansfield

Matt Manshe	IU			
Act #	Day	Date	Time	
366411-A	Tue	May 27-July 8	10:00-11:30AM	

Embark on a seven-week journey exploring legendary and real-life voyages into the world's most mysterious waters. From ancient myths to modern enigmas, we will delve into the tales of Jason and the Argonauts, the *Flying Dutchman*, and the infamous Ghost Ship *Mary Celeste*. The series continues with a three-part investigation into the myths and realities of the Bermuda Triangle before concluding with the eerie legends of the Devil's Sea. Many sessions will be accompanied with a double feature featuring more recent ghost ship encounters, adding a modern perspective to these timeless maritime mysteries. Come aboard if you dare! (*This program will move to Dolomite Lodge on July 1.*)

# **Reel Reflections: A Film and Discussion of Citizen Kane**

Al Biles

Act #	Day	Date	Time	
366411-U	Tue	May 27	12:00PM	•

Released in 1941, *Citizen Kane* is hailed as one of the greatest films of all time. Orson Welles, in his feature film debut as both director and star, revolutionized cinema with groundbreaking storytelling, deep focus cinematography, a non-linear narrative, and innovative use of sound and editing. In this session, Al will delve into the intricate details and fascinating backstory of this cinematic masterpiece—connecting insights from his film series to provide a deeper understanding of Welles' visionary creation.

#### **Unexplained Mysteries**

Matt Mansfield

Act #	Day	Date	Time	
366411-B	Tue	Jul 15-Aug 26	10:00-11:30AM	

This program will delve into the mythical and possible real versions of the fall of Troy, the causes of the collapse of Bronze Age civilizations with the invasions of the Sea People, the mysteries of Peru's Nazca Lines and a long-forgotten Chinese master of the seas during European Dark Ages. We'll also investigate the lost tombs of Notre Dame, the disappearance of the 1845 Franklin Arctic Expedition, and the ongoing debate over UFOs. Through analysis and discussion, we'll reexamine these fascinating topics with fresh perspectives. (This program will meet at Dolomite Lodge through August 19 and then at Penfield Community Center on August 26.)

#### **Marvels and Myths of Rochester**

**Donovan Shilling** 

Act #	Day	Date	Time
366411-G	Tue	May 13	12:00PM
366411-H	Tue	Jul 8	12:00PM (Dolomite Lodge)
366411-I	Tue	Aug 12	12:00PM (Dolomite Lodge)

We are delighted to welcome local historian and author Donovan Shilling for his twelfth consecutive year at DEAR. Donovan will treat us to a one-hour PowerPoint presentation delving into the captivating history of Rochester and its neighboring towns, alongside intriguing episodes from American history. Donovan's extensive collection of Rochester memorabilia occasionally makes its appearance during his presentations, transforming them into portable museums. Donovan is truly a treasure, not only to us but to all who appreciate the significance of preserving our vibrant history.

# **Random Revelations: Surprising Stories** from History

Diane Robbins

Act #	Day	Date	Time
366411-M	Tue	Jun 17. Jul 15	12:00PM

Random Revelations: Surprising Stories from History is a dynamic exploration of some of history's unexpected and fascinating moments. This program takes you on a journey through time, uncovering little-known events, quirky facts, and surprising figures that have shaped the world. Each session offers a fresh look at the past, presenting unusual and intriguing stories that shed new light on the people, places, and events that have left their mark on history. (This program will move to Dolomite Lodge on July 15.)

#### **Music and Life of...Dionne Warwick**

Larry Schear

Act #	Day	Date	Time	
366411-R	Tue	Jul 22	12:00-1:00PM	

With a career spanning over six decades, Dionne Warwick is one of the most celebrated voices in music history. This presentation explores her journey from gospel roots to international stardom, highlighting her collaborations with legendary songwriters Burt Bacharach and Hal David, her timeless hits like "Walk On By," "I Say a Little Prayer," and "That's What Friends Are For," and her influence on pop, R&B, and soul music. Join us as we celebrate the remarkable life and legacy of Dionne Warwick. (*This program will meet at Dolomite Lodge on July 22.*)

#### **Women's Stories**

Tina Simson

i illa Sillisvii				
Act#	Day	Date	Time	
366411-S	Tue	May 6-Jun 10	1:15-2:15PM	•

Women often carry wisdom in the stories of their lives. In this series we will explore writing those stories and sharing them with one another. Each week we will have a general topic with some light reading to help us focus on the topic, and then during our session we will write what we know. No writing experience at all is required. If you love poetry, write poems; if you love personal essays, then that's your form, or free form journaling works well, too. We will receive one another's stories, eager to listen and learn with an open mind and heart.

# Color Penfield Green needs you!

# YOUR PERSPECTIVE, YOUR SKILLS, YOUR PASSION



#### **Our Mission**

Educate, support, and empower Penfield residents to become community leaders in addressing climate change.

## WE INVITE YOU TO JOIN US!

Follow us on Facebook Color Penfield Green Email: colorpenfieldgreen@gmail.com

www.colorpenfieldgreen.org

#### **Our Projects**

- · Healthy Yards: native plants for local biodiversity
- Youth engagement: clubs and classes
- · Home and auto electrification
- · Safe walking and bike riding for everyone
- · Sustainable housing
- · Plant-based eating, composting, and waste reduction
- · Advocacy for local, state, & federal climate policy

Subscribe to our monthly newsletter & learn about local sustainability efforts and how you can take action.



## **DEAR Tuesdays**

#### The Great Courses: How to Draw

Pat Gough

Act #	Day	Date	Time
366411-T	Tue	Jul 1-Aug 19	1:30-3:00PM

Contrary to what many people think, the ability to draw both accurately and expressively does not depend on innate talent or a unique gift. In fact, you may be amazed at how well you can learn to draw, even if you believe you have no artistic talent. As this course demonstrates through clear examples, you can learn to apply the same fundamental principles that professional artists routinely use in their drawings. If you follow the professor's guidance, by the end of the course you'll understand how to faithfully represent what you see in front of you and in your mind's eye. Please bring drawing paper and pencils to practice along with the video. (This program will meet at Dolomite Lodge.)



#### **10 Warning Signs of Alzheimer's**

Act #	Day	Date	Time	
366411-C	Tue	May 20	12:00PM	

Alzheimer's and other dementias cause memory, thinking, and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

#### **Understanding Alzheimer's**

Act #	Day	Date	Time
366411-D	Tue	Jun 3	12:00PM

This course covers basic information on the difference between Alzheimer's and dementia, stages, risk factors, research, and FDA-approved treatments.

#### **Healthy Living for Your Brain & Body**

Act #	Day	Date	Time
366411-E	Tue	Jul 1	12:00PM

Learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement. Incorporate these recommendations into building a plan for healthy aging. (This program will meet at Dolomite Lodge on July 1.)

# **Tips for Tough Conversations: Doctor Visits, Driving**

Act #	Day	Date	Time	
366411-F	Tue	Aug 5	12:00PM	

This course gives caregivers tips and strategies for having difficult—but important—conversations about driving, visiting the doctor, and legal and financial planning. (This program will meet at Dolomite Lodge on August 5.)

