

## Learning Style

Everyone has their own learning style. YOUR preferred learning style is the way in which YOU learn best. Three learning styles that are often identified in students are the Auditory Learning Style, the Visual Learning Style, and the Tactile/Kinesthetic Learning style.



The Auditory Learner learns best when information is presented orally – through lectures and discussion.



The Visual Learner learns best when information is presented in a written language format such as pictures, diagrams and handouts.



The Tactile/Kinesthetic Learner learns best in hands-on settings in which they can physically manipulate something in order to learn.

Another important aspect of learning style is the environment in which you learn. Do you learn best in a quiet room? With music? With a snack? In a comfortable chair or on the couch? This concept may be difficult for some of us who were taught that in order to study you should be sitting at a desk or table in a room that is quiet and well-lit. Studies have shown that some of us learn best listening to our favorite music, lying on the couch with the temperature nice and toasty.

The students at Lakeland Copper Beech Middle School are taught about learning styles here in school. Ask your child about what they need to learn best and then let them try it. If in fact, they do not learn best in the way they think they do, you can always modify until you find the most success.