

AVAILABLE DAILY:

- Assorted Deli Sandwiches
- Assorted Salad Plates
- Assorted Hand Stretched Pizza
- Yogurt Parfaits
- Fresh & Canned Fruit
- Carrot Sticks
- Assorted Breads
- Assorted Milk & Juice Choices



Welcome Back to School



SECONDARY MENU



LUNCH PRICE:

- Full Price Paid: \$2.50
- Free \$.00
- Reduced \$.00

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3*	4	5
Hamburger/Cheeseburger on a bun French Fried Potatoes Baked Beans Steamed Broccoli OR: Twin Frankfurters on a bun	Chicken Parmesan on a roll Steamed Carrot Coins Sautéed Spinach OR: Macaroni & Cheese	Beef Tacos(refried beans available) Choice of taco or tortilla shells Seasoned Rice Black Bean Salad Steamed Corn, lettuce, salsa, etc. OR: Nacho Platter	“Chicken & Cheese Sticks” – Breaded Chicken Tenders & Breaded Cheese Sticks Potato Puffs Green Beans	Penne Pasta in a tomato cream sauce w/meatballs (optional) Sweet Peas Tossed Garden Salad OR: Meatball Parmesan Wedge
8	9	10*	11	12
COLUMBUS DAY SCHOOLS CLOSED	Hamburger/Cheeseburger on a bun French Fried Potatoes Baked Beans Steamed Broccoli OR: Twin Frankfurters on a bun	Oven Roasted Turkey w/gravy (optional) Bread & Butter Mashed Potatoes Steamed Corn OR: Breaded Chicken (Kentucky Fried Style)	“Chicken & Cheese Sticks” – Breaded Chicken Tenders & Breaded Cheese Sticks Rainbow French Fries Green Beans	Philly Steak & Cheese Wedge Sautéed Peppers & Onions Tossed Garden Salad OR: BBQ Boneless Rib Patty Wedge
15	16	17*	18	19
Asian Day Choice of: General Tso, Teriyaki, or Tangerine Chicken Vegetable Fried Rice Oriental Vegetables Steamed Broccoli OR: Chicken Chunks	Chicken Parmesan on a roll Steamed Carrot Coins Sautéed Spinach OR: Macaroni & Cheese	Beef Tacos(refried beans available) Choice of taco or tortilla shells Seasoned Rice Black Bean Salad Steamed Corn, lettuce, salsa, etc. OR: Cheese Quesadilla	“Chicken & Cheese Sticks” – Breaded Chicken Tenders & Breaded Cheese Sticks Potato Puffs Green Beans	Penne Pasta in a tomato cream sauce w/meatballs (optional) Sweet Peas Tossed Garden Salad OR: Meatball Parmesan Wedge
22	23	24*	25	26
Macaroni & Cheese Steamed Carrot Coins Sautéed Spinach OR: BBQ Boneless Rib Patty Wedge	Hamburger/Cheeseburger on a bun French Fried Potatoes Baked Beans Steamed Broccoli OR: Twin Frankfurters on a bun	Oven Roasted Turkey w/gravy (optional) Bread & Butter Mashed Potatoes Steamed Corn OR: Breaded Chicken (Kentucky Fried Style)	“Chicken & Cheese Sticks” – Breaded Chicken Tenders & Breaded Cheese Sticks French Fried Potatoes Green Beans	Philly Steak & Cheese Wedge Sautéed Peppers & Onions Tossed Garden Salad OR: BBQ Boneless Rib Patty Wedge
29	30	31	<p>Food Allergies: If you have a food allergy, please speak to the manager, cook, cashier, or server about it</p> <p>The Lakeland Central School District is an equal opportunity employer</p> <p>*STAR DAY: Find a star on your tray and win a free snack of your choice!</p>	
Asian Day Choice of: General Tso, Teriyaki, or Tangerine Chicken Vegetable Fried Rice Oriental Vegetables Steamed Broccoli OR: Chicken Chunks	Chicken Parmesan on a roll Steamed Carrot Coins Sautéed Spinach OR: Macaroni & Cheese	<p><i>Chilling Cheeseburgers</i> <i>Frightening French Fries</i> <i>Bewitching Baked Beans</i> <i>Free Snack for all you ghostly creatures!</i> OR: Frankenstein Franks – two if you dare!</p>		