#### **NASA Monthly Series**

#### Jim Porter, NASA Ambassador

Jim Porter has worked as an aerospace engineer at several NASA locations, most recently the Jet Propulsion Laboratory in Pasadena, CA. His popular presentations are engaging and easy to listen to for all levels. Jim Porter has worked as an aerospace engineer at several NASA locations, most recently the Jet Propulsion Laboratory in Pasadena, CA.

#### **Artemis: Return to the Moon**

Act #	Day	Date	Time
166411-N	Tue	Mav 6	12:00

On July 20, 1969, man first stepped on the lunar surface. In total, during the six Apollo missions, 12 men explored the moon. Now NASA is preparing to return to the moon with the Artemis mission and the new Orion space capsule. Artemis 1 is preparing to launch this fall with four-person manned missions to follow. Join NASA Ambassador Jim Porter to discover the incredible story of Apollo, Artemis, and the Lunar Gateway space station for lunar exploration and the future journey to Mars.

#### **Planetary Mission**

Act #	Day	Date	Time	
366411-0	Tue	Jun 24	12:00PM (PCC)	

For the past 60 years, NASA has been exploring our solar system in great detail, visiting every planet and many of the smaller comets and meteors as well. Beginning with the earliest satellites, space flights have been sent to Mercury, Venus, Mars, Jupiter, Saturn, and beyond. It has been an incredible voyage of remarkable scientific discovery and fascinating human drama, some of which originated right here in Rochester, NY. Join NASA Ambassador Jim Porter to discover the rich heritage of NASA planetary exploration and where the latest missions will be taking us into the future.

#### **NASA's Weather Satellites**

Act #	Day	Date	Time
366411-P	Tue	Jul 29	12:00PM (Dolomite Lodge)

NASA has been monitoring the earth's weather since the beginning of the space age. Since there is no better way to track global cloud cover and fast-moving storm patterns, weather satellites have become a vital resource for meteorologists and climate scientists around the world. Join NASA Ambassador Jim Porter to discover the exciting but very difficult on-going mission to predict the weather. Starting with events on the sun, orbiting the earth every 90 minutes, and scanning the entire globe every 30 seconds, NASA satellites touch your life every time you tune in for a weather report. These are the NASA missions that save thousands of lives every year. (This program will meet at Dolomite Lodge on July 29.)

#### **James Webb Telescope**

Act #	Day	Date	Time
366411-Q	Tue	Aug 19	12:00PM (Dolomite Lodge)

The James Webb Space Telescope is the latest NASA mission sent to discover the distant mysteries of the universe. Join NASA Ambassador Jim Porter to discover what scientists are learning from the JWST; the largest, most powerful space telescope ever deployed. For several months the optical system has been aligned and images are now coming back to us, showing some of the first stars and galaxies ever formed. Images also include objects from Jupiter outward to the Kuiper belt. JWST will also show us how new stars and planets are in the process of forming and how the universe began. (This program will meet at Dolomite Lodge on August 19.)

#### WEDNESDAYS \_

All DEAR Programs are free and are held at the Penfield Community Center unless otherwise noted. Starting Monday, June 30 summer classes will be held at Dolomite Lodge.

# The Great Courses - The Great Trials Through History and What they Teach Us

Lisa Hibner

366412-A	Wed	May 14-Jul 30	10:00-11:30AM	
Act #	Day	Date	Time	

No understanding of the past is complete without an understanding of the legal battles that have shaped it. In The Great Trials of World History and the Lessons They Teach Us, Professor Douglas O. Linder takes you back in time to revisit history's most famous (and infamous) trials, including the Salem Witch Trials, the Scopes Monkey Trial, the Nuremburg Trials, and the Trial of O. J. Simpson. (This program moves to Dolomite Lodge on July 2.)

# **Step Into the Future: An Introduction to Virtual Reality**

Vinnie Brenneis

Act #	Day	Date	Time
366412-C	Wed	May 7	11:30AM-1:00PM

Virtual Reality (VR) is transforming the way we experience the world, offering immersive digital environments that allow users to explore, learn, and interact in entirely new ways. Whether traveling to far-off places, engaging in interactive storytelling, or even using VR for education and wellness, this technology opens up exciting possibilities. In this introduction, we'll explore what VR is, how it works, and its practical applications. This session will demystify the technology and offer a hands-on look at how VR can be both fun and beneficial.

#### **Critical Thinking Skills**

Al Biles

Act #	Day	Date	Time	
366412-B	Wed	Aug 6-20	10:00-11:30AM	

Critical thinking is the rigorous process of actively and skillfully evaluating and applying information gathered from observation, experience, or reasoning, as a guide to belief and action. It is based on universal intellectual values: clarity, accuracy, consistency, relevance, sound evidence, and fairness. It is also in very short supply these days. This course will explore perspectives and skills intended to help you become a more critical thinker. We'll start with Daniel Kahneman's Nobel-winning work on the two systems our brain provides, and then progress to discussions of evidence, logic, and reasoning.

### **How Railways Transformed America**

Diane Robbins

Act #	Day	Date	Time	
366412-D	Wed	May 14-Jul 30	11:30AM-1:15PM	

While most of us have experienced railways as passengers and through media, a deeper look at railways shows a historical phenomenon of astonishing proportions. Rail travel brought the first overland mass transport of both people and goods, spanning continents and linking communities and nations with unprecedented speed and efficiency. The effects of this innovation on the way of life of people around the world have been incalculable. (This program will meet at the Dolomite Lodge on July 2.)

#### **Creative Art Club**

Act #	Day	Date	Time
166412-I	Wed	May 14, Jun 11	2:30PM

Call Pam at (585) 340-8664 for details for summer.

#### **Fun Interpersonal Skills**

Jeff Goldstein

Act #	Day	Date	Time	
366412-E	Wed	May 14-Jun18	1:00-2:00PM	

This interactive and engaging course will help you build confidence, enhance communication, and develop skills to strengthen relationships, express opinions effectively, and inspire others. You'll also learn strategies to manage stress and cultivate a more positive mindset. Held over four consecutive Wednesdays, each session will provide practical tools you can apply in meaningful ways.

#### **Women in War**

John Schmeelk

Act #	Day	Date	Time
366412-F	Wed	Jun 25-Aug 20	1:00-2:00PM

Women played crucial yet often overlooked roles in both the American Revolution and the Civil War. This class explores the diverse ways women contributed to these conflicts—as spies, nurses, soldiers in disguise, abolitionists, and home front organizers. From the daring exploits of figures like Deborah Sampson and Harriet Tubman to the everyday resilience of women who sustained families and communities amid war, we will uncover their powerful and inspiring stories. Through discussion, historical accounts, and primary sources, this class shines a light on the courage and determination of women in times of war. (This program will meet at the Dolomite Lodge on Wednesday, July 2.)

