

Lakeland Central School District

AVAILABLE DAILY:

Assorted Deli Sandwiches
 Assorted Salad Plates
 Assorted Cereals
 Assorted Breads
 Yogurt Parfaits
 Whole Wheat Bagels
 Fresh & Canned Fruit
 Assorted Milk & Juice Choices



Elementary School Menu September 2017



LUNCH PRICE:

Full Price Paid \$2.30
 Free \$.00
 Reduced \$.00

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Welcome Back! | | | The Lakeland Central School District is an equal opportunity employer | Food Allergies: If you have a food allergy, please speak to the manager, cook, cashier, or server about it |
| <p>Earn while your children learn. Lakeland's Food Service Department is seeking people to work in various kitchens throughout the district. We offer a convenient work schedule and a competitive salary. Email Jo-Anne Ricapito at jricapito@lakelandschools.org to set up an interview.</p> | | | | |
| 4 | 5 | 6 | 7 | 8 |
| Labor Day Schools Closed | Breaded Chicken Bites w/assorted Dipping sauces Seasoned Rice Broccoli Spears Smile Face Potatoes Assorted Chilled Fruits | Hamburger/Cheeseburger on a bun French Fried Potatoes Baked Beans Pickle Chips OR: Veggie Burger on a bun Assorted Chilled Fruits | Penne Pasta in a marinara sauce (pasta is also available without sauce) Breaded Mozzarella Sticks Green Beans Steamed Carrots Assorted Chilled Fruits | Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Tossed Garden Salad Raisin Snack Box Assorted Chilled Fruits |
| 11 | 12 | 13 | 14 | 15 |
| Frankfurter on a bun w/sauerkraut & relish (optional) French Fried Potatoes Baked Beans Assorted Chilled Fruits OR: BBQ Rib Patty Wedge | BRUNCH FOR LUNCH French Toast Sticks Egg Patty Potato Puffs Steamed Carrot Coins Assorted Chilled Fruits | Cheese Quesadilla w/salsa and sour cream (optional) Seasoned Rice Chilled Black Bean Salad Tender Golden Corn Assorted Chilled Fruits OR: Chicken & Cheese Quesadilla | Macaroni & Cheese Dinner Roll Glazed Carrots Green Beans Assorted Chilled Fruits | Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Tossed Garden Salad Raisin Snack Box Assorted Chilled Fruits |
| 18 | 19 | 20 | Rosh Hashanah Schools Closed | |
| Breaded Chicken Bites w/assorted Dipping sauces Seasoned Rice Broccoli Spears Smile Face Potatoes Assorted Chilled Fruits | Chicken Noodle Soup Grilled Cheese Sandwich Glazed Carrots Assorted Chilled Fruits | Hamburger/Cheeseburger on a bun French Fried Potatoes Baked Beans Pickle Chips OR: Veggie Burger on a bun Assorted Chilled Fruits | | |
| 25 | 26 | 27 | 28 | 29 |
| Frankfurter on a bun w/sauerkraut & relish (optional) French Fried Potatoes Baked Beans Assorted Chilled Fruits OR: BBQ Rib Patty Wedge | BRUNCH FOR LUNCH Mini Pancakes Egg Patty Potato Puffs Steamed Carrot Coins Assorted Chilled Fruits | Breaded Chicken Tenders Seasoned Rice Broccoli Spears Steamed Corn Assorted Chilled Fruits | Penne Pasta in a marinara sauce (pasta is also available without sauce) Breaded Mozzarella Sticks Green Beans Steamed Carrots Assorted Chilled Fruits | Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Tossed Garden Salad Raisin Snack Box Assorted Chilled Fruits |