

THORNWALD PARK ORIENTEERING COURSE

What is Orienteering?

Orienteering was created at a Swedish military academy in 1886. Originally it was designed as a training exercise to cross unknown lands with the use of a map and compass. It quickly became a popular sport for soldiers and civilians.

The goal of orienteering is to use a map and compass to find a series of hidden control points. The control points used in this course are wooden posts that are marked with an orange and white orienteering symbol. Each post is also marked with a unique letter and number code.

Orienteering is a fun sport for people of all ages. It can be done alone or in a group. You can complete the course at your own pace, allowing you to have an enjoyable experience as you explore Thornwald Park.

How to Complete the Course

1. Before you begin, become familiar with the map and the course. This course is one mile long and will lead you through the entire park. The course begins and ends at the same location, which is control #1.
2. Record the time that you start the course. Find the letter and number code that is marked on control #1 and write the code in the appropriate box below.
3. Continue to each control point in numbered order. Record the code as you find each control marker.
4. Once you reach the last control point (control #9), return to the starting point (control #1). Record the time it took you to complete the course.



Control card

1	2	3	4	5	6
7	8	9			

Start time
Finish time
Elapsed time