# Tea Salon Wednesdays through June 25, 1:00-2:15PM

#### **Book Club on the third week of the month**

Join us for a delightful afternoon spent with both new acquaintances and long-standing friends. If you're new to the DEAR program, this is a wonderful opportunity to connect with our regular attendees who have a penchant for fostering new friendships while savoring tea, engaging in lively conversations, and indulging in delicious desserts. Our book club meets on the third week of every month. We take pride in our rich history of literary discussions and look forward to celebrating this milestone with you. During our book club gatherings, we dive into the monthly selection, sharing our thoughts and insights, and then distribute the book for the upcoming month's reading adventure. Join us for an enriching literary journey that continues to evolve. We wish to acknowledge Sharon Vito for her 23 years of leading this popular group! Tea salon ends for the summer on June 25 but will return in the fall.

# PLEASE NOTE THAT PROGRAMS CAN BE CANCELLED FOR UNFORSEEN CIRCUMSTANCES.

We do our best to notify DEAR participants in a timely manner. Our primary form of communication is an e-mail. If you do not have e-mail, please notify the Recreation office prior to the program starting so we know to alert you by phone if there are any changes in the class.

## **DEAR Wednesdays/Thursdays**

**Ukulele Play Group** 

Act #	Day	Date	Time	
366412-I	Wed	Jun 4-Aug 27	2:30-4:00PM	

Join our small group of Ukulele enthusiasts. Each week stop by with your instrument and play along to new and old songs. This is a friendly relaxed environment that allows participants to learn new techniques from each other, share chords, sing, and play for fun. New players are always welcome. We will teach you the basics. Very easy to learn. You do not need to read music to play. Please bring your ukulele and music stand (optional) with you. For new folks we have a few loaner Ukuleles to borrow while you are in the program. (Please note this program moves to Dolomite Lodge on July 2 and will return to the Community Center on Wednesday, August 27.)

Ukulele Play Group Open Invitational at Dolomite Lodge

Act #	Day	Date	Time	
366412-K	Wed	Aug 20	2:30-4:00PM	

This is a first-time Open Invitation to the "uke-curious" to drop by and join the fun with our group of ukulele enthusiasts in Veterans Memorial Park's beautiful Dolomite Lodge. The ongoing Ukulele Play Group meets weekly on Wednesdays 2:30-4:00PM at Penfield Community Center, where participants play ukulele and/or handheld percussion instruments, share chords and techniques, sing, and even dance—all just for the FUN of it all!

New ukulele players are always welcome! Please bring your ukulele (some loaner instruments will also be available) and play and sing along to songs from the 1950s through today. We will share the easy-to-learn basics, with no need to read music to play.

**Spanish for Travelers** (See Adult Education pg. 34)

#### THURSDAYS -

All DEAR Programs are free and are held at the Penfield Community Center unless otherwise noted. Starting Monday, June 30 summer classes will be held at the Dolomite Lodge.

#### **Great Courses: The Cathedral**

Rick Gouah

Act #	Day	Date	Time	
366413-A	Thu	May 1-Aug 21	10:00-11:30AM	
(no class 7/3	11)	- <del>-</del>		

To step inside a Gothic cathedral is to step inside the visual essence of the Christian faith—a world filled with vaulted ceilings that direct the visitor's gaze toward heaven, stone sculptures that bring to life both the blessings of salvation and the horrors of damnation, and stained glass windows that illustrate powerful religious stories in dazzling bursts of color.

In this course, noted medieval historian and award-winning Professor William R. Cook has crafted an exciting, immersive, and multidimensional experience that will bring you closer to cathedrals like Notre Dame in Paris and those in Amiens, Chartres, and Canterbury than any on-site tour could hope to do. (*This class moves to Dolomite Lodge on July 3.*)

# Elements of Art: A Viewer's Guide to Enjoying Art

Pam Gerace

Act #	Day	Date	Time	
366413-C	Thu	Jul 3-Aug 21	11:45AM-1:15PM	

Great art is intricate, thought-provoking, and often enigmatic. Rich with symbolism, cultural and historical context, and visionary imagery, it challenges us—sometimes even demands us—to engage with its many layers of meaning.

But what does it take to truly understand what you're seeing? What skills and knowledge are essential to fully grasp the depth of an artwork, to uncover the hidden significance within masterful paintings, sculptures, prints, and beyond? Each week you will explore the elements that will teach you to experience the visual narratives of some of the most important works in history. (This class will meet at Dolomite Lodge.)

# The Resistance: Defying Tyranny in World War II

Ken Andrews

Act #	Day	Date	Time	
366413-B	Thu	Jul 31	10:00-11:30AM	

Across Nazi-occupied Europe, brave men and women risked their lives to resist oppression, sabotage enemy operations, and aid the Allied war effort. This class explores the diverse resistance movements that emerged in countries like France, Poland, Norway, and beyond. We'll examine the daring tactics of underground networks, the courage of spies and saboteurs, and the impact of resistance fighters on the war's outcome. Through powerful stories of resilience and sacrifice, we'll uncover how ordinary people became extraordinary heroes in the fight against tyranny. (This class will be held at Dolomite Lodge on July 31.)

# THURSDAY LUNCH LECTURE SERIES

Lunch is available for \$8 and is served at 11:45AM.

Includes sandwich, soup or salad, cookie, chips.

Weekly menus are available in our bi-weekly e-newsletter.

Lectures begin at 12:30PM and are free but registration is required.







#### **Radon, the Silent Killer**

Bob Metzler

Act #	Day	Date	Time	Fee
366413-01	Thu	May 1	11:45AM	Lunch & lecture \$8
366413-02			12:30PM	Lecture only Free

Radon is the second leading cause of lung cancer with smoking being number one. 21,000 people each year die of lung cancer associated with radon poisoning. Attendees will learn of the health risks associated with radon, the importance of testing in their homes, and the actions they can take to mitigate their exposure to this poisonous gas.

### **Underground Railroad**

Anna Jarvis

Act#	Day	Date	Time	Fee
166413-31	Thu	May 8	11:45AM	Lunch & lecture \$8
166413-32			12:30PM	Lecture only Free

In the years before the Civil War, Penfield, like many northern towns, was home to those who opposed slavery as well as those that supported it. Join Local History Room coordinator Anna Jarvis as she introduces you to Penfield's antislavery community and reveals a couple of Penfield houses that were stops on the Underground Railroad.

#### **Outsider Music Redux**

Al Biles

Act #	Day	Date	Time	Fee
366410-03	Thu	May 15	11:45AM	Lunch & lecture \$8
366413-04			12:30PM	Lecture only Free

Back by popular demand! During his film series "So Bad, They're Good," Al presented a lunch lecture on outsider music, which is music that is so bad, it's good. Outsider musicians typically have a much higher opinion of their work than the rest of the world, but they persevere to record and publish their music, often inspiring a substantial cult following. You'll hear The Shaggs, Bingo Gazingo, The Legendary Stardust Cowboy, Shooby Taylor (the human horn), Swedish Elvis impersonator Eilert Pilarm, one-man band Luie Luie, and the grandmother of them all, Florence Foster Jenkins, subject of the 2016 biopic starring Meryl Streep.

