

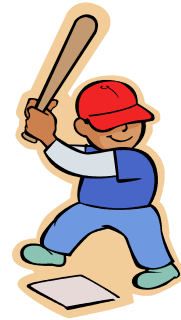
MEAL PRICES:
 Full \$2.50
 Reduced .00
 Milk .75

**DEPOSIT MONEY
 IN ANY AMOUNT
 TO YOUR STUDENT
 DEBIT ACCOUNT**



Lakeland Central School District

HIGH SCHOOL MAY MENU



**Jo-Anne
 Ricapito
 Food Service
 Manager
 245-1700
 Ext. 254**

Monday	Tuesday	Wednesday	Thursday	Friday
AVAILABLE DAILY: Assorted Deli Sandwiches Assorted Salad Plates Assorted Fresh Made Pizza Assorted Breads, Fruits, Juices Carrot Sticks	1 Hamburger or Cheeseburger on a bun French Fried Potatoes Baked Beans Sautéed Spinach OR: Chicken Fillet on a bun	2 Baked Macaroni & Cheese Steamed Carrots Steamed Broccoli OR: BBQ Rib Patty Wedge	3 Chicken & Cheese Sticks French Fried Potatoes Green Beans OR: Quesadilla (cheese or chicken & cheese)	4 Pasta in a pink sauce w/meatballs (optional) Tossed Garden Salad Garden Sweet Peas OR: Chicken Supreme Sandwich
7	8	9	10	11
Asian Day Choice of: General Tso, Teriyaki, or Tangerine Chicken Vegetable Fried Rice Oriental Vegetables Steamed Broccoli	Beef Taco (refried beans available) Choice of taco or tortilla shells Seasoned Rice Shredded lettuce, cheese, Pico de Gallo, Fiesta Corn, Black Beans OR: Chicken Fajita OR: Nacho Platter	Oven Roasted Turkey w/gravy (optional) Mashed Potatoes Steamed Sweet Corn Sautéed Fresh Vegetables OR: Breaded Kentucky Fried Style Chicken	Chicken & Cheese Sticks French Fried Potatoes Green Beans OR: Quesadilla (cheese or chicken & cheese)	Chicken Parmesan Sandwich Tossed Garden Salad Garden Peas OR: Grilled Cheese w/bacon & tomato on sour dough bread
14	15	16	17	18
Baked Ziti Pasta in a marinara sauce Garlic Bread Green Beans Tossed Garden Salad OR: Pasta w/sausage & broccoli rabe	Hamburger or Cheeseburger on a bun French Fried Potatoes Baked Beans Sautéed Spinach OR: Chicken Fillet on a bun	Baked Macaroni & Cheese Steamed Carrots Steamed Broccoli OR: BBQ Rib Patty Wedge	Chicken & Cheese Sticks French Fried Potatoes Green Beans OR: Quesadilla (cheese or chicken & cheese)	Pasta in a pink sauce w/meatballs (optional) Tossed Garden Salad Garden Sweet Peas OR: Chicken Supreme Sandwich
21	22	23	24	25
Asian Day Choice of: General Tso, Teriyaki, or Tangerine Chicken Vegetable Fried Rice Oriental Vegetables Steamed Broccoli	Beef Taco (refried beans available) Choice of taco or tortilla shells Seasoned Rice Shredded lettuce, cheese, Pico de Gallo, Fiesta Corn, Black Beans OR: Chicken Fajita OR: Nacho Platter	Oven Roasted Turkey w/gravy (optional) Mashed Potatoes Steamed Sweet Corn Sautéed Fresh Vegetables OR: Breaded Kentucky Fried Style Chicken	Chicken & Cheese Sticks French Fried Potatoes Green Beans OR: Quesadilla (cheese or chicken & cheese)	Chicken Parmesan Sandwich Tossed Garden Salad Garden Peas OR: Grilled Cheese w/bacon & tomato on sour dough bread
28	29	30	31	Food Allergies:
Memorial Day Weekend Schools Closed	Hamburger or Cheeseburger on a bun French Fried Potatoes Baked Beans Sautéed Spinach OR: Chicken Fillet on a bun	Baked Macaroni & Cheese Steamed Carrots Steamed Broccoli OR: BBQ Rib Patty Wedge	Chicken & Cheese Sticks French Fried Potatoes Green Beans OR: Quesadilla (cheese or chicken & cheese)	If you have a food allergy, please speak to the kitchen manager, cook, cashier, or server about it. The Lakeland CSD is an equal opportunity provider.