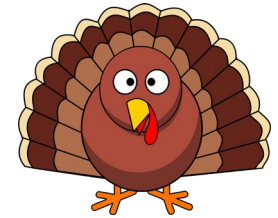





Lakeland Central School District

NOVEMBER 2018
ELEMENTARY SCHOOL MENU



Food Allergies: If you have a food allergy, please speak to the kitchen manager, cook, cashier, or server about it

Monday	Tuesday	Wednesday	Thursday	Friday
AVAILABLE DAILY: Assorted Deli Sandwiches (ham, turkey, pepperoni, tuna, cheese, etc.) Assorted Salad Plates Cereal/Bagel Lunch Fresh & Canned Fruit Selections Carrot Sticks Assorted Milk, Juice, & Bread Selections		The Lakeland CSD is an equal opportunity employer	1*	2
			Penne Pasta in a marinara sauce (pasta is also available without sauce) Meatballs (beef) Sweet Peas Assorted Chilled Fruits OR: Meatball Wedge	Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Tossed Garden Salad Assorted Chilled Fruits
5	6	7	8*	9
Breaded Chicken Tenders w/assorted dipping sauces Tender Golden Corn Sweet Peas Assorted Chilled Fruits	ELECTION DAY SUPERINTENDENT'S CONFERENCE DAY SCHOOL CLOSED FOR STUDENTS	BRUNCH FOR LUNCH French Toast Sticks Breakfast Sausage Links (turkey) Tater Tots Glazed Carrots Assorted Chilled Fruits	Tacos (seasoned beef) w/choice of taco or tortilla shells Shredded lettuce, cheese, salsa, etc. Black Beans Steamed Broccoli Assorted Chilled Fruits OR: Corn Dogs (turkey)	Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Tossed Garden Salad Assorted Chilled Fruits
12	13	14*	15	16
VETERANS DAY SCHOOLS CLOSED	Hamburger/Cheeseburger on a bun French Fried Potatoes Baked Beans Pickle Chips Assorted Chilled Fruits OR: Frankfurter on a bun	Chicken Noodle Soup Grilled Cheese Sandwich Green Beans Assorted Chilled Fruits	Penne Pasta in a marinara sauce (pasta is also available without sauce) Meatballs (beef) Sweet Peas Assorted Chilled Fruits OR: Meatball Wedge	Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Tossed Garden Salad Assorted Chilled Fruits
19	20	21	22	23
Breaded Mozzarella Sticks w/dipping sauce Potato Puffs Steamed Broccoli Assorted Chilled Fruits OR: Boneless BBQ Rib Patty Wedge	Macaroni & Cheese Steamed Carrots Green Beans	 THANKSGIVING RECESS – SCHOOLS CLOSED		
26	27	28	29*	30
Breaded Chicken Tenders w/assorted dipping sauces Tender Golden Corn Green Beans Assorted Chilled Fruits	Hamburger/Cheeseburger on a bun French Fried Potatoes Baked Beans Pickle Chips Assorted Chilled Fruits OR: Frankfurter on a bun	BRUNCH FOR LUNCH French Toast Sticks Breakfast Sausage Links (turkey) Tater Tots Glazed Carrots Assorted Chilled Fruits	Tacos (seasoned beef) w/choice of taco or tortilla shells Shredded lettuce, cheese, salsa, etc. Black Beans Steamed Broccoli Assorted Chilled Fruits OR: Corn Dogs (turkey)	Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Tossed Garden Salad Assorted Chilled Fruits
12/3	12/4	12/5*	12/6	12/7
Breaded Mozzarella Sticks w/dipping sauce Potato Puffs Steamed Broccoli Assorted Chilled Fruits OR: Boneless BBQ Rib Patty Wedge	Macaroni & Cheese Steamed Carrots Cucumber Slices	Chicken Noodle Soup Grilled Cheese Sandwich Green Beans Assorted Chilled Fruits	Penne Pasta in a marinara sauce (pasta is also available without sauce) Meatballs (beef) Sweet Peas Assorted Chilled Fruits OR: Meatball Wedge	Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Tossed Garden Salad Assorted Chilled Fruits