#### **World War II Tribute**

Rod Christian

	-			
Act #	Day	Date	Time	Fee
166413-33	Thu	May 22	11:45AM	Lunch & lecture \$8
166413-34		-	12:30PM	Lecture only Free

This program tells the story of a soldier's World War II experience, shared by the presenter, who wrote a book about his father's four-year service in the South Pacific. Explore the challenges his father's tank battalion encountered and gain a deeper understanding of the often-overlooked Pacific theater. Learn how the author crafted this tribute to "The Greatest Generation."

# **CLASS FULL?**

## Register anyway and get on the waitlist!

There is a good chance the instructor will open more space or schedule an additional class to accommodate more participants - and you'll be the first in line!

#### Oh Canada!

John Schmeelk

Act #	Day	Date	Time	Fee
366413-05	Thu	May 29	11:45AM	Lunch & lecture \$8
366413-06			12:30PM	Lecture only Free

From breathtaking landscapes to a rich cultural heritage, Canada is a nation of vast beauty, resilience, and innovation. This presentation explores the country's history, indigenous roots, and multicultural identity, as well as its contributions to global affairs, science, and the arts. We'll journey through Canada's iconic landmarks, influential figures, and unique traditions, gaining a deeper appreciation for what makes this country so remarkable. Whether you're curious about its natural wonders, historical milestones, or modern achievements, this presentation offers an engaging look at the many facets of Canada.

# The Science of Language: An Introduction to Linguistics

George Vorhauer

Act #	Day	Date	Time	Fee	
366413-07	Thu	Jun 12	11:45AM	Lunch & lecture \$8	
366413-08			12:30PM	Lecture only Free	

Language is one of the most powerful tools humans possess, shaping communication, culture, and thought. This presentation provides a beginner-friendly introduction to linguistics—the scientific study of language. We'll explore key topics such as phonetics (sounds), morphology (word formation), syntax (sentence structure), and semantics (meaning). Additionally, we'll discuss how languages evolve, how they are learned, and why they vary across cultures. Whether you're curious about how language works or why dialects differ, this session offers a fascinating glimpse into the world of linguistics.

## **Smooth Sailing: An Introduction to Cruising**

Dan Myers

Act #	Day	Date	Time	Fee
366413-09	Thu	Jun 26	11:45AM	Lunch & lecture \$8
366413-10			12:30PM	Lecture only Free

Set sail on a journey into the world of cruising! This talk explores everything you need to know about cruising, from choosing the right ship and destination to what to expect on board. We'll cover the history of cruise travel, the different types of cruises available, and tips for making the most of your voyage such as food, excursions, and on ship entertainment. Whether you're a first-time cruiser or a seasoned traveler, this session will help you navigate the exciting world of life at sea.

# Who Can Solve this Mystery?: A Group Detective Series

Act #	Day	Date	Time	
366413-D	Thu	Jul 3-17	1:30-2:45PM	

Step into the Role of a Detective! In this immersive mystery game, players must use their wits, intuition, and problem-solving skills to uncover the truth. You'll gather and analyze clues, and piece together evidence to solve a gripping mystery. Every detail matters, and only the most observant players will crack the case! Work solo or team up with others to follow leads, eliminate red herrings, and unravel the story before time runs out. Do you have what it takes to solve the mystery? The truth is waiting to be uncovered! (This class will be held at Dolomite Lodge.)

## **DEAR Fridays**

#### FRIDAYS\_\_\_\_

# **Friday Film Series**

Friday films begin at 1:00PM in the Senior Lounge. We show a variety of new and old comedies, dramas, and documentaries. The film titles and the registration numbers will be listed in our biweekly e-newsletters. Please contact the Penfield Recreation Dept at 340-8655 if you are not receiving the newsletter.

#### **Taste the Magic - Food Demo**

Pam Gerace & Dan Myers, Official Disney Foodie

Act #	Day	Date	Time	Fee
366414-C	Fri	May 30	12:00-1:30PM	\$25

Join Pam for this fun food demonstration with an Official Walt Disney World Foodie, Dan Myers. Disney Foodies are people who love exploring the diverse and creative food offerings at the Disney Parks. Beyond just theme park rides, these food enthusiasts seek out unique snacks, gourmet meals, and exclusive dining experiences across the parks, resorts, and festivals. Disney foodies enjoy discovering hidden gems, seasonal specialties, and limited-time offerings. Many share their experiences through social media, reviews, and blogs, making Disney dining an adventure in itself! Join Pam and Disney Foodie Dan Myers as he challenges her to re-create some of his most delicious Disney food favorites. He will be the official authority to see if she can get it right. Of course, we are sharing each food challenge with the audience.

#### **Music and Life of...Helen Reddy**

Larry Shearer

Act #	Day	Date	Time
366414-A	Fri	May 2	11:45AM-12:45PM

Helen Reddy (1941–2020) was an Australian singer, actress, and activist best known for her 1972 hit "I Am Woman," which became an anthem for the feminist movement. She achieved international success in the 1970s with multiple chart-topping songs, including "Delta Dawn" and "Angie Baby." Reddy was the first Australian-born artist to win a Grammy Award and had a significant impact on both music and social activism. Later in life, she transitioned into acting and semi-retirement before being rediscovered by a new generation.

#### **Celebrities with Dual Careers**

**Nancy Brone** 

Act #	Day	Date	Time	
366414-D	Fri	May 9	10:00AM	

This presentation explores celebrities who successfully balance careers in more than one field. From actors who become entrepreneurs to athletes who turn to philanthropy, many well-known figures are proving that it is possible to excel in diverse industries. This session offers a broad look at how celebrities manage the demands of two careers.

#### **Music and Life of...The Muppets**

Larry Shearer

Act #	Day	Date	Time
366414-B	Fri	Jun 6	11:45AM-12:45PM

The Muppets, created by Jim Henson in the 1950s, are a cherished group of puppet characters celebrated for their whimsical humor, musical performances, and playful satire. They rose to fame with The Muppet Show (1976–1981), a variety series featuring celebrity guests, comedy sketches, and memorable songs. Beloved characters like Kermit the Frog, Miss Piggy, Fozzie Bear, Gonzo, and Animal each bring their own unique charm. Through films, television, and music, The Muppets reshaped entertainment in the late 20th century and remain as popular and influential as ever.





## **DEAR Adventures**



DEAR Adventures are group excursions offered by Penfield Recreation, utilizing our passenger vans. To ensure a comfortable experience, we are limiting the number of available seats for each trip. When possible, we will accommodate waitlisted participants by providing an additional van or scheduling an extra date. Note that we do not offer refunds for our trips. Returning times are estimated. Please give or take an hour for return time.

