

Non-Compliance by Clients With Behavioral Health Challenges – Whose Problem Is It Anyway?

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Objectives

- Understanding of principles of *Recovery* and person centered care as it relates to perceptions regarding non-compliance
- Understanding of principles of motivational interviewing
- Gain additional skills and approach to case management

Mental health is “a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community”

Well-being implies the condition of the individual or group is positive

WHO definition

Mental disorders comprise a broad range of problems, with different symptoms. However, they are generally characterized by some combination of abnormal thoughts, emotions, behavior and relationships with others.

WHO definition

ICD-10: Z91.19

Patient's noncompliance with other medical treatment and regimen

Synonyms:

- Asthma treatment compliance unsatisfactory
- Compliance with footwear - finding
- Did not attend hypertension clinic
- Did not wait for treatment
- Difficulty complying with treatment
- Difficulty managing exercise regime
- Finding related to ability to comply with treatment
- Finding related to ability to comply with treatment
- Finding related to compliance with treatment
- Finding related to participation with treatment

Why ?

We have been wrong in what we see as our job in medicine. We think our job is to ensure health and survival. But really it is larger than that. It is to enable well-being. And well-being is about the reasons one wishes to be alive.

Atul Gawande, *Being Mortal*

Recovery is

.....a deeply personal, unique, and self determined journey through which an individual strives to reach his/her full potential. Persons in recovery improve their health and wellness by taking responsibility in pursuing a fulfilling and contributing life while embracing the difficulties one has faced.

Recovery is not a gift from any system. Recovery is nurtured by relationships and environments that provide hope, empowerment, choices and opportunities.

Recovery belongs to the person. It is a right, and it is the responsibility of us all

Recovery guiding principles....

Emerges from hope

Is person-driven

Strengths based

Age Independent

Recognizes the wisdom of “lived experiences”

Occurs via many pathways

Is holistic

Is supported by peers, allies, advocates and families

Is nurtured through relationships and social networks

Is culturally based and influenced

Is anchored in wellness- addressing a person’s emotional health, environmental well being, financial satisfaction, intellectual creativity, occupational pursuits, physical activities, social engagement and spiritual health

Addresses trauma

Supports self- responsibility

Empowers communities

Is based on respect

Ga Dept of Behavioral Health and Development Disabilities website

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Nothing About Me Without Me

What is working for you?

What is my client's healthcare goals?

What are my client's personal goals?

“Sometimes we offer a cure, sometimes only a salve, and sometimes not even that. But whatever we can offer, our interventions, and the risks and sacrifices they entail, are only justified if they serve the larger aims of a (THE) person’s life.”

Atul Gawande, *Being Mortal*





Circling back

- Building trust because the persons feels heard and understood
- Recovery approach first..... What is working for you?
- Non-compliance? According to whom?
- Promotion of Well-being