



## *Parents Guide to Middle School*

*Middle School is considered the beginning of your child's secondary education. With this higher level comes an increased level of expectations, homework and academic difficulty. In addition, your child is changing socially/emotionally, physically as well as hormonally.*

*These statements are like "preaching to the choir" because you - in the trenches - are living it! You are helping your child navigate these changes and you are their first and hopefully their best support.*

*Just because they are at a new and advanced level does not mean that they no longer need you to help them grow academically, socially or emotionally. Each child is different and some may need parental support all through middle school and well into high school. We often hear from parents "He is in 8<sup>th</sup> grade now, he should be able to be independent". If your child is not showing signs of becoming independent, it is a good indication that they are not ready yet and still need support from their moms and dads.*

*This guide is intended to give parents information in a variety of areas so that the partnership between home and school can be enhanced. Please read it carefully and call your counselor or make an appointment if you would like to discuss any aspect of its contents.*

*Good Luck and Congratulations on being a concerned, involved parent!!*