Genesee Village Museum Civil War Living History Days

Act #	Day	Date	Time	Fee
369410-A	Fri	May 23	9:30AM-3:30PM	\$25

Come explore the impacts of the Civil War on the Genesee Valley region in the 1860s! Get hands-on with Civil War history as you meander through the 19th-century Village: smell the powder from musket firing demonstrations, engage with costumed interpreters as they craft 19th-century goods, see the fashions of the 1860s up close, and so much more. (There are several lunch options on-site. Fee does not include food).

#### **Rochester Public Market Food Truck Rodeo**

Act #	Day	Date	Time	Fee
369410-B	Wed	Jun 25	4:30-7:30PM	\$10

It's fabulous fun: food on wheels featuring the full diversity of the community's creative mobile cuisine! Just about everything and anything that could be served from a truck can be found at Food Truck Rodeos! While you experience Rochester's best food trucks at the Rodeos, you'll also enjoy local music, dancing, and entertainment. (Food is not included in this fee. Be sure to bring cash, as not all food trucks accept credit cards.)

#### **Erie Canal Museum**

Act #	Day	Date	Time	Fee
369410-C	Fri	Jul 25	8:30AM-3:30PM	\$27

The Erie Canal marks its 200th anniversary this year, and we are excited to celebrate this remarkable milestone! With so much history to uncover, the Erie Canal Museum is the perfect destination for curious minds. Housed in the last remaining weighlock building in America, this beautifully preserved Greek Revival structure stands as a testament to the canal's profound impact on U.S. history. Our visit includes a guided tour led by a knowledgeable docent, offering insight into both the museum and this historic landmark. Lunch spot TBD. (Fee does not include lunch.)

#### **Picnic and Tour Sonnenberg Gardens**

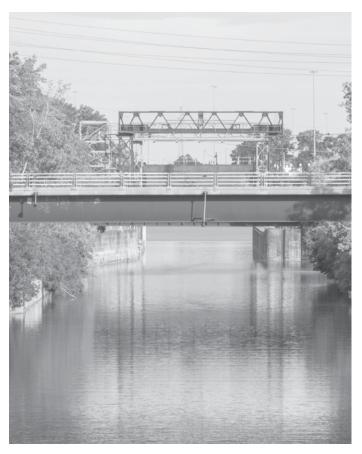
Act #	Day	Date	Time	Fee	
369410-D	Fri	Aug 15	10:00AM-3:00PM	\$35	
(includes lu	nch)	•			

Sonnenberg Gardens & Mansion State Historic Park in Canandaigua, NY, is a breathtaking 50-acre estate featuring a grand 40-room Queen Anne-style mansion and beautifully landscaped gardens. Originally built in the late 19th century as the summer retreat of Frederick Ferris and Mary Clark Thompson, the estate showcases nine internationally inspired gardens, including a Japanese Garden, an Italian Garden, and a vibrant Rose Garden with hundreds of varieties. Our visit will include a tram tour of the scenic grounds and a guided exploration of the historic mansion. To complete the experience, Pam will prepare an elegant picnic lunch served on the mansion's veranda, allowing us to dine amidst the 19th-century charm of this magnificent estate. Spring and summer are the ideal seasons to visit, as the gardens burst into full bloom, creating a picturesque setting for a relaxing stroll and a delightful picnic. The trip fee includes admission, the tram tour, and a picnic lunch.

#### **Take a Ride on the Erie Canal**

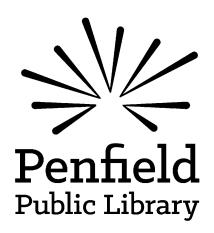
Act #	Day	Date	Time	Fee
369410-E	Thu	Sep 18	11:00AM-2:45PM	\$40

Join us for a delightful two-hour cruise aboard the *Colonial Belle*, where you'll journey along the historic Erie Canal and experience a taste of the past. As you glide through the waterway, enjoy a narrated tour filled with fascinating stories and rich history from the canal's 200-year legacy. After the cruise, we'll make a stop at Mulconry's Irish Pub and Restaurant for a casual bite before returning to the Community Center. The trip fee includes the boat ride only. Refreshments will be available for purchase onboard.



# PENFIELD PUBLIC LIBRARY EVENTS

Visit **PENFIELDLIBRARY.ORG** to view current programs and to register. Thank you to our programs sponsor, Friends of Penfield Public Library!



# **Free Access to Digital Resources**

Did you know you have access to these online databases and resources through Penfield Public Library? Below are a few of our favorites; you can view the complete collection at penfieldlibrary.org under "Library Services & Resources" on the home page.

#### **ANCESTRY**

Discover the history of your family using easy-to-use tools which uncover your roots using immigration, birth, marriage, military, and death records.

#### **MORNINGSTAR**

Increase your investment knowledge and success using this industry leader's performance and forecast tools.

#### NEW YORK TIMES (NEWS & GAMES)

Access the full New York Times from 1851 to the present including its fun and popular Games module with the crossword, Wordle, Connections, The Spelling Bee, and more!

#### **SELECTREADS**

Unearth new authors and receive regular newsletters highlighting new books based on your reading interests.

#### **VALUELINE**

Investor-centered tools to understand and profit from tips regarding companies, industries, and markets.

#### **COLOR OUR WORLD SUMMER READING GAMES FOR ALL AGES**

This summer we invite you to embark on a journey of art and creativity, celebrating the myriad ways in which art enriches our lives. All ages can join us in special programs and reading throughout the season – find more information at penfieldlibrary.org!

Registration for preschoolers and kids going into grades K-5 opens June 16 and their games will run June 30-August 8. Kids can keep track of their reading for weekly prizes and raffle entries!

#### **Programs for Kids**

#### **COLOR OUR WORLD WITH FAMILY STORY TIME**

Mondays, June 30-August 4 | 10:30 AM

Families are invited to enjoy stories, songs, and finger plays presented by Miss Natalie. This program is geared for toddler and preschool children not yet comfortable leaving their parent/caregiver.

#### **COLOR OUR WORLD WITH PRESCHOOL STORY TIME**

Tuesdays, July 1-August 5 | 10:30 AM | ages 3-6

Preschoolers are invited to enjoy stories, songs, and finger plays presented by Mrs. Rapp. Parents/caregivers are welcome, but not required to attend. Older siblings are also welcome.

#### **COLOR OUR WORLD WITH BABY STORY TIME**

Tuesdays, July 1-August 5 | 11:30 AM

Songs, stories, and finger plays for infants and pre-walkers and their caregivers.

#### **COLOR OUR WORLD WITH PRESCHOOL CRAFTS**

Thursdays, July 3-August 7 | 10:30-11:00 AM | ages 2-5

Join Miss Natalie for a fun story and craft or art activity. Registration required for each session.

#### **COLOR OUR WORLD WITH CRAFTY FUN**

Thursdays, July 3-August 7 | 1:00-1:45 PM | grades K-5

Try your hand at creating something with a variety of art styles while learning about different artist's lives. Registration required for each session.

# DID YOU KNOW?

PPL has a Library of Things that currently includes puzzles, mobile hotspots, and games – you can check out any of these just like you would a book.

We've got a lot more in the works for the Library of Things, but we'd love to hear suggestions from our patrons. If you have ideas of things you'd like to see added to the PPL Library of Things, let us know next time you stop in!

More programs and special events to come! Visit **penfieldlibrary.org** to register for current programs and view upcoming events. Thank you to our programs sponsor, Friends of Penfield Public Library!



# PENFIELD PUBLIC LIBRARY EVENTS

#### **COLOR OUR WORLD WITH TWEEN MAKERS**

Thursdays, July 10 & 24, August 7 | 3:30-4:15 PM | for kids going into grades 4-8

Join fellow makers for a surprise activity. It could be a craft, a science experiment, cooking project, and more. Registration is required for each session.

#### **COLOR OUR WORLD WITH WEE WALKERS PLAYTIME**

Fridays, July 11- August 8 | 9:45-10:30 AM

Stories, songs, and rhymes for children age 12-23 months with a caregiver, followed by play stations.

#### **POKÉPARTY**

Sunday, July 13 | 1:00-3:00 PM | grades 3-8

Join other Pokémon fans and get immersed in the Pokémon world with stations based on the Kanto gyms. Play games, make crafts, and collect gym badges. Snacks too! Registration required.

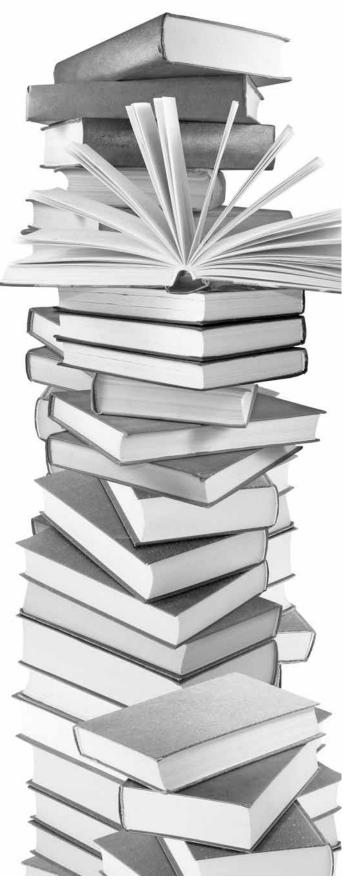
More programs and special events to come - visit penfieldlibrary.org to register for current programs and view upcoming events. Thank you to our programs sponsor, Friends of Penfield Public Library!



# We're looking for volunteers

Find us on: VolunteerMatch.org Learn more at

PenfieldLibrary Foundation.org



@PenfieldLibrary

Follow us on

Facebook

Foundation

## **Scenic Treks and Trails**

## TRAILS COMMITTEE

Don Hoyler, Chair Bob Ansaldi Peggy Ansaldi Ed Day Claire Goverts Eleanor Hartquist Liz Hoyler Ed Lindskoog Aileen Reis Dawn Schafer David Smith Denny Tripp Richard Vaughan

## SCENIC TREKS

The Penfield Trails Committee invites Penfield and area residents to participate in a series of guided hikes. All events are held rain or shine. For more information and to pre-register, call Penfield Recreation at 340-8655 option 0. \*Monthly hikes and trail map information are on the Recreation website - www.penfieldrec.org - click on "Penfield Trails." All groups must pre-register.

Ages: All ages (children under 16 should be accompanied by an adult)

<u>Note:</u> Please wear appropriate footwear (hiking boots/ shoes) for occasional steep terrain & slippery conditions. Leased dogs welcome!

<u>Fee:</u> Free! Please pre-register on our website – www.penfield.org/hike.

<u>Difficulty level:</u> 1 boot = easy, 4 boots = most difficult

\*\* Penfield Trails Committee is always seeking volunteers to serve on its planning committee, as well as to do manual labor for trails maintenance. For more information, please call Penfield Recreation at (585) 340-8655 x0.

# Webster Whiting Road Nature Preserve, 403 Whiting Rd., Webster



#### Saturday, June 14 | 9:00-11:00AM

The Whiting Road Nature Preserve consists of approximately 240 acres with a variety of ecosystems which make it a beautiful area to enjoy nature. Some moderate hills with roots.

Meet at the parking lot. Look for the hike signs!

## Lucien Morin Park, 1135 Empire Blvd.



Saturday, July 12 | 9:00-11:00AM

This hike features the remains of rifle target pits and views of Irondequoit wetlands. You will see many wildflowers and ferns. There are hills and some trails that can be narrow and slippery if wet. Meet at the gravel parking lot off Empire Blvd.

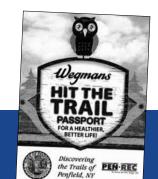
Look for the hike signs!

# Abraham Lincoln Park, 1559 Empire Blvd. 📞 📞 🐍

#### Saturday, August 9 | 9:00-11:00AM

Explore the ups and downs of this county park from wooded uplands to the bay shore trail connections. Enter the park from Empire Blvd.

(north side) near Daytona Avenue playground entrance). Meet at the parking lot. <u>Look for the hike signs!</u>



# Pick up your passport and take it with you on these hikes!

Passports available at Penfield Rec or either Penfield Wegmans store (Rt. 441 or Empire Blvd.)

View trail maps on our website www.penfield.org/trail\_maps

## PENFIELD TRAILS

Penfield has beautiful, scenic trails! Names and trail head locations are listed below, but much more information can be found at www.penfield.org/trail\_maps.

**Abraham Lincoln Park Trails:** West end of Smith Road, off Empire Blvd. Park in cul-de-sac on Smith Rd., walk down road to bay.



**Channing H. Philbrick Park Trail:** Off Rt. 441 in park along Irondequoit Creek. Trail begins at the kiosk. Parking available.

**Ellison Park South Entrance Trails:** Western edge of town along Irondequoit Creek on south side of Blossom Rd., east of Spruce Shelter. Parking available.

**Harris Whalen Park Trail:** Access from park across from Wegmans entrance on Rt. 441. Trail head and parking near water tower at top of hill.

**Honey Creek Trail:** West end of Motts Ln. off Five Mile Line Rd., opposite Grande Vie Senior Living Community.

**Irondequoit Creek Panorama Plaza Trail:** Behind Tops Market at Panorama Plaza. Look for trail head kiosk/picnic area at Panorama Valley Park.

**Irondequoit Creek Waterway:** Launch boat at LaSalle's Landing Park off Empire Blvd. or at Ellison Park.

**Irondequoit Creek Wetlands East Trail:** Trail begins at the east end of Old Browncroft Blvd.

**Rifle Range Trail:** Ellison Park, south side of Empire Blvd., just east of Irondequoit Creek.

**Rothfuss Park Trail & QR F.I.T. Trail:** Park trail begins at the south end of the park at Five Mile Line Road. QR F.I.T. Trail begins near restroom pavilion.

**Schaufelberger Park/Historic Sidewalk Trail:** Park at public parking lot behind the Penfield Fire Station on Five Mile Line Rd. Cross the street to visit Schaufelberger Park, the former site of a service station and auto dealer.

**Sherwood Fields Park Trail:** Trail begins at parking lot. Parking lot entrance is off fire hall driveway.

**Thousand Acre Swamp:** Jackson Rd. between Atlantic Ave. and Plank Rd. Entrance is next to Penfield Ambulance.

**Tot Trail:** Veterans' Memorial Park behind Penfield Town Hall. The trail is located west of the tennis courts near the Dolomite Lodge.

**Veterans' Memorial Park Nature Trail:** Geographic center of town, access from Atlantic Ave. and Jackson Rd. Parking available.

Wild Iris Path: West end of Coachman Dr. and Brougham Dr.

### **Town Parks and Shelters**

# LODGES & SHELTERS

All persons/groups wishing to reserve use of park shelters and/or ball fields must obtain a permit. All park permits are processed through the Penfield Recreation Department. You must be 21 years or older and come to the Recreation office in person to sign a permit and pay related fees OR go online to webtrac.penfieldrec.org. No amplified music allowed. For more info. call the Recreation office at 340-8655 x0.

R = Penfield resident, NR = non-resident

#### Channing H. Philbrick Park 1 Linear Park Dr.

Open Shelter seats up to 50 Fee: \$20 (R) \$30 (NR) Available: May 1 - Oct. 30

#### Harris Whalen Park 2126 Penfield Rd.

Open Shelter seats up to 80 Fee: \$30 (R) \$45 (NR)

Available May 1 - Oct. 30 (Closed 7/1, 7/2)

**Enclosed Lodge** seats up to 90 Fee: \$150 (R) \$250 (NR) Available Jan. 1 - Dec. 31

#### Veterans Memorial Park 3100 Atlantic Ave.

Open Shelter seats up to 60 Fee: \$20 (R) \$30 (NR) Available May 1 - Oct. 30

#### **Enclosed Dolomite Lodge\*** seats up to 90

Fee: \$200 (R) \$300 (NR) Available Jan. 1 - Dec. 31

\*Rental does not include nearby gazebo.

#### Shadow Pines Property 600 Whalen Rd.

(north parking lot near Atlantic Ave. & Whalen Rd.)

**Open Shelter** Fee: \$50 (R) \$75 (NR) Available May 1 - Oct 30

## LODGE/SHELTER REFUND POLICY

**Enclosed Lodges** - \$50 cancellation fee (30-day notice required on enclosed lodge cancellations. No refund issued with less than 30-day notice.)

Open Shelters - \$10 cancellation fee (14-day notice required on open shelter cancellations. No refund issued with less than 14-day notice.)

For complete park refund policy see park permit available at www.penfieldrec.org and Recreation Office.

## ATHLETIC FIELDS & TENNIS/ PICKLEBALL COURTS

All reservations are through the Penfield Recreation Department. Please contact us at 340-8655 x 0 for more information and reservation procedures.

## TOWN PARKS

All Town of Penfield Parks are accessible and open from 6:00 AM to 10:00 PM.

CHANNING H. PHILBRICK PARK 1 Linear Park Drive. Open pavilion, grills, seasonal public restrooms, green areas, accessible fishing, kiosk & hiking trail along Irondequoit Creek.

FOUR MILE CREEK PARK 1451 Fairport Nine Mile Point Road. Just south of Plank Road on the west side of the road.

GREENWOOD PARK 1550 Scribner Road. Seasonal park - ball diamond, tennis/pickleball and basketball courts, playground, green areas.

HARRIS WHALEN PARK 2126 Penfield Road. Open pavilion and enclosed heated lodge (available by permit), grills, nature trails, playgrounds, softball diamonds, lighted tennis courts (5/1-10/30), basketball and bocce courts, and public restrooms.

HERITAGE PARK 1862 Penfield Road. Four Corners between Penfield Fire Hall and First Baptist Church.

DAYTON'S CORNERS Corner of Plank Road and Creek Street. Includes playground, grass area, and a one-room 1857 schoolhouse.

LASALLE'S LANDING PARK 1080 Empire Blvd. On the south end of Irondequoit Bay and Irondequoit Creek. Fishing access and canoe/kayak launch. Provides wonderful views of Irondequoit Bay.

PANORAMA VALLEY PARK Off Panorama Trail, behind Tops. Includes picnic pavilion, access to Irondequoit Creek, and canoe/kayak launch.

ROTHFUSS PARK 1648 Five Mile Line Rd. 70-acre multi-use park built on former farmland with 4 full-sized rectangular athletic fields, paved and stone walking paths with QR F.I.T. Trail, inclusive playground, picnic pavilions, seasonal public restrooms, and JACK's Place.

**SCHAUFELBERGER PARK** 1820 Penfield Road. This decorative park sits in the heart of Penfield's Historic Four Corners. Daniel Penfield statue stands here.

SHADOW PINES PROPERTY 600 Whalen Road. The Shadow Pines property is open for public access; activities such as walking, hiking, snowshoeing, and cross-country skiing are allowed. Disc Golf course, orienteering course, pickleball courts, two inclusive playgrounds, restrooms.

SHERWOOD FIELDS PARK 2514 Penfield Rd. (located east of fire hall). 82-acre passive park, primary walking trails through field areas. Work on secondary trails through wetland and wooded wildlife habitat areas ongoing. No restrooms.

VETERANS' MEMORIAL PARK 3100 Atlantic Ave. Open pavilion and enclosed heated Dolomite Lodge, outdoor amphitheater, lighted tennis and basketball courts (5/1-10/30), baseball, softball, multi-use fields, Veterans' Memorial, walkways, playground area, nature trails, Tot Trail, public restrooms, and picnic facilities.

Abraham Lincoln Park, Ellison Park and Lucien Morin Park are Monroe County parks located in Penfield. For more information on these, please visit www.monroecounty.gov.

## TOWN PUBLIC SAFETY

Our Town facilities are monitored daily by security officers. If you have a park problem, they may be reached at 340-8618 or 329-0131. For emergencies, please call 911.

Please Note: Vandalism in any park is expensive and senseless. Help us keep the Town of Penfield parks beautiful. No parking in handicap zones, emergency, or fire lanes.



# PENFIELD RECREATION PROGRAM REGISTRATION FORM





	(*Fill o	ut form comp	oletely inc	luding signature	e; please pri	nt*)	E Active & St. 188	
NAME (Primary Adult)				NAME (Secondary Adult, optional)				
ADDRESS				ADDRESS				
CITY		ZIP		CITY		ZIP		
HOME # WORK #  EMERGENCY # CELL #  EMAIL				HOME #	WORK #			
				EMERGENCY #	#	CELL#		
				EMAIL				
Resident of Penfield or Pen	field School	District? Y	es No					
Are you interested in receiv	ing a week	y newsletter v	via email?	Yes No	Already do!			
Participant Name	Grade	Birth Date	Gender	Activity #	Pr	ogram Name	Fee	
		DP OFF AT PENF COAD, PENFIEL				Total Enclosed \$_		
Waiver for Participation - In conside hereby, for my child, my heirs, execute Penfield and its representatives, succein the event a refund is granted for my woucher on my behalf and submit for porocessing fee. Photographic, audio o limited to: presentations, courses, onl	ors, and admir essors, and ass vself or my chi payment under r video record	nistrators, waiver igns for any and a ld for whatever re the terms and co ings taken by Tow	and release an all injuries sug cason with the nditions set fo n of Penfield s	ny and all rights and a fered by myself or my above stated activity, rth in the Town of Pe taff during events or p	claims for dama v child at any ac s, I do hereby au rnfield Refund ar	iges I or my child may have a ctivity sponsored by these gro thorize the Town of Penfield i nd Registration Policy. Refun	against the Town og ups. Furthermore, to execute a refund ads are subject to d	
SIGNATURE						[PARENT/GUARDIAN/SEL	F (IF OVER 18)]	
PLEASE LIST ANY ADDITIO			RE (e.g. Spe	cial Needs/Medica	al Notes/Requ	ests/Other):		
Check payable to "Penfield I						:	Security Code –	
VISA / MC / DISC / AMEX Cardholder's Name:	Account	#		.1 1.101	Exp	o. Date/    _		
Cardholder's Name:			A	utnorized Signati	ıre			

# REFERENCE NUMBERS AND INFORMATION

#### **Bushido Kai Judo Club**

www.bushidokai.com 265-1234

#### **Monroe County Parks**

www.monroecounty.gov/parks 753-PARK(7275)

Penfield Ambulance (medical equip. loan closet) www.penfieldambulance.org 872-6060

#### **Penfield Art Association**

www.penfieldartassociation.com

## Penfield Business Chamber

www.penfieldbusiness.org 348-8360

#### **Penfield Cub/Boy Scout Info**

www.senecawaterways.org 244-4210

#### **Penfield Girl Scouts Millwheel Unit**

www.millwheel.org 248-8559

#### **Penfield Ecumenical Food Shelf**

www.penfieldecumenicalfoodshelf.com 234-0799

#### **Penfield Fire Company**

www.penfieldfire.org 586-2413

#### **Penfield Little League**

www.penfieldlittleleague.com 377-1854

#### **Penfield Players**

www.penfieldplayers.org 340-8655

#### **Penfield Pops Community Band**

www.penfieldrec.org 385-1392

#### **Penfield Public Library**

www.penfieldlibrary.org 340-8720

#### **Penfield Rangers Soccer Club**

www.rangers.cornerkicksystems.com

### **Penfield Strikers Soccer Club**

www.strikers.cornerkicksystems.org

## **Penfield Symphony Orchestra**

www.penfieldsymphony.org 872-0774

#### **Penfield Youth Basketball**

www.penfieldbasketball.com 377-4919

#### Penfield Youth Football & Cheer

www.penfieldyouthfc.com

#### **Penfield Youth Lacrosse Club**

www.penfieldyouthlacrosse.teamsnaosites.com

#### **Sea Dragons Swim Club**

teamunify.com/team/nssdsc/page/home

## SportsNet (accessible rec/sports)

www.rochesterrehab.org 334-6000x1120

#### **Thousand Acre Swamp**

gsargis@tnc.org 546-8030 x7934

#### **Youth Wrestling**

www.penfieldyouthwrestling.com 750-8337

## **Registration Information**



#### FINANCIAL ASSISTANCE APPLICATIONS

APPLICATIONS ARE AVAILABLE FOR SOME RECREATION PROGRAMS.

Please contact Penfield Recreation Department at (585) 340-8655 or recreation@penfield.org to receive more information

#### **HOW TO REGISTER FOR PROGRAMS**

- \* WEB webtrac.penfield.org create an account on WebTrac to register online.

  Recommended way to register for immediate registration with confirmation and receipt.

  -Online registration opens at 12:00AM on the first day of registration.
- \* MAIL-IN/DROP-OFF Recreation office at 1985 Baird Rd., Penfield, NY 14526
  First day of registration: Recreation staff will process paper registrations in arbitrary order; an enrollment spot is not guaranteed.

### **ACCEPTED FORMS OF PAYMENT**

**CHECK** - Make payable to "Penfield Recreation" (unless otherwise noted). Returned check fee is \$20.

VISA, MASTERCARD, DISCOVER, AMERICAN EXPRESS

CASH - Do not mail cash!

### FEE/REFUND/TRANSFER POLICY (please read carefully)

**Fees:** Fees are due at time of registration. No exceptions.

**Refunds:** Refunds are available as noted below, unless otherwise stated in the program description. All refund requests must be submitted to the Penfield Recreation Office.

- 1) If a class is cancelled, total amount will be refunded.
- 2) You may withdraw up to one week prior to the start of a class; a refund will be granted less \$10.00 processing fee per person/per course. (NOTE: certain courses may also be non-refundable or involve a portion of non-refundable monies.)
  - As a courtesy, please notify the Recreation Department if you are dropping out of a class so that we may activate from a waiting list. Thank you!
- 3) Within one week of the program start date, or after a program has begun, **only** medical refunds will be granted. A doctor's written statement must accompany your request. The refund amount is subject to a \$10.00 processing fee and will be pro-rated based upon the date of your notification to the Recreation Office, not the date of your injury/illness.
- 4) If refund is more than 180 days from initial registration date and it was paid by credit card, refund will be issued by check only.
- 5) In some instances, a household credit will be issued in lieu of a check refund or credit card refund. Household credits must be used within the calendar year. For household credit and refund process contact Recreation Department.
- 5) Absolutely no refunds after a program has ended.

**<u>Transfers:</u>** You may transfer up to one week prior to the start of class. No transfers once a class has begun.

## These policies apply to ALL Recreation programs.

#### **PLEASE NOTE:**

The Town of Penfield does not carry medical insurance for program participants.

The Town of Penfield reserves the right to limit, cancel or change program elements.

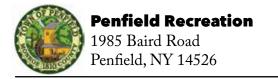
The Town of Penfield reserves the right to confirm age and/or residence of registrants.

\*Please be advised that the programs, facilities & fees set forth in this publication are subject to change based on facility availability & budget considerations.

**Community Center** Meeting rooms are available to Penfield community non-profit groups and organizations on a permit, space available basis. Hours: Mon - Fri 8:30AM - 9:00PM; Sat & Sun 8:00AM - 3:00PM. Warning: Vehicle parking violations at the NYS Police facilities near the Justice Courts at the Community Center will be ticketed and towed. Do not leave personal belongings unattended. Town of Penfield is not responsible for lost or stolen items.

**Seasonal Jobs** Applications continuously accepted for the following positions: School Year Lifeguard/WSI, Program Specialist, and volunteers. Applications are available at the Recreation Department Office, 1985 Baird Road, Penfield, NY 14526.

**Special Needs** Our facilities, programs and services continually strive to meet ADA guidelines; if you have any special needs, please let us know.



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# This booklet is published by the Penfield Town Board.

Supervisor: Jeff Leenhouts Board Members: Kevin Berry, Candace Lee, Bob Ockenden, Linda Teglash

